

Pueblo de San Ildefonso Bulletin September 2021

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Council Meeting Dates

Tuesday, September 14, 2021 at 5:10 pm

Wednesday, September 29, 2021 at 5:10 pm

Food Distribution

Friday, September 17, 2021

10 am to 12 pm (Noon) at the Gym

One box per tribal member household.

Please make room in your vehicles, minimize the number of passengers, stay in your car, and wear a mask.

Office Closure

All Tribal Offices will be closed Monday, September 6, 2021 in observance of Labor Day.

Tribal Office Contacts

A Tribal Employee Directory has been added to the pueblos website. To get it visit sanip.org, click on the tab labeled Programs, and there will be a link to the Staff Directory in PDF format.

Contact Us:

2 Tunyo Po, Santa Fe, NM 87506

Phone: (505) 455-2273

Fax: (505) 455-7351



LEGISLATIVE UPDATE

SEPTEMBER 2021

Council Meeting Dates

Tuesday, Sept. 14, 2021, 5:10pm
Wednesday, Sept. 29, 2021, 5:10 pm

Council Working Session Dates

Wednesday, Sept. 8, 2021, 5:10 pm
Thursday, Sept. 23, 2021, 5:10 pm

Senior Meeting

Wednesday, Sept. 15, 2021,
10:30 am

With the COVID-19 delta variant rising, we remind all to be cautious, wash hands, use sanitizer and avoid unnecessary outings and travel. We must all work together to slow the spread!

Lt. Governor Raymond Martinez
(505) 455-4127
rjmartinez.tc@outlook.com

Council Secretary Terrence Garcia
(505) 455-4113
sec.tc@outlook.com

Legislative Manager Brandi Martinez
(505) 455-4150
brmartinez.tc@outlook.com

Elections are quickly approaching. Some dates to remember are:

Primary Election: October 30, 2021

General Election: December 1, 2021

All tribal members age 18 and over by the date of the elections, are eligible to vote.

The nomination period for candidates begins September 1-15, 2021

Council Meeting and Working Session Attendance 2021

Note: Governor is included in the Council Meeting list. Meetings are from January—August 2021.

COUNCIL MEETINGS	NUMBER OF MEETINGS ATTENDED	NUMBER OF MEETINGS ABSENT
Chris Moquino (Governor)	14	0
Raymond J. Martinez (Lt. Governor)	14	0
Terrence K. Garcia (Secretary)	11	3
Thelma Gonzales	14	0
Thomas Gonzales	12	2
M. Wayne Martinez	12	2
Nichole S. Martinez	12	2
Denise Moquino	14	0
James L. Naranjo	13	1
Leon Roybal	14	0
Nathan Sanchez	14	0

COUNCIL WORKING SESSIONS	NUMBER OF MEETINGS ATTENDED	NUMBER OF MEETINGS ABSENT
Raymond J. Martinez (Lt. Governor)	22	0
Terrence K. Garcia (Secretary)	21	1
Thelma Gonzales	22	0
Thomas Gonzales	21	1
M. Wayne Martinez	19	3
Nichole S. Martinez	19	3
Denise Moquino	22	0
James L. Naranjo	22	0
Leon Roybal	21	1
Nathan Sanchez	21	1



Pueblo de San Ildefonso

Office of the Governor

NOTICE TO COMMUNITY

FUTURE PLAN FOR SAN ILDEFONSO HOUSING ACTIVITIES

August 2021

After many long discussions and after an in-depth review of the housing activities carried out by the Northern Pueblos Housing Authority (NPHA) on behalf of the Pueblo de San Ildefonso. An analysis of the housing needs of San Ildefonso Pueblo, and if those needs are being met through NPHA. The Pueblo de San Ildefonso and Pueblo of Tesuque have decided that each Pueblo will be able to more efficiently and effectively carry out their respective housing goals by creating an internal housing department or entity within each Pueblo.

To allow Pueblo de San Ildefonso to create an internal housing department or entity, NPHA will first need to be dissolved. This will allow the Pueblo to apply for federal and state housing funding separately, and develop and manage its own housing in relationship to the Pueblo's housing goals. Having a separate housing department or entity will accomplish the following:

1. Develop and implement housing goals and 5 and 10 year housing plans
2. Implement a mortgage loan program
3. Manage housing under management in accordance with federal requirements and occupancy agreements
4. Account for funding in accordance with standard accounting practices
5. Develop and implement a reporting system
6. Have a local office that tribal members can access

The Pueblo de San Ildefonso hopes to create its housing department or entity by early next year. The remainder of this year will be spent separating the assets and liabilities of each Pueblo held by NPHA and dissolving NPHA. A status report will be provided to the community on a regular or as needed basis. In the meantime, the NPHA will continue to function as the Pueblo's Housing Authority and housing payments and other communications about housing must still be directed to NPHA until further notice.



Pueblo de San Ildefonso
Election Commission

NOTICE

NOTICE IS HEREBY GIVEN by the Pueblo de San Ildefonso Election Commission that, pursuant to the *Governing Agreement* adopted on December 21, 2011, there shall be a **GENERAL ELECTION** on the first day of December of each year. Pursuant to the Pueblo's Election Law, there shall be a **PRIMARY ELECTION** on the last Saturday of October each year.

As required by the Governing Agreement, the Pueblo of San Ildefonso is seeking Nomination of Candidates for five Council Representatives, one Election Commissioner and one Supreme Court Justice. The Election Law requires the Pueblo to take "nominations of persons seeking elective office" beginning September 1st and ending September 15th.

Each nominated candidate is required to submit to a Criminal Background check and the results shall be made available to any enrolled Member of the Pueblo, as required by the Agreement, Section 2 Election Commission, (d).

CANDIDATE NOMINATION PERIOD

DATE: September 1st through September 15th, 2021

PRIMARY ELECTION

DATE: Saturday, October 30, 2021

GENERAL ELECTION

DATE: Wednesday, December 1, 2021

Open Seats: The following seats will be filled in the General Election

5 Council Representatives
1 Election Commissioner
1 Supreme Court Justice

Nominations for Office

Any qualified person wishing to run for office must complete a Candidate Nomination and Criminal background form. Candidate Nomination and Criminal Background forms are available at the Governor's Office, Legislative Office or through any of the Election Commissioners (EC's). Completed forms may be returned to any of the Election Commissioners.

Please Note: As required by the Governing Agreement, a criminal background check will be conducted on all candidates for elective office, and the results of the background checks will be made available to any member of the Pueblo upon request.

DEADLINE TO FILE A CANDIDATE NOMINATION FORM IS:

Wednesday, September 15, 2021 by 4:30 p.m.

SEPTEMBER 15TH, CANDIDATE NOMINATION FORMS WILL BE ACCEPTED AT THE SAN I LIBRARY FROM 8:00 AM TO 4:30 PM.

After the passage of the Candidate nomination deadline, the Election Commission will post a list of candidates and a list of eligible voters by **September 16, 2021.**

Qualifications

The Agreement sets the qualifications to run for open seats as follows:

- | | |
|--------------------------------|--|
| Council Representative: | Member of the Pueblo at least 25 years old (A person who "wins" a Council Representative seat must establish residency within the exterior boundaries of the Pueblo within thirty days). |
| Election Commissioner: | Enrolled Member of the Pueblo. No minimum qualifications. |
| Supreme Court Justice: | Enrolled Member of the Pueblo. All Justices shall be at least 30 years of age and have no Felony convictions in any Jurisdiction. |

Voting Age

Any Member of the Pueblo age eighteen (18) or older by October 30, 2021, shall be entitled to vote in the Primary and General Election. Any Member of the Pueblo age 18 or older, as of October 30, 2021, will be permitted to vote in-person at the polling place during voting hours. The Election Commission will post a preliminary list of eligible voters at the designated locations of the Governor's Office, Tewa Center, public bulletin boards, and other public locations, along with notice to the Governor and the Lieutenant Governor, at the earliest possible time after the end of the challenge period or the completion of the challenge appeal process. Any Member of the Pueblo may challenge a name on the voters list and/or may challenge the omission of a name from the voters list by submitting a written challenge to the Election Commission by September 30th, 2021 by 4:30 pm. The Election Commission will rule on all challenges and will post a final list of eligible voters by October 15th, 2021.

Any questions regarding elections can be directed to the ELECTION COMMISSION: Melanie Gonzales, Chair (505) 365-3393, Myra Garcia, Vice-Chair (505) 470-5609, Brandi Martinez, Secretary (505) 692-3310, Bernice Martinez, Treasurer (505) 660-0149, Aaron Gonzales, Election Commissioner, luvdajee@yaho.com

The following documents are available at the Governor's Office or from any Election Commissioner: Governing Agreement, Election Law, Candidate Nomination/Background Check Form.



*Pueblo de San Ildefonso
Election Commission*

CANDIDATE NOMINATION FORM

I, _____, (PRINT NAME) hereby submit my name as a candidate for the following office:

- ☐ **Council Representative:**
Candidates for Council Representatives shall be enrolled Member of the Pueblo, and at least twenty-five years old on the deadline date for filing candidacy. Once a candidate is sworn in as a Representative, the Representative shall have thirty days to establish residency within the exterior boundaries of the Pueblo as defined at the time of the adoption of this Agreement.
- ☐ **Election Commissioner:** Enrolled Member of the Pueblo. No minimum qualifications
- ☐ **Supreme Court Justice:** Enrolled Member of the Pueblo. All Justices shall be at least 30 years of age and have no Felony convictions in any Jurisdiction.

Certification of Candidate Qualifications

By signing below, I hereby certify that I meet the qualifications for elective office, and that upon election to office, I will follow the requirements for office including any requirement to establish my residency within the exterior boundaries of the Pueblo.

Under the Amended Election Law: Article III – Nominations; Section 1. Nominations, A Self – Nomination, 1. Any qualified member of the pueblo may submit his or her name in writing to the Election Commission as a candidate for elective office, along with a **non-refundable fee of \$25.00.**

Consent to a Criminal Background Check

By signing below, I hereby give my permission to the Pueblo de San Ildefonso Election Commission and its agents and representatives to conduct a criminal background check on me and to make the results of such background check available to any Member of the Pueblo upon request. I hereby authorize the custodians and their representatives of records and sources of information, including any Tribal Court records, to furnish the information to the Pueblo de San Ildefonso Election Commission and/or its agents and representatives with the information requested in the process of a background check. I understand that the background investigation will include criminal record history, whether or not such information would otherwise be protected from disclosure by any constitutional, statutory or common law privilege.

I hereby agree to accept all risks of adverse public notice that may result from use of information obtained in connection with this criminal background investigation. I hereby agree to indemnify and hold harmless any person to whom this is lawfully presented and his agent and employees from and against all claims,

damages, losses, and expenses, including reasonable attorney fees, arising out or by reason of complying with this request.

