

Pueblo de San Ildefonso Bulletin October 2021

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Council Meeting Dates

Wednesday, October 13, 2021 at 5:10 pm

Thursday, October 28, 2021 at 5:10 pm

Food Distribution

Friday, October 15, 2021

10 am to 12pm (noon)

One box per household. Please remain
in your vehicle and wear a mask.

Office Closure

All Tribal Offices will be closed on
Monday, October 11, 2021 in observance
of Indigenous Peoples Day.

Mini Arts and Crafts Show

Saturday, October 16, 2021

9 am to 1 pm

Located at Povi Kaa Rd and County Rd 84, behind
silver gates. For more information, please call
Denise Moquino at (505) 692-5580.

Halloween

Sunday, October 31, 2021

Please be safe and have a great Halloween!





LEGISLATIVE UPDATE

OCTOBER 2021

Council Meeting Dates

Wednesday, Oct. 13, 2021, 5:10pm

Thursday, Oct. 28, 2021, 5:10 pm

Council Working Session Dates

Wednesday, Oct. 6, 2021, 5:10 pm

Tuesday, Oct. 19, 2021, 5:10 pm

Senior Meeting

Wednesday, October 20, 2021

10:30 a.m. via Zoom

With the COVID-19 delta variant rising, we remind all to be cautious, wash hands, use sanitizer and avoid unnecessary outings and travel. We must all work together to slow the spread!

Lt. Governor Raymond Martinez

(505) 455-4127

rjmartinez.tc@outlook.com

Council Secretary Terrence Garcia

(505) 455-4113

sec.tc@outlook.com

Legislative Manager Brandi Martinez

(505) 455-4150

brmartinez.tc@outlook.com

Tribal Elections

The Primary Election will take place on Saturday, October 30, 2021. Any tribal member age 18 and over by October 30, 2021 is eligible to vote in the **Primary and General** Elections. Any tribal member age 18 and over by December 1, 2021 is eligible to vote in the **General** Election.

Open positions include:

(5) Council Representatives

(1) Election Commissioner

(1) Supreme Court Justice

Social Media

Just a friendly reminder that the Tribal Council has a Facebook page in which notices, surrounding area job postings, COVID-19

Resources/information and etc. are posted.

You can view the page at <https://www.facebook.com/sanitribalcouncil/> or search @sanitribalcouncil

Message to Students

The Legislative Office hopes that all students have had a safe return to school and are practicing good hygiene and safety protocols to help keep one another healthy and well. We are here to support and encourage all families and students for a successful school year!



PUEBLO DE SAN ILDEFONSO
Human Resources Office
02 Tunyo Po
Santa Fe, NM 87506

EMPLOYMENT OPPORTUNITIES

Updated September 24, 2021

Afterschool Program Aide
(PT Temporary, though funding term 5/19/2022)

Healthy Kids Coordinator (Full Time)

Information Technology and Network Management
Specialist (Full Time)

Tewa Language Instructors (2-3 Contractual)

*All Positions Open Until Filled
Tribal and Native American Preference Applies*

Please Contact Human Resources for additional information by position.

APPLICATION: A job description and employment application are available in the Human Resources office or via email. Please call ahead to schedule an appointment for in person assistance. Please feel free to call 455-4155 with any questions.



PUEBLO DE SAN ILDEFONSO
Human Resources Office
02 Tunyo Po
Santa Fe, NM 87506

JOB VACANCY ANNOUNCEMENT

Re-advertisement

Information Technology (IT) and Network Management Specialist Full Time

September 24, 2021

The Administration currently has an Information Technology (IT) and Network Management Specialist position available in the Tribal Services Department.

Job Summary

Under limited supervision, maintains the computer network system of the Administration of Pueblo de San Ildefonso. Manages the day-to-day-operations of the information technology needs and project coordination. Provides advanced technical assistance and advice to the various programs and department managers, staff, upper management and the Governor. Creates strategic plans and develops the technological efficiency for the government. Ensures compliance with applicable regulations and restrictions. Provides strategic consultation. Duties include installation, configuration, monitoring, updating, troubleshooting.

Supervision and Guidelines

Work performed is under the general supervision of the Tribal Services Director. Guidelines include generally accepted principles, applicable laws, rules and regulations, Pueblo de San Ildefonso policies and procedures and supervisory and administrative instructions and directives.

Essential Duties and Responsibilities:

Administers the day-to-day-operations of the information technology needs.

Ensures the quality of systems operations in all areas of the organization. Monitors performance of IT systems to determine productivity levels and makes recommendations for improving the IT infrastructure.

Provides technical assistance to management and staff on problems, purchases, and planning.

Installs software, maintains proper security levels and access rights. Security analysis and deployment.

Assist with network improvement projects and deployment of such.

Routinely inspects all supported equipment, identifies potential problems and repairs as necessary.

Updates all systems as needed and informs programs of changes.

Installs, configures, updates, monitors and troubleshoots Windows systems to operate optimally and in a secure manner. Windows Systems applications include: domain name services (DNS) Active Directory Services and roles, Lightweight Directory Access Protocol (LDAP), MS Office, File and Print Services, Network Backup Solutions, Antivirus Solutions, and desktops / laptops.

Maintains technical competency in server and web technological changes.

Develops and enforces source control procedures for versioning, backup and recovery.

Creates test plans, debugging and production implementations.

Designs disaster mitigation and recovery plans for the enterprise communications infrastructure.

Utilizes the full suite of Microsoft Office Tools (Word, Excel, Visio, PowerPoint, MS Project) to prepare documentation and visual aids for support of technical infrastructure projects.

Provide multiple security mechanisms on all network attached devices to block malware, spyware, toolkits, viruses and prevent system intrusion.

Monitors, analyzes and troubleshoots network traffic; optimizes and or modifies the configuration(s) as needed.

Assists in migration activity of production systems for both mainframe and server environments.

Sets-up and configures firewalls, intrusion detection / prevention systems and VPNs.

Configures and establishes communications / data sharing between different networks in a secure manner.

Prepares, allocates and oversees information technology budget.

Provides professional development and technical training for staff and end users.

Establishes and implements short- and long-range goals, objectives, policies, and operating procedures; monitors and evaluates program effectiveness; effects changes required for improvement.

Develops strategic planning and related plans. Helps define IT infrastructure strategy and processes

Web page support and technical assistance

Smart phone configuration duties

Assist with purchasing of all software, hardware and other IT supplies

Maintains professional work place conduct

Collaborates with the other San Ildefonso Pueblo programs and departments on overlapping projects.

Prepares reports and correspondence.

Performs miscellaneous job-related duties as assigned.

Work Environment

Work performed in an office setting and numerous facility locations. Daily routine includes walking, standing, lifting and sitting. Ability to lift and/or move up to fifty pounds. Local travel is required.

Minimum Qualifications

Bachelor of Science Degree in Information Management, Computer Science or related field; and five to 10 (5-10) years of relevant experience to the duties and responsibilities outlined required. An equivalent combination of education and experience will be considered. Good written and verbal skills. Good interpersonal skills. Ability to work effectively with personnel on all levels. Excellent organizational skills. Proficiency in MS Office software. Ability to perform quality work under pressure, meet deadlines and maintain confidentiality. Must be insurable under the Pueblo de San Ildefonso vehicle insurance policy.

