Council Meeting Dates
Wednesday, December 8, 2021 at 5:10 pm
Wednesday, December 29, 2021 at 5:10 pm

Food Distribution
Thursday, December 16, 2021
10 am to 12 pm (noon)
Time and date are subject to change. One box per household. Please remain in your vehicle and wear a mask.

Office Closure
All Tribal Offices will be closed Friday, December 24, 2021 in observance of Christmas Eve. As well as Friday, December 31, 2021 in observance of New Years Eve.

Contact Us:
2 Tunyo Po, Santa Fe, NM 87506
Phone: (505) 455-2273
Fax: (505) 455-7351
PUEBLO DE SAN ILDEFONSO GENERAL ELECTION

DATE: WEDNESDAY, DECEMBER 1, 2021
TIME: 7:00 a.m. to 7:00 p.m.

POLLING PLACE: LIBRARY/LEARNING CENTER

VOTER REGISTRATION IS NOT REQUIRED. Any enrolled member of the Pueblo age eighteen (18) or older by December 1, 2021, is eligible to vote in-person at the polling place during voting hours. Absentee voting will NOT be permitted in this year’s Election.

While the polls are open from 7:00 a.m. to 7:00 p.m., no persons except members of the Election Commission shall be allowed to remain within fifty (50) feet of the polling place. Campaigning is not allowed within fifty (50) feet of the polling place.

Voting Safety

While we encourage everyone to exercise your right to vote, it is everyone’s responsibility to take the Pueblo’s public health orders and safety precautions seriously in order to protect yourself and others in your family and community from contracting the COVID-19 virus.

Updated 11.22.2021 EC Notice for General Election
Masks and gloves must be worn while participating in the voting process. We also request that you bring your own pen. Only one person at a time will be allowed to complete the voting process. Be patient as the line may get long. If you are in line at 7pm, you will be allowed to vote.

**Ballot Instructions**

Eligible Voters will be allowed the following number of votes for the General Election:

- Up to 5 Votes for Council Representatives
- Up to 1 Vote for Election Commissioners
- Up to 1 Vote for Supreme Court Justice

- If you mark **more** than the allowed number of votes for a position then that section of the ballot will be considered spoiled and your vote will not be counted. If you mark **less** than the number of Pueblo de San Ildefonso Election Commissioners or Council Representatives of votes you are allowed for a position, only those votes that was marked will be counted, and that section will be valid.

**NO WRITE-IN CANDIDATES WILL BE ALLOWED.** If you write-in a candidate for a position then that section of the ballot will be considered spoiled and your vote will not be counted.

**Background Check Reports**

As required by the Governing Agreement, a criminal background check has been conducted on all candidates for elective office. Background Check Reports are currently available for review by any member of the Pueblo by request. Please contact Chair, Melanie Gonzales at melgonzales1675@gmail.com or (505) 365-3393.
OFFICIAL BALLOT
GENERAL ELECTION
PUEBLO DE SAN ILDEFONSO
December 1, 2021

INSTRUCTIONS: To vote, completely fill in the oval to the LEFT of your choice, like this: ●

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SAMPLE
**Enrollment**

The Enrollment Committee has been meeting to discuss and revise the 1999 Enrollment Policies and Procedures. This will be a very tedious process and there is much work to be done. The Enrollment Committee would like to involve the community in discussions in the near future.

**NPHA Dissolution**

As many of you may know, the Pueblo is transitioning out of Northern Pueblos Housing Authority and is in the process of developing a Tribally Designated Housing Entity (TDHE) for the Pueblo. There are several pieces of legislation pertaining to the dissolution of NPHA and the development of the Pueblo’s TDHE that Tribal Council has passed, and some that are going to be placed for action at upcoming Council Meetings. There were notices placed in last months bulletin seeking community input for name suggestions for the Pueblo’s developing Housing Authority as well as a notice seeking interested individuals to serve as Board Members. If you would like to know more about this process, you are encouraged to participate in Council Meetings via Zoom for updates and be sure to look out for notices regarding community involvement and further developments.

**Social Media**

Just a friendly reminder that the Tribal Council has a Facebook page in which notices, surrounding area job postings, COVID-19 Resources/information and etc. are posted.

You can view the page at [https://www.facebook.com/sanitribalcouncil/](https://www.facebook.com/sanitribalcouncil/) or search @sanitribalcouncil

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**Council Meeting Dates**

- Wednesday, Dec. 8, 2021, 5:10pm
- Wednesday, Dec. 29, 2021, 5:10 pm

**Council Working Session Dates**

- Thursday, Dec. 2, 2021, 5:10 pm
- Tuesday, Dec. 14, 2021, 5:10 pm

**Enrollment Committee Meeting**

- Thursday, Dec. 2, 2021, 4:00 pm

With the COVID-19 delta variant rising, we remind all to be cautious, wash hands, use sanitizer and avoid unnecessary outings and travel. We must all work together to slow the spread!