By signing below, I hereby acknowledge that I will be required to complete and sign an electronic email verification sent to me by **FIRST CHOICE BACKGROUND** within **2 days** of receiving **FIRST CHOICE'S** email to authorize the release of my investigative information. I understand that my nomination as a candidate for an elective office will only be considered upon the completion of this **FIRST CHOICE EMAIL VERIFICATION**.

YOU MUST COMPLETE A SEPARATE CONSENT FORM AUTHORIZING A CRIMINAL BACKGROUND CHECK.

IF YOU DO NOT COMPLETE THE SEPARATE CONSENT FORM, YOU WILL NOT BE PLACED ON THE BALLOT AS A CANDIDATE.

Address: _____

Social Security Number: _____

Date of Birth: _____ Telephone Number: _____

Printed Name

Signature

Date

SUBMIT A COMPLETED CANDIDATE NOMINATION FORM TO:

ELECTION COMMISSIONERS: Melanie Gonzales, Chair (505) 365-3393,
Myra Garcia, Vice Chair (505) 470-5609, Brandi Martinez, Secretary (505) 692-3310,
Bernice Martinez, Treasurer (505) 660-0149, Aaron Gonzales, Member, luvdajeep@yahoo.com

**DEADLINE TO SUBMIT A COMPLETED CANDIDATE NOMINATION FORM
AND CONSENT FORM FOR THE GENERAL ELECTION:**

September 15th at 4:30 PM AT THE LIBRARY

FROM SEPTEMBER 1ST – 15TH, CANDIDATE NOMINATION FORMS CAN BE ACCEPTED BY
ANY OF THE ELECTION COMMISSIONERS.

DISCLAIMER: This document is intended for instructional purposes only and is not intended as legal advice. We recommend you consult with an attorney to review this document and the attached state notices regarding your compliance with the Fair Credit Reporting Act (15 U.S.C. § 1681 et seq.) and applicable state laws related to background screening and consumer notices and disclosures.

NOTICE – BACKGROUND INVESTIGATION

In connection with your employment application with **[Pueblo de San Ildefonso]** (the "Company"), this notice is intended to inform you that a consumer report and/or investigative consumer report may be obtained on you from a consumer reporting agency for employment purposes. These reports may contain information about your character, general reputation, personal characteristics and mode of living. They may involve personal interviews with sources such as your neighbors, friends or associates. The reports may also contain information about you relating to your criminal history, credit history, driving and/or motor vehicle records, education or employment history, or other background checks. Your report may be shared with the company you will be placed with.

You have the right, upon written request made within a reasonable time after the receipt of this notice, to request disclosure of the nature and scope of any investigative consumer report prepared by contacting the Company and **First Choice Background Screening** – Phone: **888-222-6988 x7808**. For information about **First Choice Background Screening** privacy practices see www.firstchoicebackground.com. The scope of this notice and below authorization is not limited to the present and, if you are hired, will continue throughout the course of your employment and allow the Company to conduct future screenings for retention, promotion or reassignment, as permitted by law and unless revoked by you in writing.

ACKNOWLEDGEMENT AND AUTHORIZATION

By signing below I hereby authorize the obtaining of consumer reports and/or investigative consumer reports by the Company at any time after receipt of this authorization and throughout the course of my employment, if applicable.

Last Name _____ Suffix: _____ First _____ Middle _____
Other Names/Alias _____
Social Security # _____ Date of Birth _____
Driver's License # _____ State of Driver's License _____
Present Address _____ Phone Number _____
City/State/Zip _____
Email Address _____

Signature: _____ Date: _____



Pueblo de San Ildefonso
Election Commission

Council Representatives

Term ends December 31, 2021

Garcia, Terrence
Gonzales, Thelma
Martinez, M. Wayne
Naranjo, James L.
Roybal, Leon

Election Commissioner

Term ends December 31, 2021

Martinez, Bernice R.

Supreme Court Justice

Term ends December 31, 2021

Martinez, Sheila



PUEBLO DE SAN ILDEFONSO
Human Resources Office
02 Tunyo Po
Santa Fe, NM 87506

EMPLOYMENT OPPORTUNITIES

Updated August 26, 2021

Administrative Assistant (Part Time)

Assistant Tribal Ranger (Full Time)

Healthy Kids Coordinator (Full Time)

Parks and Wildlife Manager (Full Time)

Tewa Language Instructors (Contractual)

*All Positions Open Until Filled
Native American Preference*

Please Contact Human Resources for additional information by position.

APPLICATION: A job description and employment application are available in the Human Resources office or via email. Please call ahead to schedule an appointment for in person assistance. Please feel free to call 455-4155 with any questions.



PUEBLO DE SAN ILDEFONSO

Human Resources Department

02 Tunyo Po

Santa Fe, NM 87506

Internship Vacancy Announcement

Re-advertisement

August 26, 2021

Inviting applications for a Summer Database Administrator intern at our Department of Environmental and Cultural Preservation. The internship is open to college students, recent high school graduates and high school seniors with interest in the field of Computer Technology with a minimum of one year of experience in networking or computers.

The internship offers exposure to the many facets of Database Administration, such as working with a computer server, creating and designing software that will read and write data to and from the data base.

The Database Administrator intern will work with the Database Manager to assist in the day-to day administration, support and ongoing enhancement of DECP's database Infrastructures.

Summer Internship will last through August/September.

Deadline to apply: Open Until Filled

Tribal Preference and Native American preference shall apply

Employment applications are available by contacting Human Resources at 455-4155. You may also email a resume to karquero@sanipueblo.org



Senior Meeting Agenda

Wednesday September 15, 2021 10:30 AM

Via Zoom

Call Meeting to Order

Invocation by Invite

Minutes of last meeting –August 18, 2021

Presentation(s)

Barbara Felix on the Museum and Cultural Center

Senior Logo (attached as PDFs)

Survey Results on Outings

And schedule of Outings

Concerns by Seniors

Benediction by invite

If you want something else on the agenda, please send an email to: tsd@sanipueblo.org or contact Stuart at 455-4105

The council room will be available for the seniors who don't have zoom who wants to be in the zoom meeting and does not have such ability at their home.

Join Zoom Meeting

<https://us02web.zoom.us/j/83226071184?pwd=bi96OWl5Kyt6cjh0WGRvcU4THdKQT09>

Meeting ID: **832 2607 1184**

Passcode: **213618**

Call in: **1 (720) 928-9299**

If you don't have such capabilities, you can always just call one of the phone numbers listed above and punch in the Meeting ID and Passcode and you will be brought in to the meeting and you will be able to hear and talk with others in the meeting.

ECHO
ALBUQUERQUE
FREE FOOD
FOR *Seniors*
AGES 60 AND OLDER



CSFP - Commodity Supplemental Food Program provides nutritious food monthly to supplement seniors at risk of malnutrition.

CSFP Income Guidelines

No. of Household Members	Monthly Income
1	\$1,396
2	\$1,888
3	\$2,379
4	\$2,871

ECHO Albuquerque reaches more communities like: Belen, Bernalillo, Grants, Jemez, Espanola, Ranchitos, & Santa Fe

Documents you will need to apply:

- Picture ID (for proof of age)

Give us a call for any questions

ECHO ALBUQUERQUE FREE FOOD FOR SENIORS
505-242-6777 | INFO@ECHOINC.ORG
FOLLOW US ON FACEBOOK! @ECHOABQ

All-in-one computers, surplus computers, Chromebooks, Internet

For those who requested an All-In-One Computer, please pick up it up by September 9th or it will be given to another member. If you are interested in getting an All-In-One or a surplus desktop, please contact the Tribal Services Director (Stuart Christian) at 455-4105 or tsd@sanipueblo.org

If you are a Student, the Library may have Chromebooks for you to use. Check with them at (505) 455-2635. In addition, please contact Leni Pinyan, our Controller, and she may be able to set you up with internet reimbursement.

Icons and Pictures needed

We are revamping our website and need icons and pictures for it. Icons are just small graphics or small pictures which people click on to go to a different page or area of a website. Please go to the current interim website at www.sanip.org and look through the "Programs" menu area. The icons you see represent programs but they need to be redone. If you do click on the programs you will see some information about them with pictures/graphics but some don't have any. We would like to add more or better pictures for each of them.

So, if you want to help, submit a graphic or picture by email to tsd@sanipueblo.org. Indicate whether it is for an icon or a regular picture and indicate which program it is for.

We also need pictures for other areas of the website. So look browse around the website and if you realize that you have a picture that would help the website look better, send it in!

We hope to have the new revised website up and running before the end of September. Please remember that you can go to the website now for bulletins, senior updates, and other information regarding the pueblo such as notices.

We look forward to seeing your entries. Thank you!

Chromebook Release of Liability

The internet is a wonderful place with much information and graphics to view. Some of these graphics and information can be considered terrible or even pornographic and not for children.

You may have a family member that has borrowed a Chromebook from our Education Department. This will give your family member access to the internet. This internet will be unfiltered.

It is your responsibility to ensure that your child has an internet filter installed if you wish to prevent your child from being exposed to the darker areas of the internet.

The Chromebook does have a parental filter which you can enable. Here are links to explain:

<https://www.businessinsider.com/how-to-set-parental-controls-on-chromebook>

<https://www.wsj.com/articles/how-to-set-up-parental-controls-on-chromebooks-for-kids-and-teens-11598792400>

<https://protectyoungeyes.com/devices/chromebook-parental-controls/>

There are also paid services you can use – just google for “parental control chromebook”

You are hereby notified that the Pueblo will not be responsible for your child’s internet searches which may expose your child to pornography, gaming sites, hate sites and other sites you may not want your child to find.

By signing below you acknowledge this notice and release the Pueblo from liability as discussed above.

Signature of Parent/Guardian

Date

Please return this form to the Governor’s Office, or the Education Department.

Name of Child(ren)

Chromebook/iPad #



Pueblo de San Ildefonso

Public Notice

Tribal Members 18 years old and up who have been fully vaccinated by September 30th, 2021 are still eligible to receive the \$100 incentive. You must submit a copy of your vaccination card to the Accounting Office at the Administration Building, by email: accountspayable@sanipueblo.org or by fax at (505)455-1359. Please contact Accounts Payable at (505)455-2273 if you have any questions.

In addition, those that are 12 years old and up and that turn in a copy of their vaccination card can still receive a \$50 gift card courtesy of the Health and Human Services Department. Once you receive your card, please follow all directions on its packaging as it gives specific directions depending on where and how you are using the card. Please call the Receptionist at (505)455-2273 if you have any questions.

Please note that these are not new distributions but continuations of previously advertised incentives.

