

Pueblo de San Ildefonso OFFICE OF THE GOVERNOR

UPDATED ORDER REGARDING COVID-19 REPORTING, ISOLATION AND SELF-QUARANTINE REQUIREMENTS

This Order regarding reporting a positive case of COVID-19 to the Pueblo Administration and requirements for other COVID-19 related situations is issued pursuant to Section 2.2.1. AUTHORIZING EMERGENCY POWERS TO GOVERNOR and Executive Order 2021-01. This Order is issued to protect the safety and health of Pueblo members and applies to individuals residing on Pueblo lands. This Order will be adjusted and updated as necessary.

1. IF YOU HAVE BEEN CONFIRMED POSITIVE FOR COVID-19

- If you have tested positive for COVID-19, you must report this information as soon as the test results are confirmed to <u>any</u> member of the COVID-19 Response Team. Reporting information will be kept confidential to the extent allowable by law.
- The Pueblo's COVID-19 Response Team is: Thelma Gonzales, CHR Manager: (505) 455-4114 or (505) 690-1024 Claudia Lente, CHR Generalist: (505) 455-4115 or (505) 231-9401 Raelene Martinez, Diabetes Coordinator: (505) 455-2395 or (505) 660-8927 The COVID-19 Response Team will work under the supervision of the Tribal Administrator/Health and Human Services Department Director.
- You must immediately stay at home, isolate yourself from other members in your household as much as possible and follow the directives from your doctor, the COVID-19 Response Team and the attached CDC guidance. This includes the period while waiting for the COVID-19 test results. Please contact the COVID-19 Response Team if you need assistance finding accommodations for isolation if you are unable to isolate at home due to lack of separate rooms or insufficient space.
 - What is Isolation? Isolation keeps an individual who has tested positive for COVID-19 with or without symptoms away from others, even in their own home. In the home, anyone sick or infected should separate themselves from others by staying in a specific "sick room" or area and using a separate bathroom (if available). Take precautions when interacting with other household members including wearing masks even while in your home. The isolated person should not leave the home except for medical appointments.

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- Stay home 10 days since symptoms appeared <u>and</u> you haven't had a fever for at least 24 hours without medication <u>and</u> symptoms have improved.
- If you tested positive for COVID-19 but don't have symptoms, stay home until after 10 days have passed since your positive test.
- You will be contacted by the Pueblo to follow up on the status of your condition and to obtain background information. This may be by telephone.
- You must provide appropriate contact information and an emergency point of contact.
- You are instructed to follow all medical directives, CDC guidance and any further directives from the Pueblo.

2. IF YOU HAVE BEEN IN CLOSE CONTACT WITH ANYONE WHO HAS SYMPTOMS OF COVID-19 OR HAS TESTED POSITIVE

- If you have been in close contact with someone who is sick or has tested positive for COVID-19, you must stay at home, self-quarantine to monitor yourself for COVID-19 symptoms and avoid contact with others as much as possible for up to 14 days. You must report this information to <u>any</u> member of the COVID-19 Response Team as soon as you become aware of the close contact. Reporting information will be kept confidential to the extent allowable by law.
 - What is close contact? You were within 6 feet of someone who has COVID-19 for a total of 15 minutes or more; you provided care at home to someone who is sick with COVID-19; you had direct physical contact with the person (hugged or kissed them); you shared eating or drinking utensils; or they sneezed, coughed, or somehow got respiratory droplets on you.
 - What is Self-Quarantine? Quarantine keeps an individual who was in close contact with a person who has COVID-19 away from others. Quarantined individuals must stay home for up to 14 days after their last close contact and stay away from people who are at higher risk of getting very sick from COVID-19. This also means no one should be entering or leaving the home in order to minimize contact while monitoring for symptoms or waiting for test results.
 - Stay home for up to 14 days after your last contact with a person who has COVID-19 and monitor for symptoms of COVID-19. The only way to reduce the 14 day period is contacting the COVID-19 Response Team and working through the options below.
 - Options for reducing quarantine time are:
 - □ After day 10 without testing and if no symptoms have been reported during daily monitoring with the COVID-19 Response Team.

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- □ After day 7 after a negative test result (the test must occur on day 5 or later). Test result must be verified by the COVID-19 Response Team.
- The individual must continue to monitor for symptoms until 14 days after exposure.
 The COVID-19 Response Team will continue to check on the status of the individual during this time.

3. IF YOU ARE FEELING SICK WITH SYMPTOMS OF COVID-19, YOU SHOULD CALL THE COVID-19 RESPONSE TEAM AND YOUR DOCTOR

- You must stay home (self-quarantine), follow the instructions of your doctor and the COVID-19 Response Team and monitor your symptoms for up to 14 days unless you test positive for COVID-19. Please contact the COVID-19 Response Team to set up a COVID 19 test or for assistance in scheduling a COVID-19 test if needed.
- If you are tested or confirmed to have COVID-19, then follow the protocol for positive COVID-19 described in Section 1 above.
- Stay in touch with your doctor. Call before you leave your home to get medical care. Be sure to get care if you feel worse or you think it is an emergency. If you have questions or concerns about your symptoms, you should call your doctor.

4. IF YOU HAVE TRAVELED OUT-OF-STATE IN THE LAST 14 DAYS OR HAVE PEOPLE WHO LIVE OUT-OF STATE IN YOUR HOME

- Any tribal member, Pueblo resident, or employee who works at the Pueblo, who travels
 outside of the State of New Mexico for any reason is required to stay at home (selfquarantine) for up to 14 days upon their return and monitor for COVID-19 symptoms
 following the CDC guidance and the protocol in Section 2 above.
- Any visitor or person, including a tribal member, from outside the State of New Mexico who comes onto the Pueblo is required to self-quarantine for either 14 days or the length of their stay at the Pueblo, whichever is shorter, prior to making contact with any other person(s) on the Pueblo.
- Self-quarantine means the out-of-state person must remain at one location to monitor for COVID-19 symptoms and cannot be out and around the Pueblo making contact with other members of the Pueblo during that entire time.
- Any person or household member who allows a person, including tribal members, from outside of the State of New Mexico is also required to stay at home (self-quarantine) to monitor for COVID-19 symptoms for up to 14 days from the date of the last contact with the person following the CDC guidance and the protocol in Section 2 above.

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5. IF YOU NEED ASSISTANCE WHEN YOU ARE SELF-QUARANTINING OR ISOLATING

 Contact the COVID-19 Response Team if you are required to self-quarantine or isolate and need assistance because you cannot leave your home, or if you need help with accommodations because you cannot self-quarantine or isolate at home due to lack of separate rooms or insufficient space.

6. FAILURE TO COMPLY WITH THE PUEBLO'S PUBLIC HEALTH ORDERS AND DIRECTIVES

 If you fail to stay at home and isolate or self-quarantine as set out in the CDC guidance and this Order or fail to follow the public health directives issued by the Pueblo, you will be cited and subject to a fine or penalty as this not only puts your health at further risk but puts your family and your community at risk as well.

Questions about this Order should be directed to Thelma Gonzales, CHR Manager, at (505) 455-4114 or (505) 690-1024, or the Tribal Administrator at (505) 455-2273, Extension 160.

Governor Christopher A. Moquino