Lt. Governor Raymond Martinez  
(505) 455-4127  
rjmartinez.tc@outlook.com

Council Secretary Terrence Garcia  
(505) 455-4113  
sec.tc@outlook.com

Legislative Manager Brandi Martinez  
(505) 455-4150  
brmartinez.tc@outlook.com
EMPLOYMENT OPPORTUNITIES
Updated November 22, 2021

Accounting Clerk (Full Time)

Administrative Assistant (Part Time)

Afterschool Program Aide
(Part Time Temporary, though funding term 5/19/2022)

Controller (Full Time)

Curriculum Development Coordinator (Part Time)

Data Entry Clerk (Part Time)
Tribal Courts

Healthy Kids Health Community Coordinator (Full Time)

Information Technology and Network Management Specialist (Full Time)

Parks and Wildlife Assistant Tribal Ranger (FT)

Tewa Language Instructors (2-3 Contractual)

Tewa Language Outreach Coordinator
(Part Time, Contractual, through funding term 8/31/2022)

Tribal Services Director (Full Time)

All Positions Open Until Filled

APPLICATION: A job description and employment application are available in the Human Resources office or via email. Preference is to please call ahead to schedule an appointment for in person assistance. Please feel free to call 455-4155 with any questions.
Pueblo de San Ildefonso
Department of Natural Resources
November 22, 2021

MEMO TO COMMUNITY MEMBERS

RE: THE OPEN BURNING OF DEBRIS AND WEEDS

The Pueblo has an MOU in place with BIA, Los Alamos County, and Santa Fe County, Fire Departments in communicating any prescribed burn that is conducted within Pueblo de San Ildefonso Land. Currently, the Pueblo Burn Ban is uplifted and we encourage community members to maintain their properties and reduce hazardous fuels. If you plan to burn, fuels must be non-toxic and of natural material only. The following precautionary measures need to be in place: a buffer zone free of ignitable fuels at least 6 feet or greater placed around a manageable 4ft. x 4ft. pile, once ignited additional material could be fed or multiple small piles could be constructed. Adequate personal with water hoses, buckets, and shovels should be readily available. No burn should be left unattended until fully extinguished, stirred, wet down until cool enough to the touch by open bare hand.

We please ask that you contact the Natural Resources Director and or Tribal Rangers before igniting so that they may consider the weather conditions, location, and relay information as to the location, date, and time, to Santa Fe Dispatch so that Fire Dispatch knows reported smoke is a controlled burn. Any Tribal Member who ignites any fire will be held responsible for it.

For further information you may contact: Tribal Rangers: Jose Agular at (505) 219-7552 or Ian Fender (505) 364-2672 and or Natural Resources Director Lawrence Atencio (505)-455-4138. To report a fire directly, Santa Fe Dispatch: (505)-438-5600. Please be safe, fire wise, and prepared.
Senior Meeting Agenda

Wednesday, December 15, 2021 at 2:00 pm

Via Zoom

Call Meeting to Order
Invocation by Invite
Minutes of last meeting –Nov 19, 2021
Presentation(s)
Discussion of possible January Activities
Concerns by Seniors
Benediction by invite

If you want something else on the agenda, please send an email to: tsd@sanipueblo.org or contact Stuart at 455-4105

The SMALL conference room at the Governor’s office will be available for the seniors who don’t have zoom who want to be in the zoom meeting and do not have such ability at their home. You can also participate at the Learning Center

Zoom Link for Senior Meeting December 15 at 2pm:
https://us02web.zoom.us/j/86320963208?pwd=azJicWJka1Zpbk1iendac2E3VEpYUT09

You can also just start Zoom and enter the Meeting ID and Passcode below.
Meeting ID: 863 2096 3208
Passcode: 203638

You can also dial in to the following phone numbers to hear the meeting:
+1 213 338 8477 US (Los Angeles)
+1 253 215 8782 US (Tacoma)
**Christmas Dinner**
Dinner will be served as a drive thru at the Senior Center on December 15, 2021. The menu will be Ham, Brussel Sprouts, Sweet Taters, Salad. Roll, and cheesecake.

**New Van**
The new Senior Van has now arrived and is located at the Senior Center. Make sure to check it out and see the new Senior Logo.

**Medicare**
December 7, 2021 is the last day to change Medicare Plans unless you are on Medicaid.

**Tax Exemption**
NM Tribal State Tax Exemption form for removal of sales tax charges on utility bills is available at the Admin Office and online at:

**Thanks!**
A Big thank you from the Seniors to the Facilities staff and others for the firewood delivery. It is very much appreciated.

**Dinner and Lights**
An Early Dinner has been planned for December 8th at 4pm at the Tesuque Market with a evening stroll to look at the Christmas lights in the Santa Fe Plaza. This trip is already booked up but make sure to join the Senior Meetings to say up to date on any future outings.

**Chromebooks**
There are Chromebooks for loan that are available at the Library. You must provide a $30 deposit. Also, Reminder that Seniors are eligible to get free internet (including installation) if you contact the Accounting Office.