Tribal and Native American Preference applies

Deadline to Apply: Open Until Filled

“

Getting care
quickly and safely
has a cost. With
my plan, it's \$0.

”



Presbyterian Medicare Advantage plans provide
more ways to safely get the care you need from home.



Telehealth options include:

- \$0 Online Visits
- \$0 Video Visits
- \$0 Nurse Advice Line



**Our \$0 premium HMO Plan 2
has many \$0 benefits:**

- \$0 deductible for prescriptions
- \$0 basic dental
- \$0 lab work copay
- \$0 behavioral health visits
- \$0 hearing exam copay
- \$0 podiatry care copay

**Presbyterian now has a \$0 premium
Medicare Advantage plan with
prescription drug coverage.**

Contact: Lorraine Y Chavez, Kelly Brown, Nathan Lucero
At Lorraine Y Chavez Insurance Agency, Inc.
Or by email Lchavez@lycinsurance.com
Or by phone (505) 821-7123 / (800) 750-6853
to enroll or for information.

The annual Enrollment Period for 2022
coverage is October 15 through
December 7, 2021.



Medicare Advantage Plans

phs.org/medicare

Presbyterian Senior Care (HMO) is a Medicare Advantage plan with a Medicare contract. Enrollment depends on contract renewal.

Presbyterian complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 505-923-5420, 1-855-592-7737 (TTY: 711).

Díi baa akó nínizín: Díi saad bee yánilti'go Diné Bizaad, saad bee ká'ánida 'áwo'déé', t'áá juk'eh, éi ná hóló, kojí' hódíílmih 505-923-5420, 1-855-592-7737 (TTY: 711).



Senior Meeting Agenda

Wednesday October 20, 2021 at 10:30 AM

Via Zoom

Call Meeting to Order

Invocation by Invite

Minutes of last meeting –September 15, 2021

Governor Christopher Moquino – update

Council Reps -update

Marisela Hernandez and Gil Vigil-update

Presentation(s)

Kelly Brown - Presbyterian Health Plans

Concerns by Seniors

Benediction by invite

If you want something else on the agenda, please send an email to: tsd@sanipueblo.org or contact Stuart at 455-4105

[See next page for how to join the meeting even if you don't have Zoom ability and the Zoom info is also included on the following page]

The SMALL conference room will be available for the seniors who don't have zoom who wants to be in the zoom meeting and does not have such ability at their home.

Link:

Topic: San I Senior Meeting

Time: Oct 20, 2021 10:30 AM Mountain Time (US and Canada)

Join Zoom Meeting

<https://us02web.zoom.us/j/89723458906?pwd=L2wxeWJ1TGRMK1ArZEh6cktjUVJkQT09>

Meeting ID: **897 2345 8906**

Passcode: **229280**

One tap mobile

+17209289299,,89723458906#,,,,*229280# US (Denver)

+19712471195,,89723458906#,,,,*229280# US (Portland)

Dial by your location

+1 720 928 9299 US (Denver)

Meeting ID: 897 2345 8906

Passcode: 229280











Find your local number: <https://us02web.zoom.us/j/kdJpfLa6TV>

If you don't have such capabilities, you can always just call one of the phone numbers listed above and punch in the Meeting ID and Passcode and you will be brought in to the meeting and you will be able to hear and talk with others in the meeting.



Transfer Station **NEWS**

OCTOBER HOURS

SUN	MON	TUES	WED	THURS	FRI	SAT
TRANSFER STATION HOURS: THUR– MON 8:00am — 5:00pm					1  W. Senior Trash Pickup	2  E-Waste & Buckman Free Tire Day
3  Buckman Free Tire Day	4  World Animal Day 4th October	5  CLOSED	6 CLOSED	7 Eastside Senior Trash Pickup	8 Westside Senior Trash Pickup	9
10  WORLD MENTAL HEALTH DAY	11  INDIGENOUS PEOPLES' DAY CLOSED	12 CLOSED	13 CLOSED	14 Eastside Senior Trash Pickup	15 Westside Senior Trash Pickup	16
17	18	19 CLOSED	20 CLOSED	21 Eastside Senior Trash Pickup	22 Westside Senior Trash Pickup	23
24	25	26 CLOSED	27 CLOSED	28 Eastside Senior Trash Pickup	29  W. Senior Trash Pickup	30  HAPPY Candy Corn Day
31  HAPPY HALLOWEEN						

****Hours and closures are subject to change for holidays or at any time for many reasons. ****

Buckman Road Recycling & Transfer Station Free days

2600 Buckman Road (Let them know your Santa Fe, County)



OCTOBER 02, 2021

FREE ELECTRONICWASTE DAY

Hours: 9:00 a.m. – 1:00 p.m.

Computers, monitors, printers, televisions, household electronics, and small appliances

****No Household Hazardous Waste ****



Free Tire Days

OCTOBER 1st and 2nd
First full weekend of every month
(Saturday and Sunday)

Limit: Eight (8) passenger tires per day.

We do not accept tires. Please take advantage of this free day!



Transfer Station **NEWS**



Help us keep the Transfer Station clean and equipment working

Please Dispose Trash Properly in appropriate bins



- Bagged Household Waste = **GREEN** Compactor Bin
- Recyclables = **WHITE** Recycle Bin

!! No glass items, No trash, No food !!

If you have your recyclables in a dark plastic bag please dump items out in bin. If you need a list of what is recyclable and what is not accepted, please stop by for one.

- Metals = **GREY** Metal Bin
- Weeds and branches = Please dispose below the bins at the bottom of the hill. **Please DO NOT mix trash with weeds or branches.**
- **We DO NOT accept OIL or TIRES**

Please follow all guidelines for where to dispose your waste.

If we do not comply, our bins will not be accepted by the Waste Management company, resulting in closing of the Transfer Station until all items are removed.



Boo! Here you are, dressed up for the night. You knock and knock hoping to fright. Instead I am dressed up too. I give you a fright. When I yell BOO! Happy and safe Halloween

TRANSFER STATION SAFETY RULES:



!!!! DRIVE SLOW !!!!

when entering Transfer Station. Speeders will be reported!

KEEP CHILDREN INSIDE VEHICLES AT ALL TIMES.

NO dumpster diving allowed! Unsafe and unsanitary.

DO NOT throw loose needles in any trash can, bags or compactor!

Please dispose needles in a PLASTIC CONTAINER and call CHR!



SENIOR TRASH PICK-UP

Pick ups Day:

**Eastside
Residents
(Pueblo area)
EVERY
THURSDAY**

**Westside
Residents
(Battleship, Deer
tail, & Pajarito
areas)
EVERY
FRIDAY**

**Bags MUST be
ready for pick up
no later than
8:30am.**

**Please follow all
guidelines of bag
limit, access and
pick up times.**

Thank you.