September 2021



**San Ildefonso Library /
Learning Center**
Phone: (505) 455-2635
Fax: (505) 455-2641

Rick Juliani
Education Director
Cell: (505) 321-9694
rick.juliani@sanipueblo.org

Bernice Martinez
Education Director Assistant
Cell: (505) 660-0149
bmartinez@sanipueblo.org

Aaliyah Gonzales
Librarian / Tutor
agonzales@sanipueblo.org

NM OVERDRIVE

**All members
wanting to use
Overdrive will
need to sign up for
a library card!**

**Please call
Aaliyah to sign
up for a library
card OR visit our
catalog to sign
up yourself!**



Department of Education

After School Program

September 13th, 2021-May 19th, 2022
3pm-5pm (Mondays through Thursdays)

Kindergarten-12th Grade

**First Come, First Serve Basis. Please contact the Library for a
Registration Form!**

COVID protocols and practices will be followed.

Suggestions!

**If you have any suggestions for books, movies, TV
shows, audiobooks or E-books, please contact Aaliyah
Gonzales at the Library!**



Appointment Only!

**The Ed. Dept. is returning to an
Appointment Only basis! We are
asking that you call to make an
appointment before you come into
the Library.**



School Supplies

**The Ed. Dept. still has
school supplies for students
who need them! Call Bernice
for more information!**



WELCOME!

Please welcome the Pueblo de San Ildefonso's new Education Director, Rick Juliani. Mr. Juliani has been an educator for roughly 30 years mostly in Native American communities in Arizona and New Mexico, including Hopi land and Santa Clara Pueblo. The son of a retired university professor and schoolteacher, Rick was born and raised in Philadelphia, Pennsylvania, and earned a B.A. in History and Art History from the University of Notre Dame and his M.A. in American Indian Studies from the University of Arizona. Rick has worked in education as a teacher, tutor, instructional coach, director of instruction, and school administrator, primarily in indigenous communities in northern Arizona and New Mexico since 1990, when he first moved to the Hopi village of Kykotsmobi to serve as a volunteer teacher. In his free time, Mr. Juliani enjoys gardening, reading, spending time with his dogs, tinkering with his old car, and volunteering at a local animal sanctuary where he takes care of elderly dogs and horses.

**Welcome To Our
TEAM**

DECP News

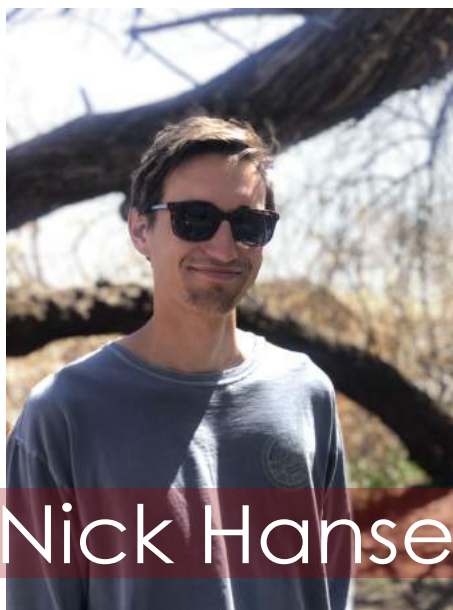


Be'po'wa've OUR NEW TEAM MEMBER

My name is Nick Hanser and I am a new hire to the Pueblo de San Ildefonso. I was hired to take on the role of GIS/GPS specialist and I am excited to begin work with the Pueblo. I am initially from Western Montana but have spent the last four years going to college in Salt Lake City and very recently moved to Santa Fe.

I am an avid outdoorsman and enjoy fishing, running, rock climbing and gardening. These interests have always brought me close to the natural world and have sparked a curiosity for the preservation of our natural resources. The setting of the work presents interesting challenges that I will be eager to take on and I am appreciative of the opportunity to do so.

I am hoping that my work and passion for the natural environment can benefit both the land and the community. I look forward to the work that we will be doing and the positive impacts that we at DECP can make.



Nick Hanser

3rd Quarter

Na'in bin
ung sha

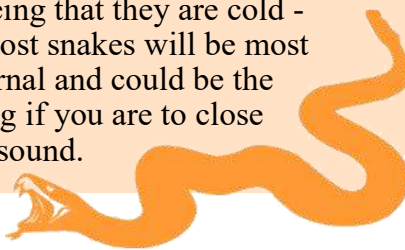
The mission of DECP is to preserve and protect the natural environment and the cultural resources of the Pueblo de San Ildefonso, to assess risks to human health and welfare, both quantitatively and qualitatively, and protect the health and welfare of the Tribal community.

RATTLESNAKES, be on alert!

By Thomas Martinez, Environmental Field Assistant

Well its almost fall again, that means the days are warm and the nights are cool. It's time for animals to get ready for winter and seeing a lot more types of animals looking for food. What comes is predators looking to follow their food. One such animal out and about are SNAKES.

With the fall weather, you have a more of chance of seeing a snake. In the mornings many snakes will stretch themselves out on a hot surface to warm their bodies on the roads or on rocks, being that they are cold-blooded animals. The evening time is when most snakes will be most active cause most of the snakes' prey is nocturnal and could be the most dangerous. Snakes will give you warning if you are to close to them with either a hissing sound or a rattle sound.



Emergency contacts: Always call 9-1-1

J.Aguilar, Tribal Ranger (505)219-9183 DECP (505)455-4121

INSIDE THIS ISSUE:

- Rattlesnakes Information continued
- Climate Resilience
- Recycling Information
- DECP Contacts

If you encounter a snake:

1. Stop, stay calm and if possible move back slowly, and yell for help. **SNAKES CAN'T HEAR**, snakes feel and taste the environment around them, snakes see with heat vision type sight.
2. If unable to move or yell. Stay calm most snakes will calm down and move on if it feels the threat is gone.
3. When help arrives tell them stay back, where the snake is at and if possible the type. Using a long stick to move the snake is the best way to get rid of the snake, remember the snake is more scared of you.
4. If bitten try to stay calm to keep the blood flow slow so the venom won't spread though out the body. Tie a rag between the heart and the bite to keep the spread to a minimal. **DON'T NOT SUCK OUT THE VENOM.** Remove jewelry, watches, clothing that would get stuck when the wound starts to swell. **Call 911** but if a bite to the face or a sensitive area of the body seek immediate help. (Espanola Hospital is the only hospital to carry anti-venom in the local area.) The same goes for the family pets, try to keep your pets calm when encountering a snake most people get bitten when they are trying to protect their family pet.

It's only a matter of time that our paths will cross. Snakes are more scared of us, so if one crosses your path **LET IT GO**, cause without them we would be dealing with more rodents that carry animal to human virus. Be careful in the winter months also, snakes could be found under wood piles or piles of weeds, just cause its cold does not mean they're not around. Remember use caution when walking in the morning and evenings and tell the kids to be eyeeful of where they play and **DO NOT TOUCH THE SNAKE**. Be safe and wide eyed out there.

There are five common snakes in the local area



Bullsnake



Garter Snake



**Western Coachwhip
Red Racer**

- ◆ The **Western Diamondback** is a venomous snake with diamond shapes on its back and diamond shaped head, the tail has black and white rings with its rattler.
- ◆ The **Western Prairie Rattlesnake** is smaller and venomous. It is a greenish gray or pale brown color with dark brown shapes down the middle with no rings with its rattler.
- ◆ The **Bull Snake (Gopher Snake)** is non-venomous and has black dots on its underside, black bands down its back, and mimics a rattle snake when scared by coiling up while shaking its tail like a rattle snake, but will make a hissing noise to warn you.
- ◆ The **Garter snake** is non-venomous which can be found along the Bosque and around ditches they prefer a wet type environment. Garter Snake has a yellow or white strip down the middle of its back with brownish and red checker board pattern on its side with a yellow green under belly.
- ◆ The **Western Coachwhip (Red Racer)** is non-venomous and is the most aggressive snake you'll find. Red Racer range in variety of red colors from a pinkish red to a dark red that are strip across its body. It's one of the few snakes able to climb trees. The red racer is known to chase people when it feels threatied it can reach speeds up 5MPH



**Western Diamondback
Rattlesnake**



Western Prairie Rattlesnake



Preserving and Protecting Our Community through Building Climate Resilience *By Abt Associates*

This newsletter...

- Lists the climate hazards faced by the Pueblo
- Describes climate planning efforts and how to access the Pueblo's Climate Action Plan and Story Map
- Shares actions the Pueblo is taking to implement the Climate Action Plan
- Encourages you to get involved in the climate planning process.

Climate Hazards affecting the Pueblo

The Pueblo is already experiencing climate hazards and these hazards are expected to become more intense and frequent in the future. Climate hazards experienced by the Pueblo include:



The Pueblo's Climate Planning Process

Climate change affects Pueblo life, including traditional uses of water, birds, animals, plants, wood, clay, deer, rabbit, turkey, and elk; as well as the spiritual well-being of our Pueblo. There are also human impacts due to the proximity of the Los Alamos National Laboratory, which left a legacy of contaminants in the local environment; for example, wildfires, rainfall, and flooding increase the risk of exposure to these contaminants on the Pueblo.



Hotter temperatures; more intense and frequent extreme heat events



More frequent droughts; increased risk of mega-droughts (droughts that last longer than a decade)



More intense and frequent wildfires



More extreme precipitation with potential for more frequent and intense flooding events



Decreased in snow cover and earlier snow melt; decreased annual flow of the Rio Grande

Na'inbe wo'wahaa'tsi din'pidin'an, Nain'be towa kuu gin, Gin'kon ma'a gin te'e, paa, puu, pindee, daa, p'oe tsideh'e, Tsee'wee'ay, son, pi'in nan. Nang inbin wo'watsi nacha'muu. Los Alamos National Laboratory nako ho'pin k'eweh bugeh. Wen p'oe de yoe'an Na'oepaa p'in k'e weh. Na'e pin'paa, kwan, kwan po. Na'e pin'paa(eeyaa) e'haa'ho, p'oe a suwa de'. Ba'ge na'inbe towa de'haybo.

Continued on next page....



Through a series of community workshops, different groups within the community – including elders, youth, resources managers, and the Tribal Council – identified key aspects of Pueblo life that are critical to preserve and protect, and developed a vision for the community. This community vision integrates four aspects of Pueblo life (the four quadrants) – traditional activities, traditional places, community health, and infrastructure and governance – with broad cross-cutting themes that overlap with these aspects of community life that include traditional knowledge, language, income, spiritual health, water, and food sovereignty (the outer circle). DECP then assessed the vulnerability of each aspect of the community vision and identified adaptation actions that could reduce its vulnerability to climate change.