**Survey**
A survey was sent out about environmental issues such as the use of natural resources like clay, plants, animals, etc. We encourage you to please fill it out and all information is confidential. You can get a survey from Raymond Martinez in DECP.
ATTENTION ALL HUNTERS!!

Hunter’s, please **BE AWARE** of your surroundings!!!

DECP would like to remind folks that we will be in the area and with hunting season going on just to be aware.

The Department of Environmental and Cultural Preservation (DECP) staff together with DOE and NMED staff will be monitoring wells located in the Sacred Area and Sandia and LA Canyons. We will be collecting samples in other areas around the Pueblo as well.

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**Environmental Technician Training Program**
*By Thomas Martinez*

I recently attended the Environmental Technician Training Program sponsored by the Environmental Protection Agency and partners with Eight Northern Indian Pueblo Council.

The program is available for everybody that is unemployed or starting out in the Environmental field. The program is a five weeks course training in Forklift Operator, CPR/First Aid, General Hazardous Waste Site Worker (HAZWOPER), OSHA Construction Standards, Confined Space Entry/Non-Entry Rescue, Solid Waste Management, Hazardous Waste Management (RCRA), Phase I/Phase II Environmental Assessments, Environmental Sampling, DOT HazMat and Resume Preparation.

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The mission of DECP is to preserve and protect the natural environment and the cultural resources of the Pueblo de San Ildefonso, to assess risks to human health and welfare, both quantitatively and qualitatively, and protect the health and welfare of the Tribal community.

**INSIDE THIS ISSUE:**
- Environmental Technician Training Continued
- Get Outdoors!
- Electrical Power Capacity Upgrade

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HAPPY HOLIDAYS & JOYFUL NEW YEAR!
Environmental Technician Training Program Continued

The class schedule is Monday through Friday from 8 to 5. In order to complete the program, you must be able to attend each day. The instructor Ms. Janet M. Kerley has over 25 years of experience in Emergency Planning and Response, Environmental Remediation, Facility Decommissioning, and Compliance with EPA/OSHA/DOT Requirements for Hazardous Material. Her experiences help better understand the material and expectations of an Environmental Technician. In today’s world Environmental Technician are sought after. Since climate and environmental changes are happening in today’s World.

The classes consist of bookwork and hands-on material. The bookwork is learning how to read and use code books from EPA/OSHA/DOT such as the Emergency Response Guidebook, the 1926 OSHA Manual and being able to read and understand Material Data Safety Sheet. The hands-on material was a way to learn how to use of Personal Protective Equipment such as Self-Contained Breathing Apparatus, Air Monitors, and the proper way of taking samples. Also, how to properly fill out the paper work that is required in the field.

If you are interested in being Environmental Technician, I recommend taking this training or even to have a knowledge of the field to help understand and to be involved in our environment.

The next training session will begin March 28 to April 29, 2022 at the Northern New Mexico College Campus in Espanola, New Mexico. Registration for this session will begin January 3, 2022 through Santa Fe Community College.

Get outdoors and see what’s out in your surrounding’s!

By Darryl Martinez

We may never think that there are so many wonderful things that have been left from the past for us to learn from, along the Rio Grande our Ancestors have lived here for years and used the land and made this place we now call home.
I think it’s time to take yourself or family out to see all the wonderful things and cherish these places and picture in your mind what it would be like to live 100 years ago. We all know that times have changed and climate change has become very real this past year with not enough farming and not much water from the Rio Pojoaque and the Rio Grande, we must take care of our land and environment we live in.

So, like I said get outdoors and find time to see what changes you can make to our land by maybe planting trees, picking up trash along the river or come by our Environmental office and give us your ideas on how we can further protect our lands.
ahyeh bin na’ Tah

Its winter season, which means Hunting Season!!

Here is an activity that you young hunters can take with you.

- Coyote
- Rabbit
- Deer
- Fox
- Crane
- Mouse
- Bobcat
- Squirrel
- Elk
- Quail
- Flicker

A’ay’ ah a’mi!

You can help by:
- Keeping All Recreational Areas Clean
- Putting ALL TRASH in the proper receptacles
- Plant a trees & flowers
- DO NOT throw trash out any windows
- SPREAD THE WORD, help others to do the same
Transfer Station News

DECEMBER HOURS

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TRANSFER STATION HOURS:
THUR–MON 8:00am —5:00pm
Senior Trash Pick-Up: Every THURSDAY & FRIDAY

May your holidays
be happy days,
filled with love and laughter.
And may each day
bring joy your way
in the year
MERRY CHRISTMAS

SENIOR TRASH PICK-UP

Christmas and New Years Week:
Trash Pick-up is scheduled for BOTH West and East side residents on:

WEDNESDAY, DECEMBER 23rd and
THURSDAY, DECEMBER 29th

Please have trash ready for pick up by 8:30am.