Transfer Station Contacts:

**Roberta Trujillo,
Transfer Station
Attendant
(505) 250-8297**

**Erin Y. Martinez,
Transfer Station
Supervisor
(505) 455-4121**



Pueblo de San Ildefonso
Department of Health and Human Services
October 2021



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Santa Fe Service Unit

INFLUENZA VACCINE VACCINATION CLINICS

October 2021

October 6, 2021: Ohkay Owingeh Casino from 9:00 am to 1:00 pm

October 13, 2021: Buffalo Thunder Resort from 9:00 am to 1:00 pm

October 20, 2021: Santa Claran Casino from 9:00 am to 1:00 pm

October 27, 2021: Black Mesa Casino from 9:00 am to 1:00 pm

Frequently Asked Influenza (Flu) Questions: 2021-2022 Season

What's New for 2021-2022

A few things are different for the 2021-2022 influenza (flu) season, including:

- The composition of flu vaccines has been updated.
- All flu vaccines will be quadrivalent (four component), meaning designed to protect against four different flu viruses. For more information: Quadrivalent Influenza Vaccine | <https://www.cdc.gov/flu/prevent/quadrivalent.htm>
- Licensure on one flu vaccine has changed. Flucelvax Quadrivalent is now approved for people 2 years and older.
- Flu vaccines and COVID-19 vaccines can be given at the same time.
- More detailed guidance about the recommended timing of flu vaccination for some groups of people is available.
- Guidance concerning contraindications and precautions for the use of two flu vaccines – Flucevax Quadrivalent and Flublok Quadrivalent – were updated.

Source: <https://www.cdc.gov/flu/season/faq-flu-season-2021-2022.htm> **(FIND MORE INFO HERE)**

Contact the CHR Office for more information!



**Indian Health Service
Santa Fe Service Unit
2021-2022 Consent for Seasonal Influenza Vaccination**

Last name: _____ First name: _____ Phone number: _____

Street Address: _____ City: _____ Chart number: _____

Male ☐ Female ☐ Date of Birth: Year _____ Month _____ Day _____ Age: _____

Emergency contact Name and phone _____

Are you feeling ill today? Do you have a fever today? No ☐ Yes ☐ if yes, please explain below

Have you ever had an allergic reaction to a vaccine? No ☐ Yes ☐ if yes, please explain below

Are you allergic to: chicken, eggs or egg products No ☐ Yes ☐ If yes, please explain below
Thimerosal - in vaccines and contact lens solution No ☐ Yes ☐ If yes, please explain below
Gentamicin No ☐ Yes ☐ If yes, please explain below

Do you have a bleeding disorder? No ☐ Yes ☐ if yes, please explain below

Are you taking any medication that could affect blood clotting? No ☐ Yes ☐ if yes, please explain below

Have you ever been diagnosed with Guillain-Barre Syndrome within 6 weeks of receiving a flu vaccine? No ☐ Yes ☐ if yes, please explain below

Are you or could you be pregnant? No ☐ Yes ☐

I understand the implications of the vaccine and its possible side effects and assume the risks associated with the vaccine No ☐ Yes ☐

I have read (or it has been read to me) and I understand the "Seasonal Influenza Vaccine Information Sheet". I have had the opportunity to ask questions and to have them answered to my satisfaction. I consent to the seasonal influenza vaccine. I understand that my health information is confidential, and that State and Federal laws restrict its use and disclosure.

If signing for someone other than yourself, indicate your relationship to that other person: _____

If signing for someone other than myself, I confirm that I am the parent / legal guardian or substitute decision maker.

Signature: _____ Print: _____

Date of signature: _____

For Clinic Use Only:

VACCINE	DOSE	LOT NUMBER	EXPIRY DATE	SITE / IM	TIME GIVEN	DATE GIVEN	GIVEN BY
	0.5 ml						

Comments: _____

Influenza (Flu) Vaccine (Inactivated or Recombinant): *What you need to know*

Many vaccine information statements are available in Spanish and other languages. See www.immunize.org/vis

Hojas de información sobre vacunas están disponibles en español y en muchos otros idiomas. Visite www.immunize.org/vis

1. Why get vaccinated?

Influenza vaccine can prevent **influenza (flu)**.

Flu is a contagious disease that spreads around the United States every year, usually between October and May. Anyone can get the flu, but it is more dangerous for some people. Infants and young children, people 65 years and older, pregnant people, and people with certain health conditions or a weakened immune system are at greatest risk of flu complications.

Pneumonia, bronchitis, sinus infections, and ear infections are examples of flu-related complications. If you have a medical condition, such as heart disease, cancer, or diabetes, flu can make it worse.

Flu can cause fever and chills, sore throat, muscle aches, fatigue, cough, headache, and runny or stuffy nose. Some people may have vomiting and diarrhea, though this is more common in children than adults.

In an average year, **thousands of people in the United States die from flu**, and many more are hospitalized. Flu vaccine prevents millions of illnesses and flu-related visits to the doctor each year.

2. Influenza vaccines

CDC recommends everyone 6 months and older get vaccinated every flu season. **Children 6 months through 8 years of age** may need 2 doses during a single flu season. **Everyone else** needs only 1 dose each flu season.

It takes about 2 weeks for protection to develop after vaccination.

There are many flu viruses, and they are always changing. Each year a new flu vaccine is made to protect against the influenza viruses believed to be likely to cause disease in the upcoming flu season.

Even when the vaccine doesn't exactly match these viruses, it may still provide some protection.

Influenza vaccine **does not cause flu**.

Influenza vaccine may be given at the same time as other vaccines.

3. Talk with your health care provider

Tell your vaccination provider if the person getting the vaccine:

- Has had an **allergic reaction after a previous dose of influenza vaccine**, or has any **severe, life-threatening allergies**
- Has ever had **Guillain-Barré Syndrome** (also called "GBS")

In some cases, your health care provider may decide to postpone influenza vaccination until a future visit.

Influenza vaccine can be administered at any time during pregnancy. People who are or will be pregnant during influenza season should receive inactivated influenza vaccine.

People with minor illnesses, such as a cold, may be vaccinated. People who are moderately or severely ill should usually wait until they recover before getting influenza vaccine.

Your health care provider can give you more information.



**U.S. Department of
Health and Human Services**
Centers for Disease
Control and Prevention

4. Risks of a vaccine reaction

- Soreness, redness, and swelling where the shot is given, fever, muscle aches, and headache can happen after influenza vaccination.
- There may be a very small increased risk of Guillain-Barré Syndrome (GBS) after inactivated influenza vaccine (the flu shot).

Young children who get the flu shot along with pneumococcal vaccine (PCV13) and/or DTaP vaccine at the same time might be slightly more likely to have a seizure caused by fever. Tell your health care provider if a child who is getting flu vaccine has ever had a seizure.

People sometimes faint after medical procedures, including vaccination. Tell your provider if you feel dizzy or have vision changes or ringing in the ears.

As with any medicine, there is a very remote chance of a vaccine causing a severe allergic reaction, other serious injury, or death.

5. What if there is a serious problem?

An allergic reaction could occur after the vaccinated person leaves the clinic. If you see signs of a severe allergic reaction (hives, swelling of the face and throat, difficulty breathing, a fast heartbeat, dizziness, or weakness), call **9-1-1** and get the person to the nearest hospital.

For other signs that concern you, call your health care provider.

Adverse reactions should be reported to the Vaccine Adverse Event Reporting System (VAERS). Your health care provider will usually file this report, or you can do it yourself. Visit the VAERS website at www.vaers.hhs.gov or call **1-800-822-7967**. *VAERS is only for reporting reactions, and VAERS staff members do not give medical advice.*

6. The National Vaccine Injury Compensation Program

The National Vaccine Injury Compensation Program (VICP) is a federal program that was created to compensate people who may have been injured by certain vaccines. Claims regarding alleged injury or death due to vaccination have a time limit for filing, which may be as short as two years. Visit the VICP website at www.hrsa.gov/vaccinecompensation or call **1-800-338-2382** to learn about the program and about filing a claim.