THAA'EGO- Na'inbe Owinge, Kweeyoe, Saydoo, Ayyaa, heda in Than'the'kiieeay, na'inbe un'shaa. Wow'a'tsi nacha'muu. Na'inbe Nava ay e'hee ami. Nain'be towa kuu, Nain'be Nan ochu kwiyo, K'uu kwa'yeh, Na'inbe Owinge Ge'hay puwi pidi'ee, hadaa in' Menekana be'kuu, Na'in PO'WHO GEH OWINGE be K'uu, un'shaa de ta'nanmidi.'

Founded in a collective vision for the community, this climate planning process aims to ensure that the Pueblo's culture and traditions thrive for future generations. The Climate Action Plan and Story Map provide additional background on the climate planning process and the current actions to reduce the community's vulnerability to climate change.

Implementing Climate Resilience to Preserve and Protect Our Community

Through the climate planning community workshops and follow-up webinars several actions were identified to increase the resilience to climate change. DECP is now applying for grant funding to implement several resilience actions. Examples include:



Evaluation of the Health Effects of Climate Change and Contaminant Exposure

Using climate health load indices for two key climate hazards (heat and wildfire), the study found that the severity of climate-related health impacts could be 90 times worse for the Pueblo by 2050 and nearly 300 times worse by 2090, compared to current conditions.

Through a comparison of pre- and post-storm contaminant concentrations from the September 2013 storm event, the study found that excess cancer risk was greater with post-flood surface water and sediment exposures compared to pre-flood surface water and sediment exposures.

This study was funded through a BIA Resiliency Grant.

Continues next page....

COMING SOON

Climate Action Plan and Climate Story Map

*Access and instructions
to the story map is
forthcoming.*

***Please keep a look
out!***

Implementing Climate Resilience to Preserve and Protect Our Community *Continued*.....



Wildfire Landscape Management Practices

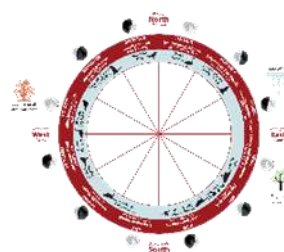
Wildfires can burn important cultural sites and result in flooding and erosion, which exposes Pueblo members to contaminated soils and sediments that are transported from the nearby LANL property. Working closely with members of the Pueblo and other partners, this project will develop a plan that focuses on which landscape management practices can best protect the Pueblo against wildfire-related impacts.

This project is funded by the Southwest Climate Adaptation Science Center.

Supporting

Traditional Agricultural Knowledge by Developing a Resilient Farm Plan

Many Pueblo elders and cultural leaders retain the traditional agricultural practices and knowledge that they learned as children, but this knowledge has not been documented for future generations. This project will document traditional agricultural knowledge, such as dryland farming techniques, and develop a Farm Plan to pass the traditional agricultural knowledge from elders to Pueblo youth and future generations to help preserve important cultural traditions and strengthen resilience to climate impacts.



Enhancing water retention and facilitate groundwater recharge to protect and maintain springs



DECP is currently applying for funding to protect springs from drought to help sustain wildlife and native vegetation, while also ensuring the Pueblo community can visit and use the springs for traditional and cultural practices. If funded, the project would restore areas directly surrounding springs on Pueblo lands and collaborate with upland landowners to identify groundwater recharge areas that feed the springs and assess the need for actions to enhance and/or protect infiltration of precipitation and runoff in the recharge areas.

As opportunities become available, DECP will continue to seek funding to implement climate resilience actions that preserve and protect the community from climate change.

Get involved.

We want your help!



Action Plan is a living document that will evolve and expand with new knowledge, data, and evidence about the impacts of climate change on our community, and as new adaptation strategies are identified. Therefore, DECP wants participation from everyone in the community to continue to develop the Climate Action Plan and implement resilience actions.

There are several ways to get involved...

- You can help us identify and prioritize resilience actions. If you have ideas for resilience actions, please reach out to DECP to get involved in the climate planning process.
- You can get involved in one of the current climate resilience projects, including sharing which landscape management practices you believe can best protect the Pueblo against wildfire-related impacts or providing your expertise on traditional agricultural knowledge!
- If you or your community group wants to learn more about the climate work, DECP welcomes the opportunity to share more information about this work with you.



Preserving and Protecting Our Community through Building Climate Resilience *Continued...*



DECP is particularly interested in working with other departments to develop and implement resilience actions that preserve and protect our community. If you are part of another department and have ideas for potential adaptation actions or want to get involved, please reach out to DECP!

Feel free to contact DECP at (505) 455-4121 or Raymond Martinez at (505) 455-4127.



ALWAYS RECYCLE WHEN YOU CAN

The Transfer Station currently accepts the following items in the

WHITE RECYCLING BIN

Please empty any recyclables that are in dark bags.

RECYCLED BIN
RECYCLE MORE. TRASH LESS.
PLACE CLEAN PLASTIC BOTTLES, CANS, PAPER & CARDBOARD TOGETHER. FLATTEN OR NEST BOXES WHEN POSSIBLE.

 milk cartons, juice boxes, paper coffee cups (empty)	 paperboard (cereal boxes, tissue boxes, paper rolls)	 soft cover books, magazines, catalogues, newspapers & paper bags	 plastic bottles, bags & containers (empty, bags tied together, no styrofoam)
 frozen food boxes & ice cream containers	 cardboard & empty pizza boxes (no cheese, no crust)	 tin cans, aluminum foil, trays (no pots/pans, no silverware, no scrap metal)	 junk mail & phone books
			 all paper, shredded paper (put in clear bag) & wrapping paper (staples, paper clips, spirals OK)

WE DO NOT ACCEPT

Glass, trash, food paint cans, Styrofoam, electronics, clothes hangers, CDs or VHS tapes, rigid plastics (toys, etc.), yard waste, compost, spiral containers.



Pueblo de San Ildefonso

02 Tunyo Po
Santa Fe, NM 87506

Phone: (505) 455-4121

Fax: (505) 455-1120

DECP STAFF

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Water Quality Technician

Tim Martinez
Cultural Resources Advisor

Nick Hanser
GIS/GPS Specialist

Thomas Martinez
Environmental Field Assistant

Neil Weber
Intergovernmental Liaison

Roberta Trujillo
Transfer Station Attendant



Pueblo de San Ildefonso

Poh-Who-Geh-Owinge Department of Environmental & Cultural Preservation

Transfer Station **NEWS**



NEW TRANSITION FOR TRANSFER STATION

Hello Community Members,

We would like to inform you that the Transfer Station services and operations will now be under the direct supervision and support of the Department of Environmental and Cultural Preservation.

We welcome our new staff, Roberta Trujillo, to our department and we look forward to providing our services to the community in a new way.

Since the transition, we have evaluated the services and operations at the Transfer Station. Our goal is to improve the services and management but in order to do so, we do expect some changes to the services, space, and equipment.

We are asking for your cooperation in abiding by the rules and guidelines set for disposing household waste, recycling, metals, appliances, etc at the Transfer Station. These guidelines are to assist Roberta in proper management of the waste and for the safety of her and the company workers who collect our waste. If you have any questions or concerns, please contact me. Thank you, Erin Y. Martinez

RECYCLING UPDATE!

Effective immediately the following is

NO LONGER ALLOWED

in the RECYCLING BIN (White Bin)

per Santa Fe Recycling Center

- **Bottles or glass of any kind**- Many of the bottles and glass are breaking when thrown in the bin. This is hazardous to the Recycling Center workers collecting the bins.
- **Dark plastic (or any) bag**- Please empty your recyclables in bin and throw bag(s) in compactor. The workers at the Recycling Center cannot see what is in the bags and is a hazard, as well.
- **No Styrofoam of any kind**

By keeping bottles out and emptying bags, we help the workers at the Recycling Center do a safe job.

Thank you for you for your corporation and Keep Recycling!

SENIOR TRASH PICK UP

Pick ups Day:

**Eastside Residents
(Pueblo area)
EVERY
THURSDAY**

**Westside Residents
(Battleship, Deer
tail, & Pajarito
areas)
EVERY FRIDAY**

**Bags MUST ready
for pick up no later
than 8:30am**

COMING SOON!
Please expect some new
guidelines and changes
to the Senior Trash
Pick-Up Service.



Contacts:

**Roberta Trujillo,
Transfer Station Attendant
(505) 250-8297**

**Erin Y. Martinez
Transfer Station Supervisor
(505) 455-4121**



2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4 * Tire Amnesty Day
5) * Tire Amnesty Day 	6 Labor Day Closed	7	8	9	10	11
12 	13	14	15	16	17	18 Free trash day. See flyer Buckman Recycling, Santa Fe
19	20	21	22 First Day of Fall!	23	24	25
26	27	28 Happy National Son's Day!	29	30		

Transfer station hours: Thursday – Monday 8am-5pm

WE DO NOT ACCEPTED OIL OR TIRES

**DO NOT THROW LOOSE SHARP NEEDLES IN TRASH CANS, BAGS OR
COMPACTOR**

For the safety of the all sanitation workers.

Please put in a hard plastic container with lid and call CHR.

Please follow all guidelines for disposing of your waste.

**If we do not comply, our bins will not be accepted by the Waste Management Company and will
result in closing the Transfer Station until all items are removed.**

Thank you, the Transfer Station



"God couldn't be everywhere and so he made Grandparents"

How to Safely Dispose of Household Sharps

What are household sharps? Syringes, needles, pen needles, and lancets used for self-care or care of family members in a residential setting.

Why should I treat my sharps any differently than other trash? Managing sharps will protect your family, friends, neighbors, and sanitation workers from accidental needle sticks



What should I do with used sharps at home? You can either store your used needles for future disposal or destroy them immediately after use, but **NEVER** place loose used sharps in the trash can.

If you chose to **store** used needles for future disposal:

- Place used sharps in a hard plastic container using a sharps/biohazard container or a hard plastic container with a screw-on lid such as a laundry detergent bottle.
- Do not store sharps in glass bottles, aluminum cans, or coffee cans.
- Put sharps in the container needle first.
- Keep this container out of reach of children and pets.



If you chose to **destroy** your used needles immediately after use:

- Purchase a needle destruction device that either cuts or incinerates used needles.
 - A needle incinerator is a small, portable device that uses a few seconds of high heat to melt needles and reduce them to BB-size balls. Once the needle or lancet is destroyed in an incineration device, the remaining syringe and melted metal can be safely disposed of in the garbage.
 - A needle cutter that automatically stores the cut needles is also useful while away from home when a disposal container is not available. Clipped needles should be disposed in the same manner as any other used needle.

How can I dispose of my sharps safely?