Transfer Station Contacts:
Roberta Trujillo, Transfer Station Attendant (505) 250-8297
Erin Y. Martinez, Transfer Station Supervisor (505) 455-4121
Dwight Aguilar
and family

Second place
Roberta

A BIG THANK YOU, to everyone who participated in the Recycling contest.

Keep recycling!!

The transfer Station
THANK YOU!

The Department of Health and Human Services’ Diabetes Program, CHR Program, and ICWA Program would like to send out a shout out and big THANK YOU to all of the community members and our community partners who came out and made our Grand Opening and Health Fair a big success.

We’d like to thank:

Walgreen’s, Blue Cross and Blue Shield, Bridge to Health NM, Western Sky Community Care, Pojoaque Police, Eight Northern Indian Pueblo Council, Diné Enciso, Sarah Falion, Renee Zisman, MoGro, and all of our community partners who came out to support us during this amazing event. Stop by the Medical Building if you were not able to make it, to see our new offices. Also thank you Tribal Administration, all tribal staff members, and Governor’s Office for all of the assistance and support that you provided.

Counseling Can Help

Experiencing Holiday Stress?
The COVID-19 pandemic getting to you?
Having a difficult time coping with grief and loss?
Struggling to deal with past traumatic experiences and a history of Adverse Childhood Experiences (ACES)?

Behavioral Health services through Circle of Life Behavioral Health Network is open for mental health, behavioral health, and substance use/misuse related challenges for all community members.

Talking to others is always helpful and talking with a professional therapist can really help – especially during this difficult time.

Call (505) 852-1377 and make an appointment to meet with a therapist to see if counseling can help you or your loved one.

Sometimes it’s possible that you can’t wait. If you or someone you know is having a mental health crisis, call 1-800-273-8255 for the National Suicide Prevention Lifeline.

You can also text HOME to 741-741 for free, 24- hour support from the Crisis Text Line.
WE’RE LOOKING FOR
HEALTH EQUITY ADVISORY COMMITTEE MEMBERS

Requirements to Apply

MUST BE A PUEBLO DE SAN ILDEFONSO TRIBAL MEMBER OR TRIBAL EMPLOYEE

MUST BE INTERESTED IN SERVING THE TRIBAL COMMUNITY SURROUND HEALTH AND HEALTH EQUITY

MUST SUBMIT A LETTER OF INTEREST TO THE HHS HEALTH COUNCIL

These committee assignments ARE NOT paid positions

One Meeting per Month will be Required (Day and Time To be Determined)

Please submit your letters of interest to:

Pueblo de San Ildefonso Health and Human Services
Attention: Community Health Council
02 Tunyo Po
Santa Fe, NM 87506
or by email to dhhs@sanipueblo.org

We will be accepting letters of interest until the positions are filled.
Did you know that all American Indian men and women age 45-75 should have routine colorectal health screenings?

Colorectal cancer has now become the 2nd most common type of cancer among American Indian men and women in New Mexico. By getting regular screening, colorectal cancer can be completely prevented or found early when treatment works best.

The Pueblo of San Ildefonso is currently participating in a project with the Albuquerque Area Southwest Tribal Epidemiology Center and the University of New Mexico Comprehensive Cancer Center to encourage all community members age 45-75 to be screened.

In the weeks ahead, tribal members age 45-75 living on the Pueblo will receive a survey and a colorectal health screening kit in the mail. It is completely voluntary to participate, but we hope you will consider this important step to good health and wellness. Help protect yourself, your family and our community from colorectal cancer by getting your regular screenings done!

If you have any questions about this new project in our community, please contact the CHR Program at 505-455-4114 or 505-455-4115.

Contact the CHR Office for more information!
During the months of October and November, the decline of COVID-19 cases, many of us hoped and expected to have a rather normal holiday season, allowing us to gather as we have in the past. As the holidays approach, however, the average of hospital admissions with confirmed cases of COVID-19 and the average daily case count for New Mexicans with COVID-19, have led us to change the way that we think about gatherings and holiday events. Especially with Santa Fe County experiencing a 27% increase in cases in the past seven days and the Pueblo experiencing a 35% increase in cases within the village, in the past seven days.

The COVID Response Team and the Tribal Administration are encouraging community members to think carefully about who you are gathering with and to avoid gathering indoors with anyone who is not in your immediate household to reduce the risk of community spread of the virus. Please do your part to help keep the holidays as safe as possible to keep the virus under control, by taking the necessary precautions to prevent the spread of the virus.
Booster Shots, Third Doses and Additional Doses for COVID-19 Vaccines

What is a COVID-19 vaccine booster?
A COVID booster shot is an additional dose of a vaccine given after the protection provided by the original shot(s) has begun to decrease over time. Typically, you would get a booster after the immunity from the initial dose(s) naturally starts to wane. The booster is designed to help people maintain their level of immunity for longer.