7. How can I learn more?

- Ask your health care provider.
- Call your local or state health department.
- Visit the website of the Food and Drug Administration (FDA) for vaccine package inserts and additional information at www.fda.gov/vaccines-blood-biologics/vaccines.
- Contact the Centers for Disease Control and Prevention (CDC):
 - Call **1-800-232-4636** (1-800-CDC-INFO) or
 - Visit CDC's website at www.cdc.gov/flu.





Pueblo de San Ildefonso COVID-19 Response Team

TRIBAL ADMINISTRATION DIRECTIVE TO ALL STAFF

As cases of COVID-19 continue to rise, the Pueblo's Tribal Administration has taken several steps to try and keep staff and the community safe. On September 17, 2021, the Tribal Administrator issued the following directives for all employees to follow in response to the Pueblo's fight against further spread of COVID-19:

In the interest of protecting all employees in the workplace and the Pueblo community, the following policies shall be adhered to:

1. Masks are to be worn when inside any tribal facility. This doesn't pertain to working at their desk, but should someone come into their office, they are to mask up. If more than one person is riding in a government vehicle they are to mask up.
2. All staff are to be vaccinated. The only exemption to this mandate is if they have a medical exemption that prevents them from being vaccinated. The COVID response team is to be provided with written documentation from a certified medical provider.
3. All new hires are to be vaccinated.
4. All staff are to be COVID tested upon your return from any out of state travel whether it is for official business or personal. You are to test on the 5th day after return.

PUEBLO DE SAN ILDEFONSO COVID RESPONSE TEAM MEMBERS

Troy Campbell

Director of Health and Human Services

Office: (505) 455-7395

Cell: (505) 692-5943

Thelma Gonzales

CHR Manager

Office: (505) 455-4114

Cell: (505) 690-1024

Raelene Martinez

Diabetes Prevention Program Assistant

Office: (505) 455-7395

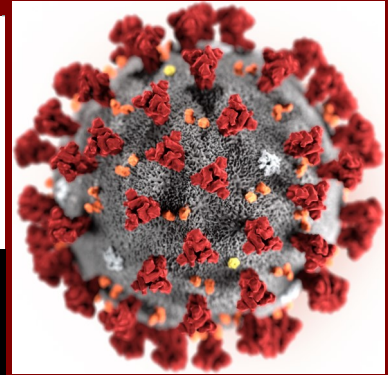
Cell: (505) 660-8927

Claudia Lente

CHR Generalist

Office: (505) 455-4115

Cell: (505) 231-9401



October 2021

COVID-19 Cases

Total New Cases: 0

Total Cases: 85

Total Recovered: 82

Total Breakthrough: 3

*Info as of
September 27, 2021*

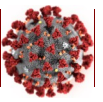
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DELTA VARIANT: 8 THINGS YOU SHOULD KNOW ABOUT THIS COVID-19 STRAIN

1. Delta variant is highly contagious

As of September 1, nearly 100% of New Mexicans who tested positive for COVID-19 had the Delta variant. According to the CDC during the same week, the Delta variant accounted for more than 80% of new cases in the U.S.

2. Delta variant symptoms are the same

The symptoms of the Delta variant appear to be the same as the original version of COVID-19. However, physicians are seeing people getting sicker quicker, especially for younger people. Typically, vaccinated people are either asymptomatic or have very mild symptoms if they contract the Delta variant.

3. Delta variant is affecting unvaccinated people more

Most patients hospitalized in New Mexico are people who have not received the COVID-19 vaccine. Nationally, 97% of patients hospitalized with COVID-19 are unvaccinated. Vaccines are highly effective at preventing COVID-19 infection and are also effective in fighting against the Delta variant.

4. Breakthrough cases for vaccinated people are rare, but do happen

When a vaccinated person tests positive for COVID-19, most either have no symptoms or have very mild symptoms, and it rarely results in hospitalization or death. Their symptoms are more like those of a common cold, such as cough, fever or headache, with the addition of significant loss of smell.

No vaccine is 100% effective. According to the CDC, about 0.005% of the vaccinated population has reported breakthrough cases of COVID-19.

5. Delta variant could be catastrophic in some communities

In communities with lower vaccination rates, particularly rural areas with limited access to care, the Delta variant could be even more damaging. This is already being seen around the world in poorer countries where the COVID-19 vaccine isn't as accessible. Health experts say the impact could be felt for decades to come.

6. Many unvaccinated patients with COVID-19 wish they had gotten the vaccine

Physicians across the country have noted that a number of younger patients, when they come in with critical illness, say that they wish they would have gotten the COVID-19 vaccine. Many patients have told their physicians, "Why did I not get the vaccine?" or "Why did I not listen?"

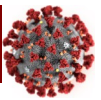
7. Some experts are recommending to wear masks, even if you're fully vaccinated

Many health experts across the country are wearing masks themselves even though they're fully vaccinated against COVID-19. They're also advising vaccinated people to avoid large gatherings and mask up indoors where the vaccination status of other people is unknown.

8. More COVID-19 variants are likely to come

The Delta variant is currently the most prominent strain of COVID-19, but the Lambda variant out of South America is also emerging. Health experts urge that if people want to get back to normal, a significant portion of the population needs to be vaccinated. As long as a chunk of people across the world are unvaccinated, new strains of the virus will continue to develop and cause problems.

"All three COVID-19 vaccines (Pfizer, Moderna, Johnson and Johnson/Janssen) are still highly protective against severe illness, hospitalization and death, even with the spread of the Delta variant."



CDC ENDORSED BOOSTER SHOTS FOR MILLIONS OF OLDER OR OTHERWISE VULNERABLE AMERICANS

On Thursday, September 24, 2021, the Centers for Disease Control and Prevention (CDC) Advisory Committee on Immunization Practices (ACIP) recommended a booster shot of the Pfizer-BioNTech COVID-19 vaccine for a wide range of Americans. CDC Director Dr. Rochelle Walensky endorsed the ACIP recommendations and added an additional recommendation for those in high risk occupational and institutional settings, which is in line with the Food and Drug Administration's (FDA) authorization.

With the Delta variant surging and cases of COVID-19 increasing significantly across the United States, a booster shot will help provide continued protection against severe disease in these populations who are especially at risk for severe COVID-19. The CDC recommends a booster dose at least six months after completing the first two dose series of the Pfizer-BioNTech COVID-19 Vaccine for:

- **People 65 years of age and older and residents of long-term care facilities.** Residents in long-term care (LTC) settings live closely together in group settings and are often older adults and/or have underlying medical conditions, they are at increased risk of infection and severe illness from COVID-19.
- **Individuals 50-64 years of age with underlying medical conditions receive a Pfizer-BioNTech booster shot.**
- **Individuals 18-49 years of age with underlying medical conditions may also receive a booster if they determine the personal benefits outweigh the risks.** The risk of severe illness from COVID-19 increases with age and can also increase for adults of any age with certain underlying medical conditions.
- **People aged 18-64 years who are at increased risk for COVID-19 exposure and transmission because of occupational or institutional setting.**

The CDC panel stressed that its recommendations will be changed if new evidence shows more people need a booster. They will continue to monitor the safety and effectiveness of the COVID-19 vaccines to ensure appropriate recommendations to keep all American safe.