1. Take used syringes to a medical facility (doctor's office, hospital, pharmacy) **that accepts used syringes**. Ask your medical provider for more information. Be sure to follow all instructions given including what type of container you need to use. **DO NOT** bring used needles and syringes to a facility that does not accept them.
2. Mail your used syringes to a syringe mail-back program such as:
 - <http://www.stericycle.com/consumer-needle-disposal.html>
 - <http://www.myhumira.com/Disposal/Default.aspx> (for patients treated with Humira)Follow all requirements for packaging and mailing as provided by the company you choose.
3. Exchange your used syringes for clean syringes through an exchange program such as:
 - <http://www.atlantaharmreduction.org/>Follow all requirements for storage as provided by the program you choose.
4. Place used sharps that are stored in a hard plastic bottle into the **trash** once the bottle is a little over half-full.
 - Be sure the bottle is labeled "Do Not Recycle. Household Sharps"
 - Ensure the top is screwed tightly on, and secure it with tape.
 - Never place containers of used sharps into the recycling.



For more information visit the following websites:

- <http://rules.sos.state.ga.us/docs/391/3/4/15.pdf>
- <http://www.diabetes.org/living-with-diabetes/treatment-and-care/medication/insulin/insulin-storage-and-syringe.html>
- <http://www.cdc.gov/needledisposal/ga/index.htm>
- <http://www.safeneedledisposal.org/index.cfm?load=page&page=72>
- <http://www.epa.gov/osw/education/pdfs/han-care.pdf>



Santa Fe Solid Waste Management Agency 2021 Residential Free Days



January

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

February

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14	15	16	17	18	19	20
21	22	23	24	25	26	27
28						

March

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	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

FREE TIRE DAYS

FREE TIRE recycling first full weekend of every month (Saturday and Sunday)!

Limit: Eight (8) passenger tires per day.

NO tires accepted from businesses.



FREE TRASH DAYS

Residential Only

Trash, unwanted materials, rubbish appliances, furniture, mattresses, building materials, carpet, tiles, concrete, bricks, metals.



No trailers at BuRRT

Trailers only at Caja del Rio Landfill

April

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

May

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						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

June

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17	18	19	20	21	22	23
24	25	26	27	28	29	30

July

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17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

August

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						1
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9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

September

S	M	T	W	T	F	S
					1	2
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24	25	26	27	28	29	30

October

S	M	T	W	T	F	S
					1	2
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17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

November

S	M	T	W	T	F	S
						1
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9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

December

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

FREE GREEN WASTE DAYS

Has your green waste been piling up? Bring it **unbagged** to BuRRT.

FREE on the first full weekend of March, April, May and June.



FREE ELECTRONIC WASTE DAY

Hours: 9:00 a.m. – 1:00 p.m.

Computers, monitors, printers, televisions, household electronics, and small appliances.



No Household Hazardous Waste

FREE HOUSEHOLD HAZARDOUS WASTE DAY

Hours: 9:00 a.m. – 1:00 p.m.

Household cleaners, automotive products, paints, solvents, poisons, fertilizers, fluorescent light bulbs, batteries, pool chemicals and hobby products.



No Electronic Waste

CLOSED BuRRT HOLIDAY

Where: Buckman Road Recycling & Transfer Station (BuRRT) - 2600 Buckman Road

Hours: 8:00 a.m. to 4:45 p.m.

NO waste accepted from businesses or contractors.

Materials will **NOT** be accepted at Santa Fe County Convenience Centers.

FOR MORE INFORMATION: visit www.santaferecycling.org or call 424-1850 x 150



Pueblo de San Ildefonso
Department of Health and Human Services
September 2021



Are you prepared for an **EMERGENCY?**



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September is Emergency Preparedness Month

2020 and 2021 have been years that many of us would like to have an opportunity to do-over, without the pandemic. One thing that the pandemic and public health emergency taught us, however, is how difficult things can be when we are not prepared; especially when an emergency happens.

The Department of Health & Human Services would like to take this awareness moment to provide you all with information that can help you prepare for emergencies such as natural disasters, long-term lock downs, fires

September is National Preparedness Month, the perfect time for people to get their household ready in case an emergency should occur. The American Red Cross prepares all year for disasters and urges everyone to Be Red Cross Ready too.

EMERGENCIES CAN OCCUR WITHOUT WARNING, BE PREPARED

Emergencies are more common than people may think, and disasters can happen anywhere, anytime — they can even begin in someone's own home. Every 8 minutes, the Red Cross responds to a disaster, and the vast majority of these are home fires. By having an emergency plan and kit, families can react quickly when a disaster strikes. The Red Cross encourages everyone to take three important action steps to get prepared:

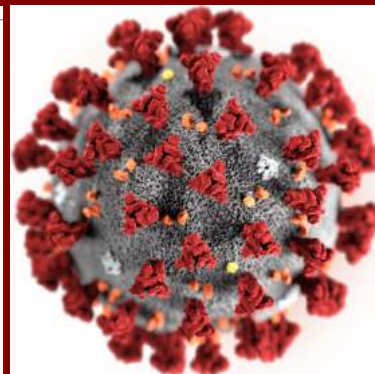
1. **Build a kit** – Build an easy-to-carry emergency preparedness kit that you can use at home or take with you if you must evacuate. Include items such as water, non-perishable food, a flashlight and extra batteries, a battery-powered radio, first aid kit and medications.
2. **Make a plan** – Talk with members of your household about what to do during emergencies. Plan what to do in case you are separated and choose two places to meet—one right outside your home in case of a sudden emergency such as a fire, and another outside your neighborhood, in case you cannot return home.
3. **Be informed**– Know what kinds of emergency situations may occur where you live, where you work, and where you go to school. **Get trained in First Aid and CPR/AED** so you'll know what to do in an emergency if help is delayed. Don't forget your pets, plan for them too.

Source: <https://www.redcross.org/about-us/news-and-events/news/National-Preparedness-Month-Get-Ready-for-Emergencies.html>



Pueblo de San Ildefonso Department of Health and Human Services

COVID-19 Response Team



THE DELTA VARIANT

In the past several months, there has been a lot of discussion about different variants of the SARS CoV-2 (COVID-19) Virus. With those discussions, there seems to be more questions than there are answers, so we wanted to help make some of the information about the Delta Variant more clear.

Viruses of all types, constantly change as a result of mutation. These mutations, lead to new variants. This is not unique to the Coronavirus. Mutations leading to new variants of a virus are expected to happen over time, sometimes leading to the virus acting differently in the human body, leading to different symptoms or ways that it spreads, in some cases. The Delta variant is similar to the original variant of the coronavirus that causes COVID-19, with some differences. Some of the things that are different about the Delta variant is what makes it so concerning when it's talked about in discussions and in the media.

Some of the things that are similar about the Delta variant include:

- It is spread the same way as the original variant
- The symptoms of the Delta variant are no different than that of the original variant
- The COVID-19 vaccines are the best way to protect against contracting the virus, or developing serious illness, or being hospitalized.
- Can be prevented the same way (Masks, Social Distancing, Hand Hygiene, Avoiding Large Crowds)

Those differences of the Delta variant include:

- It spreads more rapidly
- May make people more sick
- Makes the spreading of the vaccine by vaccinated people more likely

PARTNERSHIP WITH ALBUQUERQUE AREA SOUTHWEST TRIBAL EPIDEMIOLOGY CENTER (AASSTEC)

As cases of COVID-19 continue to rise, we want to make sure that the community is prepared to respond, in case the unfortunate happens and members of the Pueblo contract the virus. Part of that preparation includes continuing our partnership with the Albuquerque Area Southwest Tribal Epidemiology Center, better known as AASSTEC, to assist us with managing any close contact investigations to attempt to reduce the spread of the virus within the community.

We wanted to remind Community Members that some of the tools that AASSTEC uses to help keep our community safe, include case investigations, contact tracing, and outbreak investigations when there is an exposure to a person who tests positive for COVID-19. To ensure accurate contact tracing and case investigations are completed, public health officials rely on the community to provide information regarding contacts they may have had during an exposure incident, so we are requesting that if you are exposed to a person who tested positive for COVID-19, that you cooperate with the case investigator when you are contacted. This is necessary to work to stop the spread of the virus in the community.

September 2021

COVID-19 Cases

Active Cases: 0

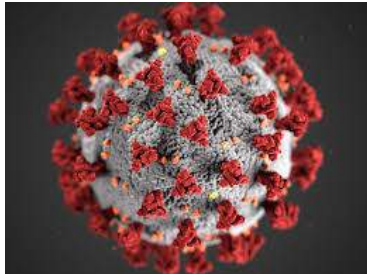
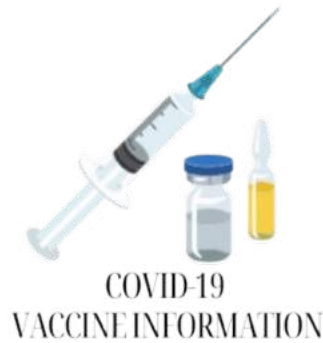
Total Cases: 83

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COVID-19 “ADDITIONAL DOSE” FOR MODERNA AND PFIZER VACCINES



On August 18, 2021, the United States Department of Health and Human Services (HHS) indicating that the Biden Administration plans to offer an additional COVID-19 shot to fully vaccinated individuals, 18 years of age and older. This plan was in response to reports that the protection from the original two doses of Moderna and Pfizer vaccine begins the decrease after some time.

The Biden Administration has plans to offer the additional dose of the Moderna and Pfizer vaccine to all Americans who received the second dose of the vaccine eight (8) months ago, beginning on September 20, 2021. This still has to be approved by the Food and Drug Administration (FDA) and must have recommendations from the Center for Disease Control and Prevention (CDC). This recommenda-

tion does not include the Johnson & Johnson vaccine at this time.

What does this mean to you? This means that if you received your second vaccine in January, you will be eligible for an additional dose on September 20, 2021, pending approval by the FDA and recommendations by the CDC. If you got your second dose after January 2021, as the months go by, as your second dose reaches eight (8) months ago, you too will be eligible for your additional dose.

If you have any questions about this, feel free to contact a member of the COVID-19 Response Team, however, advanced lists of people eligible, will not be maintained. A member of the COVID-19 Response Team will be in contact with you as you become eligible.

“if you received your second vaccine in January, you will be eligible for an additional dose on September 20, 2021, pending approval by the FDA and recommendations by the CDC”

COVID-19 VACCINE “ADDITIONAL DOSE” FOR IMMUNOCOMPROMISED INDIVIDUALS

On August 12, 2021, the Food and Drug Administration (FDA) announced that a third shot of the Moderna and Pfizer vaccine is recommended for immunocompromised individuals, effective immediately. Unlike when the vaccines were first approved, when people with underlying conditions such as diabetes, hypertension, and other chronic health conditions were considered for the first round of vaccines, this does not include those with chronic health conditions, unless the conditions are on the list that was recommended by the Center for Disease Control and Prevention (CDC).