Who can get a COVID-19 vaccine booster?
The CDC recommends a COVID-19 booster if you are 18 or older and:

- Received the Janssen/Johnson & Johnson vaccine at least two months ago.
- Received both shots of either the Moderna or Pfizer COVID-19 vaccine at least six months ago.
- Individuals who have a medical condition associated with immunosuppression are eligible to receive an additional vaccine dose.

Please visit the CDC website for the latest information on vaccine boosters.

What are COVID booster side effects?
After getting vaccinated for COVID-19, you might experience some temporary symptoms similar to those you might notice when you get a flu shot, such as a sore, swollen arm where you got the shot. You might run a fever and experience body aches, headaches and tiredness for a day or two. Chills, swollen lymph nodes can also occur.

These symptoms do not mean you are sick. They signal that your immune system is responding to the shots and building up protection against the coronavirus.

Where can I get a COVID vaccine booster?
Please check your state or local resources. Retail pharmacies, mobile vaccination clinics (walk-up) and state and local vaccination sites offer booster appointments. Some locations may offer walk-up vaccination times.

What is an additional dose of the coronavirus vaccine?
An additional dose, originally called a third dose, is given to people with moderately or severely compromised immune systems to improve their response to the initial vaccine series. (The term “third dose” was used to refer to additional doses for the two mRNA vaccines, but now the term is “additional dose” because those who received a J&J “one dose” may also be eligible for a dose based on their immune systems.)
What is the difference between a booster and an additional dose?

A COVID-19 booster is given when a person has completed their vaccine series, and protection against the virus has decreased over time. Depending on the original series you had, some details will vary. Please review the booster eligibility information above and talk to your health care provider if you are not sure if you meet these guidelines. Please note, if you receive the Moderna booster, you will receive half of the original Moderna dose.

An additional dose is administered to people with moderately to severely compromised immune systems. This additional dose is intended to improve immunocompromised people’s response to their initial vaccine series. Depending on the original series given, some details will vary.

Who can get an additional dose of a COVID-19 vaccine?

The CDC and the FDA recommend an additional dose if you:

- Have been receiving active cancer treatment for tumors or cancers of the blood
- Received an organ transplant and are taking medicine to suppress the immune system
- Received a stem cell transplant within the last two years, or are taking medicine to suppress the immune system
- Are diagnosed with moderate or severe primary immunodeficiency disorder or disease
- Are diagnosed with HIV and have a high viral load or low CD4 count, or are not currently taking medication to treat HIV
- Are taking drugs like high-dose steroids or other medications that may cause severe suppression of the immune system

If you are not sure whether you fit into any of these categories, please contact your medical provider.

When should I get an additional dose of COVID vaccine?

- If you originally received the Moderna or Pfizer COVID-19 vaccine, you can get an additional dose when it has been at least 28 days since your second shot.
- If you got the Janssen/Johnson & Johnson COVID-19 vaccine, you can get an additional dose when it has been at least 2 months since your vaccine.

Does my COVID booster or additional dose have to be the same brand that I got before?

No, you can mix and match brands. If you get the Moderna booster, you will receive half of the original Moderna dose.

**CREDIT:** Johns Hopkins Medicine
Children ages 5 and up can now be protected from COVID-19!

COVID-19 vaccines are safe, effective, and free. Hundreds of thousands of lives have been saved by vaccination, and this protection is now available for children as young as 5 years old.

**What You Need to Know**

- Vaccination is now recommended for everyone 5 years and older.
- CDC recommends getting a COVID-19 vaccine as soon as possible.
- COVID-19 vaccines are safe and effective.
- The Pfizer vaccine is the only vaccine that is authorized for children ages 5 to 17. This vaccine requires two doses 3 weeks apart.
- Millions of people in the United States have received COVID-19 vaccines under the most intense safety monitoring in U.S. history, including studies in children 5 years and older.

**Your child cannot get COVID-19 from any COVID-19 vaccine.**

COVID-19 vaccination can help protect your child from contracting COVID-19 or getting seriously sick from the COVID-19 virus. Although fewer children have been sick with COVID-19 compared to adults, children can be infected with COVID-19, get sick from COVID-19, and spread the COVID-19 virus to others.

**Getting your child vaccinated helps protect your child, your family, and your community.**

Like adults, children may have some side effects after COVID-19 vaccination. Side effects are normal signs that their body is building protection. Side effects may affect their ability to do daily activities, but should go away in a few days.

For more information, visit https://www.cdc.gov/coronavirus/2019-ncov/vaccines/recommendations/children-teens.html

**Find a COVID-19 vaccine for your child**

- Find contact information for IHS, tribal, and urban Indian health programs at http://ihs.gov/findhealthcare/
- You can also find vaccines outside of the Indian health system by searching vaccines.gov, texting your ZIP code to 438829, or calling 1-800-232-0233.
Myths about the COVID Vaccine

**MYTH: Getting the vaccine will give you COVID.**

**FACT:** This is absolutely false. To become ill with COVID, there must be contact with the coronavirus. None of the vaccines available contain coronaviruses so they don’t have what is needed to cause infection. Building up immunity takes time and so it is possible to contract the virus either before you get the vaccine or while your body is still building protection from the vaccine. That’s why wearing a mask is so important.