At this time, the FDA's Pfizer booster authorization only applies to those who received the Pfizer vaccine as their primary series. People in the recommended age groups who received the Moderna or J&J/Janssen vaccine will likely need a booster shot, and more data on the effectiveness and safety of these booster shots are expected in the coming weeks.

Source: <https://www.cdc.gov/>

If you received the Pfizer vaccine 6 months ago or more, you meet any of the criteria listed above, and would like to discuss how you can get set up to receive your additional dose as described in this recommendation, please have a conversation with your medical provider, or you can call a member of the Health and Human Services CHR Team or the SDPI Team at (505) 455-4114, (505) 455-4115, or (505) 455-2395

PENDING COVID-19 VACCINE NEWS

Moderna has recently submitted a request to the Food and Drug Administration (FDA) for full approval of its COVID-19 vaccine for individuals 18 years of age and older. It is unknown when this approval is expected.

Moderna has submitted its request to the Food and Drug Administration (FDA) for Emergency Use Authorization (EUA) for a booster shot for those who received the initial two doses. It is unknown what the timeline is for approval.

Johnson & Johnson/Janssen has submitted its request to the Food and Drug Administration (FDA) for Emergency Use Authorization (EUA) for a booster shot for those who received the initial two doses. It is unknown what the timeline is for approval.



San Ildefonso CHR Program Newsletter



Transportation

Transportation is provided for those who have no means of transportation within the household for appointments or medications. Please call the CHR office in advance to schedule a date and time. We also ask that you notify us with 72 hours to cancel a transport.

Transportation will also be provided for those who have no means of transportation for the upcoming Influenza Clinics on the following dates:

October 13, 2021	Buffalo Thunder Resort
October 20, 2021	Santa Clara Casino
November 3, 2021	Buffalo Thunder Resort
November 17, 2021	Santa Clara Casino

Please keep in mind that only those that have been vaccinated are allowed to be transported.

Medication Pick-up & Delivery

We continue to assist the community who need medication (s) ordered or picked-up from PHS, SCHC, Smiths, Walgreens, Walmart, etc.

Reminder: Any types of medication (s) that are picked up and delivered **cannot** be left on doors, mailboxes, or with children. If you are not planning on being home during possible delivery time, please make arrangements with family that we may leave medication with or make arrangements with CHRs.

Medication pick up days are on Tuesdays and Thursdays. Days may change due to holidays or closures.

When calling in your medication refills to Santa Fe Indian Hospital or Santa Clara Clinic, you have five (5) days to pick up your order or it will be placed back into stock. If you miss the time frame you will need to call again for refills

After Hours Medical Advice:

If you are a Santa Fe IHS Service Unit Patient and need to speak with a nurse between 8 p.m. to 8 a.m., please call the dedicated toll free number:

FONEMED NURSE ADVICE LINE

1 (844) 233-8438

Reminder: If you are seen at a non-IHS Hospital (Española, St. Vincent's, Los Alamos), you must notify PRC (formally known as Contract Health Services) within 72 hrs. (3 days) for possible payment.

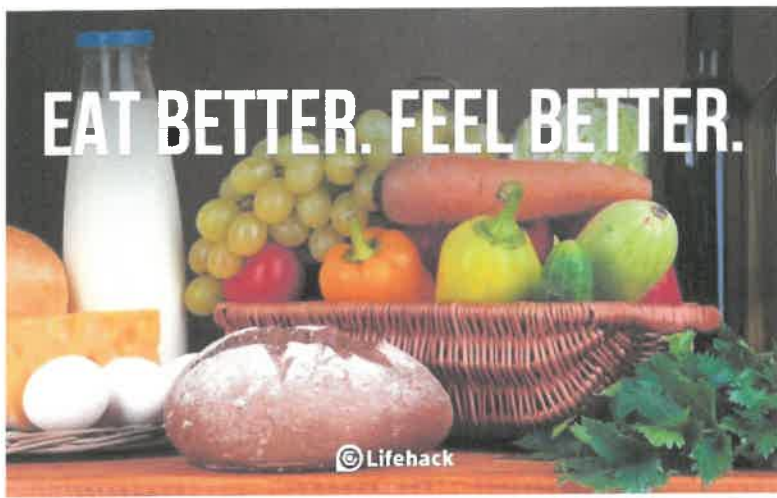
Tuesdays & Thursdays Community walk

Join the Health & Wellness & CHR Department on Tuesdays/Thursdays for a 30 minute community walk starting at 8:30 a.m. at the baseball field.

Screenings:

Health screenings are provided at the tribal office every other week, should any community members wish to stop by. Dates for the month of October:
Wed, October 6 & 20, 2021 from 8:00 to 10:00 a.m.





NUTRITION CONSULTATIONS

**Book your nutrition
consultation today for
October!**

by calling Diabetes Office

(505) 455-2395

or at link below:

**[https://tinyurl.com/SDPI-
Nutrition-Consults](https://tinyurl.com/SDPI-Nutrition-Consults)**

WHO CAN BENEFIT?

Lots of people can benefit from working with a nutritionist. Whether you need a complete diet overhaul, are looking to manage a medical condition, want to fine-tune your food choices, or get inspiration for new, healthy recipes.

CONSULTATIONS CAN HELP WITH:

Heart disease
High blood pressure
High cholesterol
Diabetes & pre-diabetic conditions
Irritable bowel syndrome (IBS)
Celiac disease
Obesity or overweight
Pregnancy
& many other conditions



**Recommended items you
should have for consultation:**

- Medication listing
- Blood sugar record
- Most recent lab work
(A1C, cholesterol levels,
kidney function- if available)
- Questions you may have



Session for walk



When

Beginning September
EVERY Tuesday & Thursday

Where

Meet at Baseball Picnic area
@ 8:30am

Contact

Diabetes Program for more info @
455-2395

DIABETES AND YOU:

Healthy Teeth Matter!

It is important to take good care of your teeth when you have diabetes. Did you know that people with diabetes are more likely to have problems with their teeth and gums? The good news is that you can take steps to help keep your teeth healthy. The tips below will get you started.

Tips to Keep Your Teeth Healthy

1. Get a dental exam at least once a year, and more often if your dentist says you need one. At your exam, your dentist or dental hygienist will:

- Explain how diabetes affects your teeth and gums.
- Check for problems, such as cavities or gum disease (see next page to learn the signs of gum disease).
- Treat any problems you have with your teeth or gums.
- Teach you how to check for signs of gum disease at home.
- Provide care, such as a fluoride treatment, to keep your mouth healthy.
- Tell you how to treat problems, such as dry mouth.

2. Work with your dentist to create a health plan for your teeth.

- Ask the best way to take care of your teeth at home.
- Ask how often to come in for a dental visit.
- Ask what to do if you start to have problems with your teeth or gums.
- Ask your dentist to send your exam results to your other doctors after every visit.



How Can Diabetes Harm Your Teeth?