Currently, CDC is recommending that moderately to severely immunocompromised people with the following conditions receive an additional dose. This includes people who have:

- Active treatment for solid tumor and hematologic malignancies (Cancer)
- Receipt of solid-organ transplant and taking immunosuppressive therapy
- Receipt of CAR-T-cell or hematopoietic stem cell transplant (within 2 years of transplantation or taking immunosuppression therapy)
- Moderate or severe primary immunodeficiency (e.g., DiGeorge syndrome, Wiskott-Aldrich syndrome)
- Advanced or untreated HIV infection
- Active treatment with high-dose corticosteroids (i.e., ≥ 20 mg prednisone or equivalent per day), alkylating agents, antimetabolites, transplant-related immunosuppressive drugs, cancer chemotherapeutic agents classified as severely immunosuppressive, tumor-necrosis (TNF) blockers, and other biologic agents that are immunosuppressive or immunomodulatory.

If you are not sure if you qualify as immunocompromised, or if you identify as a patient with one or more of these conditions, we recommend that you discuss this with your health-care provider to determine whether receiving an additional dose is appropriate for you. You will likely be contacted by Indian Health Services or your healthcare provider if you are eligible. CHR and the COVID Response Team can't get you on the list.

COVID-19 PFIZER VACCINE RECEIVED FULL APPROVAL

On August 23, 2021, the United States Food and Drug Administration (FDA) gave full use authorization to the first COVID-19 vaccine. The vaccine has been known as the Pfizer-BioNTech COVID-19 Vaccine since its Emergency Use Authorization during the public health crisis related to COVID-19, however, now that it has full authorization, it will be marketed as Comirnaty (koe-mir-na-tee). It is fully authorized for the prevention of COVID-19 disease in individuals 16 years of age and older. The vaccine is still being offered under Emergency Use Authorization (EUA) for those individuals 12-15 years of age and for the administration of a third dose in certain immunocompromised individuals.

What does this mean for the pandemic and the public health crisis surrounding COVID-19? This means that now that more than 200 million people around the world have received at least one dose of the vaccine and it has been deemed safe in the real-world and not just in clinical trials, more people may choose to get vaccinated, which will assist with reducing the number of people that are at increased risk of COVID-19 infections. This also means that the vaccine can now be used for "off label" use as well, including for a third dose. Although there have been cases where vaccinated individuals have contracted the virus, the approval by the FDA has proven that the vaccines is safe and



PUEBLO DE SAN ILDEFONSO COVID RESPONSE TEAM MEMBERS

Troy Campbell Director of Health and Human Services Office: (505) 455-7395 Cell: (505) 692-5943	Raelene Martinez Diabetes Prevention Program Assistant Office: (505) 455-7395 Cell: (505) 660-8927
Thelma Gonzales CHR Manager Office: (505) 455-4114 Cell: (505) 690-1024	Claudia Lente CHR Generalist Office: (505) 455-4115 Cell: (505) 231-9401

PENDING COVID-19 VACCINE NEWS

Pfizer recently submitted a request to the Food and Drug Administration (FDA) to receive Emergency Use Authorization (EUA) to give COVID-19 vaccinations to children between the ages of 5-11. The approval is expected to be given by November 2021.

Moderna has recently submitted a request to the Food and Drug Administration (FDA) for full approval of its COVID-19 vaccine for individuals 18 years of age and older. It is unknown when this approval is expected.

Johnson & Johnson/Janssen is expected to submit its request to the Food and Drug Administration (FDA) for Emergency Use Authorization (EUA) for a booster shot for those who received the initial dose. It is unknown what the timeline for submission and approval are.





Santa Fe Service Unit

COVID Testing Protocol

(as of August 25, 2021)

- Testing is available at Santa Fe Indian Hospital (SFIH) for:
 - *Symptomatic individuals*, and
 - *Close contacts* of COVID-positive individuals, who should be tested *five (5) days* after exposure
 - “Close contact”= a total of 15 minutes or more of exposure (within 6 feet) over a 24-hour period
 - SFSU is *not* currently able to perform surveillance testing (e.g. asymptomatic individuals needing testing for work, etc.)
- Testing is conducted *by appointment only* Monday-Friday at 9:00 AM
 - Drive-through testing at the SF Indian Hospital, Urgent Care/North side entrance
 - Please call patient registration at 505-946-9391 when you arrive
 - Please make sure Patient Registration has a current telephone number for you, as we will be calling you with your results, typically the same day
- In order to schedule a COVID test at SFIH, please contact our COVID hotline at 505-946-9200. **Please leave a message** with your name and a number where you can be reached, and your call will be returned as soon as possible.

PROTECTION

COVID-19 testing remains an important way to prevent the spread of the coronavirus and to protect our loved ones.



You should still be tested for COVID-19 if you have:

- Symptoms of COVID-19
- Had close contact with someone with confirmed COVID-19 and you are not fully vaccinated
- Traveled or were in a crowded setting that may have put you at risk of getting COVID-19
- Been asked by your healthcare provider or tribal/state health department to get tested

Testing is an important part of controlling the spread of coronavirus. Contact your tribal, IHS, or state health department for the latest information on where and when to get tested.

In New Mexico, you can also order a free, confidential COVID-19 test to take home on this website:

learn.vaulthealth.com/nm

HEALTHY KIDS, HEALTHY COMMUNITIES PROGRAM

SEPTEMBER IS NATIONAL CHILDHOOD OBESITY MONTH

Learn ways to promote healthy growth in children and prevent obesity.

About 1 in 5 (19%) children in the United States has obesity. Certain groups of children are more affected than others. National Childhood Obesity Awareness Month provides a chance for all of us to learn more about this serious health condition. While there is no simple solution, there are many ways communities can support children with their journey to good health



Childhood Obesity Is a Major Public Health Problem

- Children with obesity are at higher risk for having other chronic health conditions and diseases, such as asthma, sleep apnea, bone and joint problems, and type 2 diabetes. They also have more risk factors for heart disease like high blood pressure and high cholesterol than their normal weight peers.
- Children with obesity can be bullied and teased more than their normal weight peers. They are also more likely to suffer from social isolation, depression, and lower self-esteem.
- Children with obesity are more likely to have obesity as adults. This can lead to lifelong physical and mental health problems. Adult obesity is associated with a higher risk of type 2 diabetes, heart disease, and many types of cancers.

Childhood Obesity Is Influenced by Many Factors

Many factors can have an impact on childhood obesity, including eating and physical activity behaviors, genetics, metabolism, family and home environment, and community and social factors. For some children and families, obesity may be influenced by the following:

- too much time spent being inactive
- lack of sleep
- lack of places to go in the community to get physical activity
- easy access to inexpensive, high calorie foods and sugary beverages
- lack of access to affordable, healthier foods

Parents and Caregivers Can Help Prevent Obesity and Support Healthy Growth

- Provide nutritious, lower-calorie foods such as fruits and vegetables in place of foods high in added sugars and solid fats. Try serving more fruit and vegetables at meals and as snacks.
- Make sure drinking water is always available as a no-calorie alternative to sugary drinks and limit juice intake.
- Help children get the recommended 60 minutes of physical activity each day.
- Make sure your child has healthy sleep habits. Sleep helps improve attention and reduces the risk of developing type 2 diabetes, and even obesity later in life.
- Be a role model! Eat healthy meals and snacks, and get the right amount of physical activity every day.

Source: CDC—<https://www.cdc.gov/nccdphp/dnpao/features/childhood-obesity/index.html>



As you all may know, the Healthy Kids, Healthy Communities Coordinator position has been vacant since Martha Cooke left us and we are still looking for someone to fill her shoes. If you as a person who has a passion for health, fitness, children, and serving the Pueblo de San Ildefonso, and you are interested or if you know anyone who is interested, please contact Human Resources, at (505) 455-4155.

The job description is attached to this bulletin for further details.



PUEBLO DE SAN ILDEFONSO
Human Resources Office
02 Tunyo Po
Santa Fe, NM 87506

POSITION DESCRIPTION

POSITION: Healthy Kids, Healthy Community Coordinator

LOCATION: Department of Health & Human Service

STATUS: Non-Exempt

REPORTS TO: Director of HHS

Job Summary

Assist in the overall implementation of Healthy Kids, Healthy Community San Ildefonso (HKHCSI) within the Health and Human Services Department of the Pueblo de San Ildefonso. In particular, the coordinator is responsible to coordinate and provide technical assistance in three of the five HKHCSI settings - the Families and Community, Built Environment and Food system. HKHCSI aims to create healthy environments to motivate children and families to make healthy food choices, be more physically active, and achieve healthier body weight and body composition. HKHCSI will promote community health by implementing alcohol, drug, and commercial tobacco prevention activities that focus on youth. The HKHCSI is an active participating member of the San Ildefonso Pueblo's Health Council.

Supervision and Guidelines

Work performed is under the direct supervision of the Health & Human Services Director. Guidelines include generally accepted principles, applicable laws, rules and regulations related to the job functions, San Ildefonso Pueblo policies and procedures and supervisory and administrative instructions and directives.

Essential Duties and Responsibilities

Develop, coordinate and operate the daily Healthy Kids, Healthy Community program activities including community engagement, data collection, communication, etc.

Develop additional partnerships through the coordination and provision of technical assistance to programs within the Tribal Administration, surrounding counties, and New Mexico State levels settings with direction from the Director of Health & Human services and/or respective Health Promotion Program Manager.

Assist with overall marketing and media campaigns aimed to promote Healthy Kids, Healthy Community program at the tribal/local level.

Provide coordination and technical assistance to establish safe, active, and welcoming outdoor space for community use.

Engage, convene a youth-led working group.

Submit monthly updates on number of potential students in schools reached, partners working on the initiative, data collected, activities undertaken, progress made, and the challenges encountered.

Provide coordination and technical assistance to the HKHCSI Built Environment working group including staff from HHS, Education Department, Tribal schools, Transportation, and Tribal leadership to implement walk and roll to school initiatives.

Provide coordination and technical assistance to the HKHCSI school system working group to update school district wellness policies to, at a minimum, align with the new federal/state regulations including 1) make water readily available; 2) limit milk offerings to skim and 1% in the school meals; 3) ½ to 1 cup of fruit every day; 4) ¾ cup to 1 cup of vegetables everyday; 5) offer whole grains only.

Work to strengthen school wellness policies to support efforts to: 1) increase purchase of healthier food choices from USDA's school meal commodity list; 2) purchase locally grown foods; 3) monitor nutrition, physical activity and BMI or other relevant and/or evidence-based measurement of body mass statuses of students; 4) improve and maintain the social and emotional wellness of the students.

Convene at least two HKHCSI stakeholders' meetings to strengthen community engagement.

Provide coordination and technical assistance to support the State of New Mexico's Healthy Kids, Healthy Communities program, Healthy Community 5.2.1.0 challenge to motivate children to eat more fruits and vegetables, drink water, reduce screen time, and be more physically active.