**MYTH: You don’t need a vaccine if you’ve had COVID.**

**FACT:** We don’t know how long immunity lasts once you recover from the virus, but there is a possibility of catching the virus a second time, so the vaccine is still important. If you’ve had COVID, you may receive the vaccine after your symptoms have gone away and you have finished your isolation period. If you received certain medicines when you had COVID, you may need to wait to be vaccinated. Talk to your provider about what’s right for you.

**MYTH: The vaccine will change my DNA.**

**FACT:** Your DNA is the blueprint for your body and is very difficult to change. The Pfizer and Moderna vaccines contain a different type of genetic material called messenger RNA, or mRNA. Your cells break down the mRNA after a short period of time. And mRNA does not affect or interact with your DNA in any way.

**MYTH: I can’t get the vaccine if I want to have a baby.**

**FACT:** There is no evidence the vaccine does anything to a baby during pregnancy, nor that it does anything to the mother’s body to prevent pregnancy in the future. For men, there is no evidence to suggest it affects the sperm or male reproductive organs either, meaning it won’t prevent someone from becoming a father. Your provider can help answer any specific questions.

For more information on vaccine safety, community supports, and continued protection against COVID, visit https://www.hhs.gov/vaccine

Together, we can reach community immunity.

Facts based on the CDC page Myths and Facts about COVID-19 Vaccines.
COVID-19 VACCINATION CLINICS SANTA FE, IHS

Indian Health Service, Santa Fe Service Unit COVID-19 Vaccination Clinic Appointments

Who is eligible to receive a COVID-19 Vaccine:

- Native American and Alaska Natives, and non-native household members.
  - Pediatrics: Ages 5-11 Pfizer Vaccine
  - Adolescents: Ages 12-18 Pfizer Vaccine
  - Adults: Over 18 Pfizer or Moderna Vaccine

How to make an Appointment: Call the Santa Fe Service Unit Appointment Line

(505) 946-9203 (Monday-Friday, 8am-4:30pm)

Vaccination with an appointment only. No Walk-in vaccinations

Santa Fe Indian Hospital  |  San Felipe Health Center  |  Santa Clara Health Center
1700 Cerrillos Road  |  8 Cedar Street  |  400 State Road 30
Santa Fe, NM 87508  |  San Felipe, NM 87001  |  Espanola, NM 87532

Pediatric Clinics:
Santa Fe Indian Hospital  |  Monday-Thursday 3:30pm-5:30pm

Adolescent & Adult Clinics:
Santa Fe Indian Hospital  |  Fridays 9:00am-3:15pm
San Felipe Health Center  |  Wednesday 9:00am-11:00am
Santa Clara Health Center  |  Wednesdays 9:00am-11:00am

Special Mass Vaccination Events:
Offering Pediatric, Adolescent and Adult vaccination, first doses, second doses and booster doses for both Pfizer and Moderna Vaccines

Buffalo Thunder Resort:
- Wednesday, 12/1/2021 9AM-11AM (Appointment Only)
  *No pediatric first doses (pre-scheduled pediatric boosters only)
- Wednesday, 12/29/2021 9AM-11AM (Appointment Only)
- Wednesday, 1/19/2021 9AM-1PM (Appointment Only)

Black Mesa Casino:
- Wednesday, 12/8/2021 9AM-11AM (Appointment Only)
  *No pediatric first doses (pre-scheduled pediatric boosters only)
National Handwashing Awareness

Know When to Wash Your Hands

- After coughing, sneezing, or blowing your nose
- After using the bathroom
- When your hands look dirty
- After playing outside
- After touching animals or their cages
- Before eating

www.cdc.gov/handwashing
San I Wellness

December 2021

Fitness Classes

<table>
<thead>
<tr>
<th>Date</th>
<th>Class</th>
<th>Time</th>
<th>Duration</th>
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<tbody>
<tr>
<td>DEC 3</td>
<td>Ball &amp; Bands</td>
<td>10AM</td>
<td>30 mins</td>
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<tr>
<td>DEC 5</td>
<td>Balls &amp; Bands</td>
<td>5:15PM</td>
<td>60 mins</td>
</tr>
<tr>
<td>DEC 10</td>
<td>Chair Cardio</td>
<td>10AM</td>
<td>30 mins</td>
</tr>
<tr>
<td>DEC 16</td>
<td>Chair Cardio</td>
<td>5:15PM</td>
<td>60 mins</td>
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<tr>
<td>DEC 17</td>
<td>Yoga Pilates Fusion</td>
<td>10AM</td>
<td>30 mins</td>
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<tr>
<td>DEC 20</td>
<td>Yoga Pilates Fusion</td>
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Health Education

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<td>Dental Health for Kids</td>
<td>7PM</td>
<td>60 mins</td>
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<tr>
<td>DEC 6</td>
<td>Your Metabolism</td>
<td>7PM</td>
<td>30 mins</td>
</tr>
<tr>
<td>DEC 16</td>
<td>Keeping Good Habits During the Holidays</td>
<td>7PM</td>
<td>60 mins</td>
</tr>
<tr>
<td>DEC 20</td>
<td>Setting Good Goals for the New Year</td>
<td>7PM</td>
<td>30 mins</td>
</tr>
</tbody>
</table>

Everyone is invited! Watch live or on YouTube at any time!