- Diabetes is associated with gum disease, also known as periodontal disease.
- Gum disease can lead to tooth loss.
- Treatment of gum disease in people with type 2 diabetes can lower blood sugar over time.
- Gum disease treatment can lower your chance of having other problems from diabetes, such as heart and kidney disease.
- Gum disease may increase the risk of type 2 diabetes.



3. Take care of your teeth at home.

- Brush with a soft-bristled toothbrush at least two times a day, using toothpaste with fluoride.
- Floss once a day.
- Visit a dentist if you think you have gum disease.
- Limit food and drinks that are high in sugar.

What Are the Signs of Gum Disease?

- Red, swollen, or bleeding gums.
- Gums pulling away from teeth.
- Sores on the gums.
- Loose teeth or change in bite or tooth position.
- Bad breath.



To-do List for Healthy Teeth

- ☐ Get a dental exam at least once a year.
- ☐ Keep your next dental appointment.
- ☐ Check your mouth for red and swollen gums, bleeding gums, loose teeth, a change in how your bite feels, or bad breath.
- ☐ Ask your dental provider if you are doing a good job of taking care of your teeth and gums at home.
- ☐ Ask your dentist to send your test results to your other doctors after every visit.
- ☐ Keep your blood sugar at a healthy level.

Manage Your ABCs!

Ask your health care team to help you set and reach goals to manage your blood sugar, blood pressure, and cholesterol—also known as the **ABCs** of diabetes. Teach your family about your diabetes and the **ABCs** so they can help you, too.

- **A1c:** The goal set for many people is less than 7% for this blood test, but your doctor might set different goals for you.
- **Bloodpressure:** High blood pressure causes heart disease. The goal is less than 140/90 mmHg for most people, but your doctor might set different goals for you.
- **Cholesterol:** LDL or “bad” cholesterol builds up and clogs your blood vessels. HDL or “good” cholesterol helps remove the “bad” cholesterol from your blood vessels. Ask what your cholesterol numbers should be.
- **Don’t smoke:** Call 1-800-QUIT-NOW (1-800-784-8669) for support.

National Diabetes Education Program

For more information, call 1-800-CDC-INFO (800-232-4636)

or TTY 1-888-232-6348 or visit www.cdc.gov/info.

To order resources, visit www.cdc.gov/diabetes/ndep.



OCTOBER

NATIONAL
DOMESTIC

Violence

Awareness Month

1 in 3 women and 1 in 4 men have experienced some form of physical violence by an intimate partner.

Intimate partner Violence accounts for 15% of all violent crime.

Intimate partner violence is most common against women between the ages 18-24.

34% or more than one in three Native women will be raped during their lifetime, whereas for women as a whole the risk is less than one in five.

*Break the
Silence!*

**ICWA Manager/ Family
Advocate
PrettyWater Duran
505.455.4164**

BREAST

Cancer

Awareness Month

About 1 in 8 women in the US will be diagnosed with breast cancer in her lifetime.

In 2021, an estimated 281,550 new cases of invasive breast cancer will be diagnosed in women in the U.S. as well as 49,290 new cases of non-invasive (in situ) breast cancer.

Breast cancer is the most common cancer among women worldwide.

Women who get regularly screened for breast cancer have a 47% lower risk of dying from the disease compared to those who don't.

*Get
Checked!*

**LO
VE**



**HO
PE**



**CA
RE**



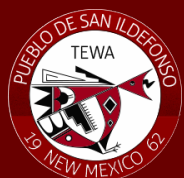
**LI
FE**

LET'S BE AWARE

We can fight breast cancer together!

JOIN US FOR RUN/WALK
OCTOBER 15, 2021 @5:30 PM
WE WILL MEET AT BIG TREE.
(TSHIRTS WILL BE PROVIDED)

FOR MORE INFORMATION
CONTACT: PRETTYWATER,
ICWA MANAGER/ FAMILY
ADVOCATE @505.455.4164



Pueblo de San Ildefonso
Museum and Cultural Center (MCC)

MCC Community Meeting

Thursday October 7
5:30 p.m.
El Rancho Center

or join us on Zoom!



[Link to Zoom](#)

ID: 643 555 0267

Password: MCC2020

DISCUSSION ITEMS:

- Draft mission and vision statements
- Draft core values
- Possible site locations

DRAFT MCC Mission Statement: (for discussion)

*Our Place. Our People.
Our songs and stories.
Our history and traditions.
Our future.*

***** Please RSVP by October 6*****

via [Email](#) or Text

This meeting will be held in compliance with the current EO and CDC guidelines.

conducted by
Barbara Felix Architecture + Design
and the
San Ildefonso Planning Group



Barbara Felix Architecture + Design
We create Woven Architecture™

Questions, comments, or more thoughts?
Call us at 505-820-1555
Text to 330-201-1134
or email sanimcc@bjfelix.com

Pueblo de San Ildefonso

Natural Resources Department

October 2021

Welcome!

We would like to announce and welcome our new Tribal Assistant Ranger, Ian Fender.

Now Open

San Ildefonso Pond and Recreational Area will be open and free to all Community Members 8 a.m. to 5 p.m. starting October 1, 2021. We would like to encourage you to enjoy the area which has a walking trail. In lieu of the Covid-19 Pandemic, we would like to encourage you all to go out for some fresh air, open space, and enjoy Mother Nature.

Hunting

Permits for the Rifle Hunt will go on sale November 2, 2021.

To purchase, please contact:

Tribal Ranger, Jose Aguilar, at (505)219-7552 or by email at jaguilar@sanipueblo.org

Natural Resources Director, Lawrence Atencio, at (505)455-4138 or by email at natural.resources@sanipueblo.org



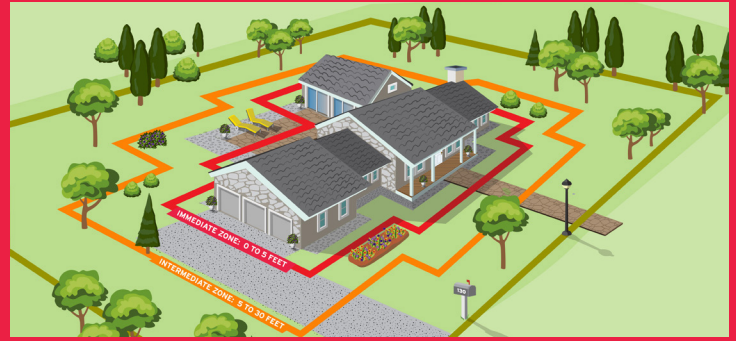
Safety

Be fire wise and treat hazardous fuel loading around your home and structures.

<https://www.nfpa.org/Public-Education/Fire-causes-and-risks/Wildfire/Firewise-USA>

HOW TO PREPARE YOUR HOME FOR WILDFIRES

WILDFIRE RISK REDUCTION STEPS THAT CAN MAKE YOUR HOME SAFER DURING A WILDFIRE



■ VEGETATION MANAGEMENT

1. HOME IGNITION ZONES

To increase your home's chance of surviving a wildfire, choose fire-resistant building materials and limit the amount of flammable vegetation in the three home ignition zones. The zones include the **Immediate Zone**: (0 to 5 feet around the house), the **Intermediate Zone** (5 to 30 feet), and the **Extended Zone** (30 to 100 feet).