Provide and/or assist in demonstration, conduct training sessions and community meetings in the area of nutrition education, physical activities, social and emotional wellness, environmental health and other areas of concern, in collaboration with other programs in HHS.

Protect the Department of Health & Human Services values by keeping client's information confidential.

Provide all required information including but not limited to monthly reports to the NM DOH.

Participate in any monitoring activities and monthly conference call as required by NM DOH.

Maintain budget and process expenses as needed.

Prepare monthly newsletter to increase communication in the community.

Open the Gym at least one or two times a week.

Attend all scheduled staff meetings.

Follow all departmental and tribal administration policy and procedures

Any other duty assigned by the supervisor.

Physical Demands/Work Environment

Work is performed in an office setting. Physical demands requires sitting, standing, walking, squatting, bending, waist twisting, kneeling, climbing stairs, reaching shoulder height and below, lifting/carrying/pushing/pulling up to 20 lbs. overhead/above waist, lifting up to 50 lbs below waist, fine finger manipulation, simple/power grasp, repetitive hand/arm use; exposure to loud noise, dust, fumes, or gases; ability to differentiate color, operating motor vehicles, use of protective equipment.

Minimum Qualifications

High school graduate with diploma or GED. Associate degree preferred. A minimum of three years experience in healthcare, community health, nutrition, physical activity, social work, liberal arts, or related health field is required. Three years experience working in a community setting with citizen groups, social service agencies and local government entities is desired for this position.

Working knowledge of computers to include MS Word and Excel software. Effective skills in both oral and written communication along with skills in public presentation/speaking. Skill in developing and promoting educational materials and methodology. Background in marketing and media to promote the community and influence policy and legislation.

Additional Qualifications

CPR and First Aid Certification.

Ability to maintain a high level confidentiality.

Ability to make decisions independently which have minor impacts on the department.

Ability to deal with people in a manner that shows cultural sensitivity.

Must have a valid driver's license and be insurable under the Pueblo's insurance carrier.

Must be able to pass a pre-employment drug screening.

A favorable background investigation is required.

Native American preference

Community Health Representatives (CHR) Program

BI-WEEKLY HEALTH SCREENINGS:

Bi-weekly health screening provided at the Tribal office Conference room on Wednesday mornings from 8:00-10:00am . September dates are Wednesday, Sept 8 & 22, 2021.

TUESDAYS & THURSDAYS COMMUNITY WALKS

Join the Health & Human Services Department on Tuesdays/Thursdays for a 30 minute community walk starting at 9am. Please meet us in front of the senior center at 8:45am.

AFTER HOURS MEDICAL ADVICE:

If you are a Santa Fe IHS Service Unit Patient and need to speak with a nurse between 8pm -8am, please call our dedicated toll free number:

**FONEMED NURSE ADVICE LINE
1-844-233-8438**

Reminder: If you are seen at a non-I.H.S Hospital (Española, St. Vincent's, Los Alamos), you must notify PRC (formally known at Contract Health Services) within 72 hrs., (3 days), for possible payment.

MEDICATION PICK UPS & DELIVERIES:

- We continue to assist the community who need medication (s) ordered or picked-up from PHS, SCHC, Smiths, Walgreens, Walmart, etc. Should you have any questions, please feel free to contact the CHR staff.
- Reminder: Any types of medication (s) that are picked up and delivered cannot be left on doors, mail-boxes, or with children. If you are not planning on being home during possible delivery time, please make arrangements with family that we may leave medication with or make arrangements with CHRs.
- Medication pick up days are on Tuesdays and Thursdays. Days may change due to holidays or closures.

When calling in your medication refills to Santa Fe Indian Hospital or Santa Clara Clinic, you have five (5) days to pick up your order or it will be placed back into stock. If you miss the time frame you will need to call again for refills

MEDICATION PICK UPS & DELIVERIES:

Transportation is provided for those who have no means of transportation within the household, for eye appointments, or medical conditions that prevent anyone from driving. Please call the CHR office in advance to schedule transportation. We also ask that you notify us within 72 hours to cancel a transport.

HEALTH TIPS for men about prostate cancer:

What you can do

Most prostate cancers grow slowly and don't cause any health problems in men who have them.

If you decide not to get screened, you can always change your mind later. If you decide to get screened, it does not mean you have to go to the next step. You should discuss each step with your doctor.

Most prostate cancers found by screening are small and slow growing and may not be fatal. Some men may have a faster growing prostate cancer and will benefit from early treatment.

Older men, African-American men, and men who have a family history of prostate cancer have a greater risk for developing prostate cancer. If you are concerned that you may have a greater risk for prostate cancer, talk to your doctor about screening.

//////////////////// Screening for Prostate Cancer //////////////////////

One screening test for prostate cancer is a blood test, which can be abnormal (not normal) for several reasons besides prostate cancer.

The only way to know if an abnormal test is due to cancer is to do a biopsy.

A biopsy is a minor surgery to get small pieces of the prostate to look at under a microscope.

If the biopsy shows there are cancer cells, then your doctor will discuss treatment options.

Treatment of prostate cancer may include:

- ▶ Close monitoring and follow-up visits
- ▶ Radiation
- ▶ Surgery to remove the prostate

Side effects from radiation or surgery may include:

- ▶ Impotence
- ▶ Loss of bladder control
- ▶ Problems with your rectum

Medical groups do not agree on screening recommendations.

Talk with your doctor or nurse to decide together if prostate cancer screening is right for you.



**U.S. Department of
Health and Human Services**
Centers for Disease
Control and Prevention

Congratulation

The HHS Department would like to say Thank You to the six (6) Seniors who participated in the birdhouse painting contest.

This was to help seniors move their hand to help with arthritis and using your mind for ideas to help with Alzheimer's.



Cordelia Martinez



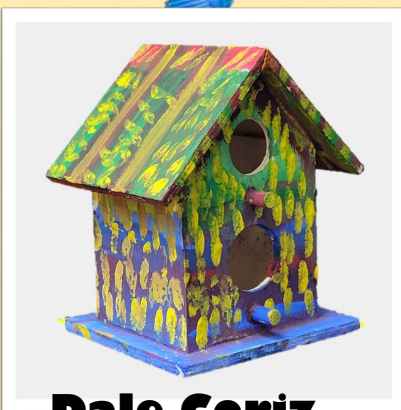
Elvis Torres



Irene Tse'pe



Gerri Tse'pe



Dale Coriz



Eva Moquino

Thank You!

New Mexico Senior Farmers Market Nutrition Program

Providing eligible Seniors with fresh, nutritious, unprepared, locally grown fruits, vegetables, herbs, and honey through farmers' markets, roadside stands and CSA programs

Eligibility for up to \$50.00 worth of vouchers:

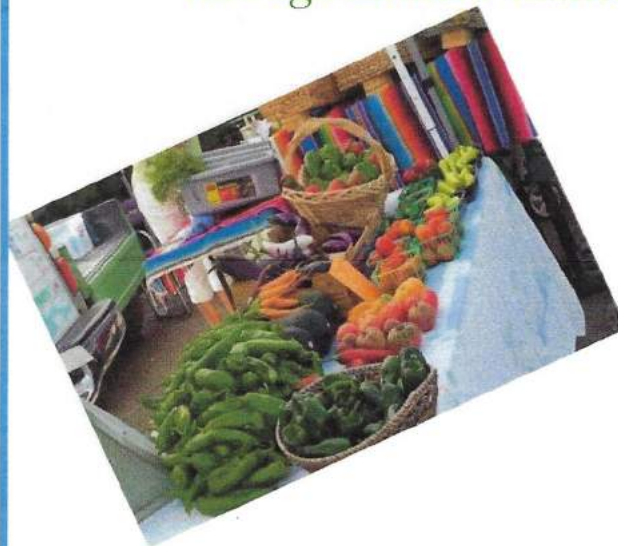
- Age 60+ for non-Native American
 - Age 55+ for Native American
- Low Income (based in Fed. Poverty Guidelines)
 - Up to \$1,986.00/month for 1 person
 - Up to \$2,686.00/month for 2 people

How to apply:

- If you are eligible, complete an application.
 - Pick one up from WIC staff located at Farmers Markets throughout the state
 - Call your nearest senior center.
 - Call the NM Farmers Market Programs Manager for FMNP, SFMNP, FMNEP
 - Print application from the NMWIC.ORG website, under the Farmers 'Market tab, FMNP Seniors

Vouchers are on a First Come, First-Serve Basis

If interested or you would like more information, please contact
Ms. Claudia Lente at 505-455-4115
Mondays-Fridays from 8am to 5pm.





Stroll for Walk



When

Beginning September
EVERY Tuesday & Thursday

Where

Meet at Baseball Picnic area
@ 8:30am

Contact

Diabetes Program for more info @
455-2395

2021 ALZHEIMER'S DISEASE FACTS AND FIGURES

DISCRIMINATION

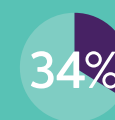
is a barrier to Alzheimer's and dementia care. These populations reported discrimination when seeking health care:



of Black Americans



of Native Americans



of Asian Americans



of Hispanic Americans



1 IN 3

seniors dies with Alzheimer's or another dementia



It kills more than

BREAST CANCER



PROSTATE CANCER

COMBINED

MORE THAN 6 MILLION

Americans are living with Alzheimer's

Between 2000 and 2019, deaths from heart disease have

DECREASED 7.3%

while deaths from Alzheimer's disease have

INCREASED 145%

Alzheimer's and dementia deaths have increased

16%

during the COVID-19 pandemic



In 2021, Alzheimer's and other dementias will cost the nation

\$355 BILLION



By 2050, these costs could rise to more than

\$1.1 TRILLION

OVER 11 MILLION

Americans provide unpaid care for people with Alzheimer's or other dementias



These caregivers provided an estimated 15.3 billion hours valued at nearly

\$257 BILLION



10 Warning Signs of Alzheimer's

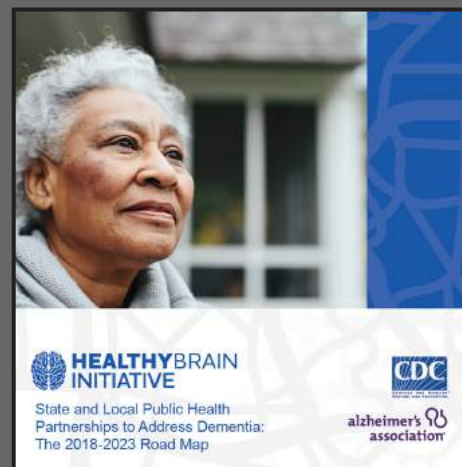


Memory often changes as people grow older. Some people notice changes in themselves before anyone else does. For other people, friends and family are the first to see changes in memory, behavior, or abilities. Memory loss that disrupts daily life is not a typical part of aging. People with one or more of these 10 warning signs should see a doctor to find the cause. Early diagnosis gives them a chance to seek treatment and plan for the future.