Zoom Link: https://tinyurl.com/p63ytunj
Meeting ID: 869 186 8041 Passcode: 9p67Q8
YouTube: https://tinyurl.com/49uheuss

Brought to you by San I Diabetes Program
For info call (505) 660-8927
Healthier Traditional Foods
Diné Enciso, Traditional Culinary Artist & Sarah Falion, MSN, RD
December 20th
4PM * EL RANCHO CLUB
TO ATTEND IN-PERSON, CALL (505)660-8927
VIEW ON ZOOM:
https://tinyurl.com/p63ytunj
Meeting ID: 869 186 8041
Passcode: 9p67Q8
VIEW ON YOUTUBE:
San I Pueblo Health & Human Services
Follow us on Facebook, Twitter & Instagram!
EAT SMART, BE SMART

HEALTHY

NUTRITION CONSULTATIONS

WHO CAN BENEFIT?
Lots of people can benefit from working with a nutritionist. Whether you need a complete diet overhaul, are looking to manage a medical condition, want to fine-tune your food choices, or get inspiration for new healthy recipes.

CONSULTATIONS CAN HELP WITH:
Heart disease
High blood pressure
High cholesterol
Diabetes & pre-diabetic conditions
Irritable bowel syndrome (IBS)
Celiac disease
Obesity or overweight
Pregnancy
& many other conditions

Recommended items you should have for consultation:
- Medication listing
- Blood sugar record
- Most recent lab work (A1C, cholesterol levels, kidney function - if available)
- Questions you may have

Book your December nutrition consultation now!
Call (505)660-8927
OR schedule at the link below:
https://tinyurl.com/SDPI-Nutrition-Consults
6 Top Toy Safety Tips

Choose age-appropriate gifts
Take into account your child's interests, abilities and maturity level. Also consider other kids and pets in your home.

Think big
For children under 3, avoid toys with small, removable parts. If a part can fit into a papertowel roll, it's too small.

Avoid Magnets
Building and play sets with magnets are very dangerous to small children. Not only are the small pieces a choking hazard, but they can cause serious damage to internal organs.

Skip Projectiles
Toys that shoot objects can cause eye and bodily injuries. If your child is old enough, make sure they understand safety rules when playing.

Don't forget the helmet
When buying bikes, scooters, skateboards and skates, also get a helmet. Choose the proper size and ensure they are worn properly.

Purchase Quality-made toys
Sturdy toys are less likely to break or have sharp edges, which can cause injury. Look for toys that are non-toxic and have an ASTM tag.

Pueblo de San Ildefonso
ICWA Manager/Family Advocate

PRETTYWATER DURAN (W)505.455.4164 (C)505.699.0164
Holiday Bazaar

SHOP LOCAL

JOIN US!

TRADITIONAL ARTS & CRAFTS, BAKED GOODS
MASKS WILL BE REQUIRED

El Rancho Property
386 COUNTY ROAD 84,
SANTA FE, NM 87506

CONTACT DENISE MOQUINO
AT (505)692-5580
FOR MORE INFORMATION

DECEMBER 4TH  9AM-4PM
Department of Education

After School Program
We’re still accepting students from Kindergarten to 12th Grade! Please contact us at the Library for more information. COVID-19 Guidelines are being followed.

LIBRARY CARDS

We are happy to announce that we are finally offering Library Cards! If you are in need of a Library Card please visit our website or Call Aaliyah at the Library!

Scholarships!
REMINDER! The Tribal and BIA Scholarships are due December 20th, 2021

Please contact Bernice at the Library or visit our website under the tab “PUBLIC NOTICES”

NEW HOURS!!
The Library is now open from 8am-5:30pm, Monday-Thursday. However, we will be closed to the public from 2:30pm-5:15pm, Monday-Thursday during After-School Program hours.

NOW HIRING!
The Library is hiring for two After School Aides! Please contact the Library or Human Resources office for more information!

Happy Holidays!
Happy Holidays to all of San Ildefonso Pueblo!