2. LANDSCAPING AND MAINTENANCE

To reduce ember ignitions and fire spread, trim branches that overhang the home, porch, and deck and prune branches of large trees up to 6 to 10 feet (depending on their height) from the ground. Remove plants containing resins, oils, and waxes. Use crushed stone or gravel instead of flammable mulches in the **Immediate Zone** (0 to 5 feet around the house). Keep your landscape in good condition.

■ FIRE RESISTIVE CONSTRUCTION

3. ROOFING AND VENTS

Class A fire-rated roofing products, such as composite shingles, metal, concrete, and clay tiles, offer the best protection. Inspect shingles or roof tiles and replace or repair those that are loose or missing to prevent ember penetration. Box in eaves, but provide ventilation to prevent condensation and mildew. Roof and attic vents should be screened to prevent ember entry.

4. DECKS AND PORCHES

Never store flammable materials underneath decks or porches. Remove dead vegetation and debris from under decks and porches and between deck board joints.

5. SIDING AND WINDOWS

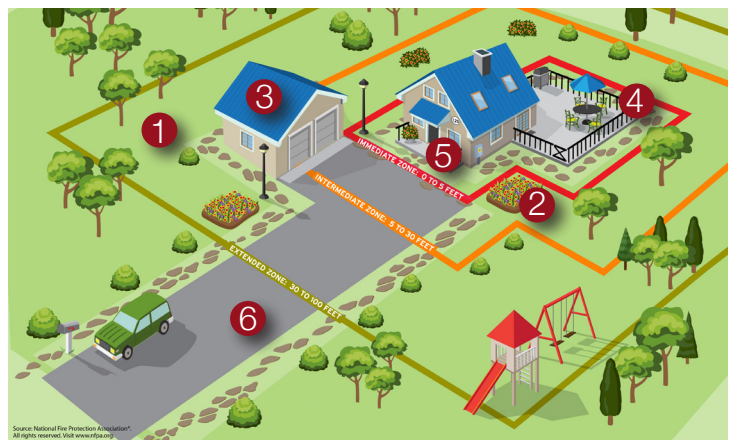
Embers can collect in small nooks and crannies and ignite combustible materials; radiant heat from flames can crack windows. Use fire-resistant siding such as brick, fiber-cement, plaster, or stucco, and use dual-pane tempered glass windows.

■ BE PREPARED

6. EMERGENCY RESPONDER ACCESS

Ensure your home and neighborhood have legible and clearly marked street names and numbers. Driveways should be at least 12 feet wide with a vertical clearance of 15 feet for emergency vehicle access.

- Develop, discuss, and practice an emergency action plan with everyone in your home. Include details for handling pets, large animals, and livestock.
- Know two ways out of your neighborhood and have a predesignated meeting place.
- Always evacuate if you feel it's unsafe to stay—don't wait to receive an emergency notification if you feel threatened from the fire.
- Conduct an annual insurance policy checkup to adjust for local building costs, codes, and new renovations.
- Create or update a home inventory to help settle claims faster.



**TALK TO YOUR LOCAL FORESTRY AGENCY
OR FIRE DEPARTMENT TO LEARN MORE
ABOUT THE SPECIFIC WILDFIRE RISK
WHERE YOU LIVE.**



FIREWISE USA®
RESIDENTS REDUCING WILDFIRE RISKS

VISIT [FIREWISE.ORG](https://www.firewise.org) FOR MORE DETAILS

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Order a Reducing Wildfire Risks in the Home Ignition Zone checklist/poster at [Firewise.org](https://www.firewise.org)

STUDENT SUCCESS AGENCY

KICK-OFF EVENT FOR STUDENTS IN 8TH GRADE THROUGH 1ST YEAR OF COLLEGE

San Ildefonso pueblo library (tuesday, October 5th @ 6 pm)

IF YOU PLAN TO ATTEND EITHER IN PERSON or VIRTUALLY, YOU MUST CALL THE LIBRARY @ 455-2635 TO INFORM STAFF and RECEIVE LINK TO MEETING.

What students get when they sign up:

- Access to safe and secure mentoring anywhere, anytime
- Monthly messaging about college, career, and life success
- On-demand tutoring and homework help from subject matter experts
- Resources for FAFSA completion and scholarships
- Access to college advising specialists

Top of the line student safety:

- Rigorously vetted Agents with top of line background checks
- No personal contact of your child shared
- All communication is monitored
- Full-time safety specialist is staffed to handle mental health situations

Proven postsecondary results:

- Students are 3.6X more likely to matriculate to college
- Students increase academic performance
- Students overcome emotional barriers to postsecondary success
- Student increase their financial aid qualifications
- Students understand the complexities of the college process

For more Information on SSA, visit studentsuccess.co/launch



FAFSA/College Readiness Workshops



September 28, 2021 at 6pm VIA Zoom: Pre-FAFSA College Readiness Workshop

October 12th at 6pm: FAFSA Workshop

October 19th at 6pm: FAFSA Workshop

October 26th at 6pm: FAFSA Workshop

All Workshops will be held at the Library!

Useful information each night to guide you through the college application process

*Food and refreshments will be provided

* Nightly raffles with multiple winners every night

** Be entered to win a monthly \$500 raffle through New

Mexico Educational Assistance Foundation

Hosted by Education Department

Contact Library for more Info!

NM High School Seniors

Win \$500

**Register to win Scholarships
and Prizes for Completing
your FAFSA**



Native American
College Fair

SAVE THE DATE

October 8, 2021

CAREER & COLLEGE PLANNING FOR OUR FUTURE

Students learn about college life,
courses and admission &
financial aid requirements.