- 1 Memory loss that disrupts daily life:** forgetting events, repeating yourself or frequently relying on more aids to help you remember (like sticky notes or reminders).
- 2 Challenges in planning or solving problems:** having trouble paying bills or cooking recipes you have used for years.
- 3 Difficulty completing familiar tasks at home, at work, or at leisure:** having problems with cooking, driving places, using a cell phone, or shopping.
- 4 Confusion with time or place:** having trouble understanding an event that is happening later, or losing track of dates.
- 5 Trouble understanding visual images and spatial relations:** having more difficulty with balance or judging distance, tripping over things at home, or spilling or dropping things more often.
- 6 New problems with words in speaking or writing:** having trouble following or joining a conversation or struggling to find a word you are looking for (saying "that thing on your wrist that tells time" instead of "watch").
- 7 Misplacing things and losing the ability to retrace steps:** placing car keys in the washer or dryer or not being able to retrace steps to find something.
- 8 Decreased or poor judgment:** being a victim of a scam, not managing money well, paying less attention to hygiene, or having trouble taking care of a pet.
- 9 Withdrawal from work or social activities:** not wanting to go to church or other activities as you usually do, not being able to follow football games or keep up with what's happening.
- 10 Changes in mood and personality:** getting easily upset in common situations or being fearful or suspicious.

The Centers for Disease Control and Prevention (CDC) and the Alzheimer's Association have created the Healthy Brain Initiative's (HBI) *State and Local Public Health Partnerships to Address Dementia: The 2018-2023 Road Map*.

It is designed to focus the public health response to growing and future impacts of Alzheimer's and other dementias. With 25 actions, public health leaders can promote brain health, better care for people with cognitive impairment, and increase attention to caregivers.



alzheimer's 
association®



alz.org/publichealth

cdc.gov/aging

ALZHEIMER'S AWARENESS & WOMEN'S HEALTH & FITNESS WALK



**WEDNESDAY,
SEPTEMBER 15, 2021**

**8:30AM
SENIOR CENTER**

**LIGHT BREAKFAST
PROVIDED**

FOR INFO OR QUESTIONS
CONTACT:
THELMA @455-4114
OR
RAELENE @ 455-2395

**ALL ARE
WELCOME TO
JOIN US!**



SEPTEMBER IS BABY SAFETY MONTH

A LOOK AT CAR SAFETY



EACH DAY
APPROXIMATELY



2 CHILDREN
ARE KILLED

AND
400

ARE INJURED IN
MOTOR VEHICLE
ACCIDENTS.

Take the time to make your car safer by learning some of the common and preventable causes of injury and death among children.

CRASH



APPROXIMATELY
A DOZEN CHILDREN
UNDER THE AGE OF 12



DIE EVERY WEEK
IN AUTOMOBILE CRASHES &
THOUSANDS SUFFER SEVERE
TO DEBILITATING INJURIES.

THE
NUMBER ONE CAUSE
OF VEHICLE-RELATED
FATALITIES
FOR CHILDREN



IS THAT THEIR
CAR SEAT WAS
IMPROPERLY INSTALLED.

ON AVERAGE,
ONLY
1 IN 5
CAR SEATS
IS PROPERLY
INSTALLED.

COMMON MISTAKES

MISTAKE

1



SEAT TOO LOOSE
IN THE CAR

MISTAKE

2



HARNESS TOO LOOSE
ON THE CHILD

MISTAKE

3



INFANT TURNED
FACE-FORWARD
TOO SOON

MISTAKE

4



REAR-FACING
INFANT SEAT
NOT AT A 45° ANGLE

MISTAKE

5



USING THE
RETAINER CLIP
INCORRECTLY

MISTAKE

6



HARNESS STRAPS
THROUGH THE
WRONG SLOTS

HEAT



1 CHILD
DIES APPROXIMATELY
EVERY 10 DAYS
FROM HEAT STROKE
RELATED INJURIES.



APPROXIMATELY
30% OF HEAT
STROKE DEATHS
OCCUR WHEN A CHILD
SNEAKS INTO A CAR &
CAN'T GET OUT.

THE BODY TEMPERATURE
OF A CHILD

INCREASES
3 TO 5

TIMES FASTER THAN
THAT OF AN ADULT.

EVEN WITH AN EXTERIOR TEMPERATURE

OF AS LITTLE AS
60°



THE INTERIOR TEMPERATURE OF
MOST PASSENGER VEHICLES



CAN STILL REACH
110°

Pueblo de San Ildefonso ICWA/ Family Advocate Program

Email: icwamanager@sanipueblo.org

(W) 505.455.4164 • (C) 505.699.0164

CHOKING



One of the top, non-crash related injuries for children in vehicles is choking on food as a result of sudden stops or sudden movements.

77% OF CHILDREN
THAT DIE
FROM CHOKING ON
FOREIGN OBJECTS
ARE UNDER THE AGE
OF 1 YEAR

COMMON CHOKING HAZARDS



**SMALL
TOYS**



**WHOLE
ROUND FOODS**
(BLUEBERRIES,
GRAPES,
CHERRIES, ETC.)



STICKY FOODS
(PEANUT BUTTER, RAISINS,
CRANBERRIES, ETC.)

POWER WINDOWS



POWER WINDOWS
IN PASSENGER VEHICLES HAVE
**TRAPPED, KILLED
OR INJURED
THOUSANDS
OF CHILDREN**
IN THE LAST FEW YEARS ALONE.

IT ONLY TAKES
22 LBS
OF FORCE
TO SUFFOCATE
OR INJURE AN INFANT.



POWER WINDOWS
CAN EXERT UP TO
30-80 LBS
OF UPWARD FORCE.



2 LBS TO ACTIVATE
OF FORCE A **POWER**
IS ALL IT TAKES **WINDOW SWITCH.**

SOURCES

[HTTP://WWW.KIDSANDCARS.ORG](http://www.kidsandcars.org)

[HTTP://IPMA.ORG](http://ipma.org)

[HTTP://WWW.SAFEKIDS.ORG](http://www.safekids.org)

[HTTP://WWW.NHTSA.ORG](http://www.nhtsa.org)

[HTTP://WWW.HEALTHYCHILDREN.ORG](http://www.healthychildren.org)

[HTTP://WWW.PARENTS.COM/BABY/SAFETY/](http://www.parents.com/baby/safety/)

[HTTP://WWW.PARENTS.COM/BABY/SAFETY/CAR/BABY-CAR-SEAT-SAFETY-CHECK-AVOID-COMMON-MISTAKES/](http://www.parents.com/baby/safety/car/baby-car-seat-safety-check-avoid-common-mistakes/)

[HTTP://WWW.REDCROSS.ORG](http://www.redcross.org)

[HTTP://WWW.FOODINSIGHT.ORG](http://www.foodinsight.org)

[HTTP://WWW.CDC.GOV](http://www.cdc.gov)

[HTTP://WWW.CPSC.GOV/EN/SAFETY-EDUCATION/SAFETY-GUIDES/](http://www.cpsc.gov/en/safety-education/safety-guides/)

Pueblo de San Ildefonso ICWA/ Family Advocate Program

Email: icwamanager@sanipueblo.org

(W) 505.455.4164 • (C) 505.699.0164



*Lydia K. S. Martinez
November 30, 1984 -
June 25, 2021*

To my Po Woh Geh Owingeh Community:

The Martinez, Montoya and Kaye families of Ohkay Owingeh, Thank You for your heartfelt visits and condolences you have expressed to us in the passing of my daughter, Lydia K Martinez.

We thank Governor Chris Moquino and tribal council for the generous gift and words of comfort and love you have sent our way.

We will greatly miss our lovable, humorous, friendly, beautiful and unselfish Lydia, but I am comforted in my belief that my Lydia is not alone but is surrounded and welcomed by her daddy, brother, aunt, uncle, Saya and Tay-tay and all family members who have gone before her.

We will never forget your expressed love you have all given to me, Lydia's girls; Ashlynn and Adriana and my daughters Rosalie and Sandi and their families. I shall forever be grateful for all your presence, food, time, monetary and physical contributions you have made.

Thank you from the bottom of my heart and may our Great Spirits guide, protect and keep you all safe.

*Tonita, Ashlynn, Adriana
Rosalie, Ezekial, Gage
Sandi, Adrian Jr, Sean, Quentyn and
Adrian & Christine*



Silas M. Arivzu (Wha'p'ee), a member of San Ildefonso Pueblo, is a junior at Mountain View High School in Tucson, Arizona.

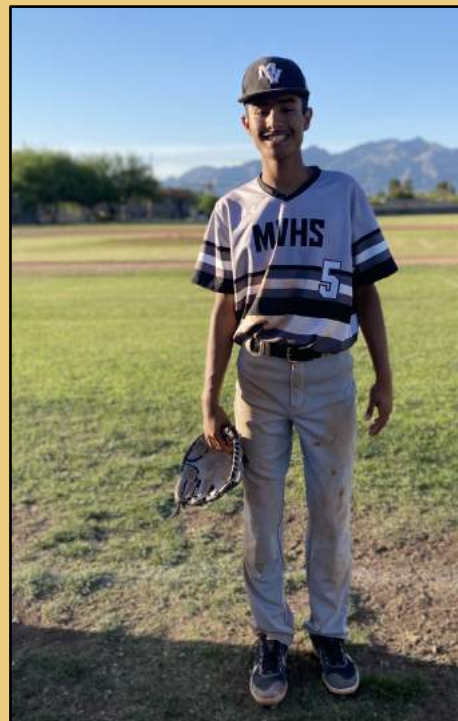


Wha'p'ee's mother is Winter D. Martinez (San I) and is the grandson of Timothy A. Martinez (San I), and his grandmother is Glenda S . D e e r (Shawnee/Kickapoo). Wha'p'ee has a 3.2 GPA and is a two-sport athlete, baseball and basketball. In addition to high school athletics, Wha'p'ee also plays basketball on an all-Native/Indigenous club basketball team, Arizona Warriors, out of Phoenix, and The Trojans out of Tucson. This past summer, Wha'p'ee spent a lot of

time with his Trojans team to build chemistry with his high-school teammates to prepare to make a state championship run. Wha'p'ee recently started playing with the Arizona Warriors, with one of his first tournaments being NABI. While his team fell short, they went undefeated in pool play. Playing with the Arizona Warriors has helped Wha'p'ee learn more about life, improve his skill level, and most importantly, share an unbreakable bond with his new "urban" Native brothers.

Wha'p'ee's family here in San Ildefonso would like to recognize him for his efforts on and off the court. We all love and support you. Always do your best to represent your family and the community you come

from. Good luck to you and your teammates @ Mountain View. Go Lions!





**When you feel like giving up,
remember the reason why
you held on so long.**

- Unknown