May you all stay safe and healthy!
SCHOLARSHIP OPPORTUNITIES

LANL Foundation Scholarships (Four-Year Undergraduate or Career Pathways)

- Enrolled full time at any local or out-of-state college or university
- Enrolled in or planning to enroll in a two-year degree program or certificate program.
- Permanent resident of northern NM
- Received a high school diploma or GED
- Four-Year Undergraduate Scholarship: $1,000 per year up to $20,000 for 4 years
- Career Pathways Scholarship: $750 per semester

The Career Pathways Scholarship is an award of up to $3000 for students pursuing an associate's degree, trade, or certificate program. Many recipients are non-traditional students who are returning to or entering higher education for the first time. Some are adults who are returning to school to make a career change, and others just need financial support to complete a semester or two before earning their associate’s degree. There is no minimum GPA requirement, and full-time enrollment is not required. Since 2011, this scholarship has been offered twice per year (in the fall and spring.) Beginning this year, the Career Pathways Scholarship will only be open in the spring, with funding available for the following fall. The scholarship will open January 3 and close April 18. This scholarship can be applied to any accredited institution, so your San Ildefonso students attending SIPI are eligible.

For more information about the LANL Foundation scholarship program, please visit www.lanlfoundation.org/scholarships.

4-Year Undergraduate Scholarship opened on Oct. 1 and will close on January 18th. Scholarships awarded in this cycle range from $1000 to $20,000 and only require one application to be considered for 25+ unique scholarships, including several designated for Native American students. These scholarships are for students pursuing a Bachelor’s degree. Students must have a 3.25 cumulative GPA and intend to enroll full time at an accredited higher education institution in order to qualify. A notable change for this year is that funds awarded to current undergraduate students will prioritize non-traditional students, first-generation college students, and students with financial need.

The online application can be accessed here: https://www.lanlfoundation.org/our-work/scholarships/4-year-undergraduate-scholarships/application-instructions

PLEASE CONTACT THE TRIBAL EDUCATION DEPARTMENT FOR MORE INFORMATION ON AVAILABLE SCHOLARSHIPS
SCHOLARSHIPS for MILITARY VETERANS

Wartime Veterans' Scholarship
A state scholarship for resident undergraduate and graduate students that provides tuition, fees, and book allowances to Military War Veterans.

Who is eligible?

- Enrolled or planning to enroll as undergraduate or graduate student
- Resident of New Mexico
- Military war veteran (must show certificate of release or discharge from active duty)

Where to apply?
- Apply at the institution applicant will be attending
- Submit copy of scholarship application to the NM Dept. of Veterans' Services (NMDVS)

Vietnam Veterans' Scholarship
A state scholarship for resident undergraduate and graduate students that provides tuition, fees, and book allowances to Vietnam Veterans.

Who is eligible?

- Enrolled or planning to enroll as undergraduate or graduate student
- Resident of New Mexico at time of entry into the military, or has lived in New Mexico for at least 10 years
- Vietnam Veteran war veteran, honorably discharged

Where to apply?
- Apply at the institution applicant will be attending

FOR MORE INFORMATION ON THESE 2 SCHOLARSHIPS, go to the link below:
https://hed.state.nm.us/financial-aid/scholarships/vietnam-veterans
POSITION: CURRICULUM DEVELOPMENT SPECIALIST

The Pueblo’s Education Department is looking for a part-time curriculum development specialist to:

- Assist collaborative efforts between the Pueblo’s Education Department and Department of Environment and Cultural Preservation to develop environmental education curriculum; and
- Develop curriculum materials, including defining course objectives, designing content delivery and assessment methods, and determining ways to integrate technology into instruction for the summer enrichment program’s community-based environmental education curriculum.

This position may also provide training materials or workshops to educators to implement the curriculum in June, 2022. Applicants who have experience in teaching and/or curriculum development are strongly preferred.

Pay is on contract basis. Work would begin in December, 2021 and continue through June, 2022.

If you are interested in using your energy and knowledge to plan summer education programming for the Pueblo’s school-age children, contact Rick Juliani, Education Director, or Bernice Martinez, Education Manager, at the Pueblo Learning Center at 455-2635.
Tribal Scholarship Committee

The Pueblo's Education Department is looking for community members to serve on the newly created Tribal Scholarship Committee. Each year the Education Department distributes thousands of dollars in scholarship awards to fund local students’ expenses related to pursuing post-secondary studies, whether at a university, community college, vocational, technical, or trade school.

If you are interested in assisting local Pueblo students with pursuing their educational goals, review the information below and contact Rick Juliani, Education Director, or Bernice Martinez, Education Manager, at the Pueblo Learning Center at 455-2635.

Committee Member Qualifications & Commitments

–Willingness to spend time evaluating and reviewing scholarship application materials, and to make recommendations on recipients to Education Director for final approval
–Ability to implement a numerical rating system and submit written notes to document processes and decisions
–Available for occasional (in-person or virtual) daytime meetings during December, 2021 and June, 2022
–Ability to work with other reviewers in a team environment and understand the need for fairness, objectivity and nondiscrimination within the scholarship selection process
Pueblo de San Ildefonso
Museum and Cultural Center (MCC)

MCC Planning Meeting

Virtual Meeting
Saturday December 11
9:00 a.m. - 1:00 p.m.

Link to Zoom
ID: 643 555 0267
Password: MCC2020

** Please RSVP by December 8**
via Email or Text

This meeting will be held in compliance with the current EO and CDC guidelines.