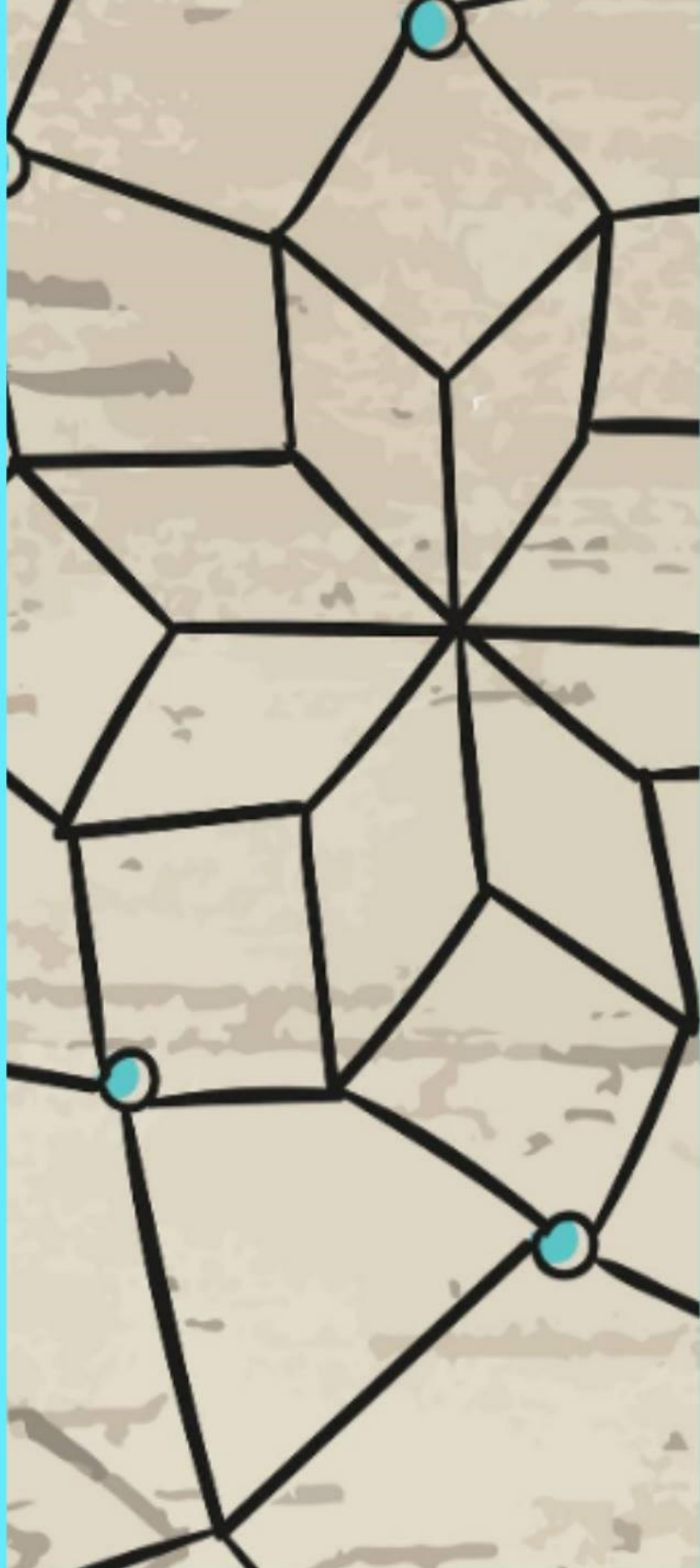
DETAILS:

- Website Based Virtual College Fair
- National Focus & Outreach
- Participating Colleges, Programs and Financial Aid Opportunities offer Native American Specific Supports

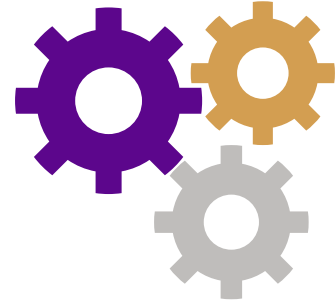
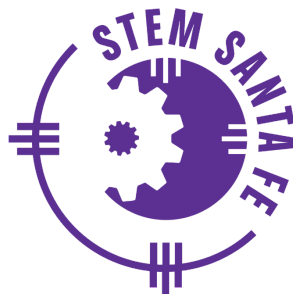
SECTIONS

- Schools & Programs
- Financial Aid Opportunities
- Speakers: Native American College Students and Professionals
- Resources

[FACEBOOK.COM/NATIVEAMERICANCOLLEGEFAIR](https://www.facebook.com/NATIVEAMERICANCOLLEGEFAIR)



REGISTRATION OPEN!



STEM PATHWAYS FOR GIRLS CONFERENCE

For girls in 5th-8th grade

Saturday October 30, 2021

Santa Fe Community College
(in-person workshops)

Keynote speakers (Virtual, live on YouTube)



Rebecca Erikson

Senior Staff Scientist

Pacific Northwest National Laboratory

Opening Keynote: Friday, October 29 - 5:30pm (MST)



Dr. Donna J. Nelson, FRSC, FACS

Professor of Chemistry

University of Oklahoma

Closing Keynote: Saturday, October 30 - 5:30pm (MST)

Register @ www.stemsantafe.org

Earth Stewardship
through
STEM





2021 Regular Local Election Calendar

Sept.
18th

TRANSMISSION OF UNVOTED MILITARY-OVERSEAS BALLOTS TO FEDERAL QUALIFIED ELECTORS.

Not later than forty-five (45) days before an election, even if the forty-fifth (45) day before an election falls on a weekend or a holiday. The appropriate clerk shall transmit a ballot and balloting materials to all federal qualified electors who by that date submit a valid military overseas ballot application. (1-6B-7(A) NMSA 1978).

Oct.
5th

VOTER REGISTRATION CLOSURES FOR THE REGULAR LOCAL ELECTION (BY MAIL OR ONLINE)
SAME DAY REGISTRATION THROUGH OCT. 30, 2021.

The deadline to register to vote or update existing voter registration is twenty-eight (28) days prior to that election. This is applicable only to mail-in or online registration applications.

Oct.
5th

ABSENTEE VOTING / EARLY VOTING BEGINS.

Mailed ballots shall be sent to applicants beginning twenty-eight (28) days before the election. Commencing on the twenty-eighth (28) day preceding the election during the regular hours and days of business at the county clerk's office and from 10:00 am to 6:00 pm on the Saturday immediately prior to the date of the election, early voting shall be conducted in each office of the county clerk. 1-6-5 (F) & 1-6-5,7 (A), NMSA 1978

EARLY VOTING BEGINS AT ALTERNATE SITES.

Commencing on the third Saturday prior to a statewide election and ending on the Saturday immediately prior to the date of the election. Early voting location shall be open each day of early voting for at least eight-consecutive hours. Alternate voting locations may be closed Sundays and Mondays during the early voting period. 1-6-5.7 (B) (2) NMSA 1978

Oct.
28th

ABSENTEE APPLICATION DEADLINES – TIMELY RECEIVED.

The county clerk shall mark each completed application for a mailed ballot with the date and time of receipt in the clerk's office and enter the required information in the ballot register. The county clerk shall then determine if the applicant is a voter and if the voter is a uniformed service voter or an overseas voter. If the applicant is a uniformed-service voter or overseas voter, the application shall be processed pursuant to the UMOVA 1-6-5 (A) & 1-6-6B-6 (D), NMSA 1978

Oct.
30th

EARLY VOTING ENDS.

During the regular hours and days of business at the county clerk's office and from 10:00 am to 6:00 pm on the Saturday immediately prior to the date of the election. 1-6-5.7 (A), NMSA 1978

Nov.
2nd

LOCAL ELECTION DAY | POLLS OPEN 7:00AM TO 7:00PM

A regular local election shall be held on the first Tuesday after the first Monday in November of each odd-numbered year. Except as otherwise provided in the Local Election Act, local elections shall be called, conducted and canvassed as provided in the Election Code. 1-22-3, NMSA 1978

Governor.

9/23/21

The family of Our beloved "REDcloud" (Kenneth A. Atencio) would like to Thank-you all for your Support and Help during our difficult loss. Many people who knew RED, knew he was a caring, unselfish ~~man~~ hard working man, with a great sense of humor, he was unique in his own way. RED was a firefighter for NPA for many years and also worked in the Construction field. RED will be greatly missed.

All of the "POH-SEE-BUU" family Naranjo family (Elaine) would like to Recognize and Thank the following.

San Ildefonso Pueblo Governor Chris Maguino

CHR Thelma Gonzalez

Claudine Martinez

Santa Fe Hospice Care Center

Rivera Family Funeral Home

Santa Clara Police Dept

Pajarque Police Dept

Please if we forgot to mention anyone else for your help during this hard time it was not intentional God Bless each and everyone of you for your hard work

From The "Poh-see-buu"

Naranjo family