



Pueblo de San Ildefonso Bulletin
Includes "Special Notice"

February 2021

Inside this Issue:

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- *Department of Education News*
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OFFICE OF THE GOVERNOR

Council Meeting Dates

To Be Announced

Office Closure

President's Day

Monday, February 15, 2021



**Visit Our
Website**

[Www.sanipueblo.org](http://www.sanipueblo.org)



LEGISLATIVE UPDATE

FEBRUARY 2021

Council Meeting Dates

Thursday, February 11, 2021, 5:10pm
Thursday, February 25, 2021, 5:10 pm

Council Working Session Dates

Tuesday, February 2, 2021, 5:10 pm
Thursday, February 4, 2021, 5:10 pm
Wednesday, February 17, 2021, 5:10 pm

Committee Meetings

None Scheduled.

Senior Meeting

None Scheduled.

Additional meetings are scheduled as necessary.

Lt. Governor Raymond Martinez
(505) 455-4127
rjmartinez.tc@outlook.com

Council Secretary Terrence Garcia
(505) 455-4113
sec.tc@outlook.com

Legislative Manager Brandi Martinez
(505) 455-4150
brmartinez.tc@outlook.com

Pueblo Lockdown Order

The Tribal Council strongly supports Governor Chris Moquino's Pueblo Lockdown Order and they would like to remind all community members and families to stay safe, practice social distancing and good hygiene. The Council encourages all to stay home and shelter in place and refrain from leaving the Pueblo unless absolutely necessary. It is imperative that all community members adhere to the Governor's Executive Order as well as the lockdown order to help slow the spread of the COVID-19 disease.

Council Website Update

The Council's website is currently inactive and the Legislative Office is working to establish other methods of communication. Thank you for your patience as we resolve this matter. If you have any questions or need assistance please contact our office.

COVID-19 Testing Site Web Links

Below are web links for COVID-19 testing sites. We encourage all to take advantage of the resources that are available. Community members please test 5 days after contact with a positive person to reduce false negative tests.

<https://cvprovider.nmhealth.org/directory.html> (NMDOH website - all testing locations and their hours of operation)

<https://curative.com/> (Curative testing in Espanola and Santa Fe)

<https://cvtestreg.nmhealth.org>

<https://www.phs.org/covid19/screening-testing/Pages/locations.aspx>



San Ildefonso Library /
Learning Center
Phone: (505) 455-2635
Fax: (505) 455-2641

Bernice Martinez
Assistant Director
Cell: (505) 660-0149
bmartinez@sanipueblo.org

Aaliyah Gonzales
Librarian / Tutor
agonzales@sanipueblo.org

**If you no longer
are using your
Chromebook,
Jetpack or iPad,
we are asking that
you please return
it to the Library!**

HOMEWORK HELP

Staff and volunteers are
available for homework
help.

Please call the Library if
you have any questions
or if you would like to
make an appointment!



Department of Education

LIBRARY STATUS

**WE ARE OPEN BY APPOINTMENT ONLY!
IT IS VERY CRUCIAL THAT YOU CALL BEFORE ENTERING THE
LIBRARY!**

Student Meals

We have resumed student meals. If you wish to receive meals or would no longer wish to receive them, please contact us at the Library! We will be alerting families if we aren't having meals via Notification system, keep an eye out!



School Supplies

We have school supplies available for everyone who may need it. Storage carts, children's face masks, computer mice and lap desks are available. Contact Education department to arrange pick-up.



We Need Your Help!

We are asking for your help with planning activities! We want to plan activities for people of all ages for holidays or just for fun!

Call or email us to send us your ideas!

Education.sanipa@gmail.com

YOUTH COUNCIL MEETINGS

The Youth Council is currently accepting new members (13-24) to join us! We are having zoom meetings every Monday!
Please contact Aaliyah if you wish to join!



KEEP SAN I SAFE!

The Education Department wants to remind everyone to stay safe!
Wash Your Hands! And
CONTINUE TO WEAR A MASK!

We know that times are tough,
but we will get through this!

**STAY HOME
&
SAVE LIVES**

Food box distribution is tentatively scheduled for Thursday, Feb. 11 from 1:30 to 4:30.

AASTEC

In an effort to protect the health and wellness of our community, the Pueblo of San Ildefonso is partnering with the Albuquerque Area Southwest Tribal Epidemiology Center (AASTEC) and the New Mexico Department of Health to strengthen our response to the COVID-19 pandemic. In the days and weeks ahead, AASTEC staff may be calling community members to provide important COVID-19 related information. Please be sure to answer your phones to ensure that you receive this information in a timely manner.

We are also asking all community members to be sure to include “San Ildefonso Pueblo” as part of your address whenever getting a COVID-19 test. This includes tests at Buffalo Thunder and IHS. This will help us make sure that you receive any necessary resources as quickly as possible.

As always, thank you for your understanding and cooperation. We are all in this together.

Super bowl Gatherings

“Gathering for the Super Bowl this year is an untenable risk to the health and safety of your loved ones and friends,” said DOH Secretary-Designate Dr. Tracie Collins. “The virus is still a very real danger. If you choose to watch the game, please do so **only** with members of your household.”

Welcome to Heart Health Month



Walking has long been the prescription of choice for physicians trying to help their patients bring down their blood pressure. High blood pressure (hypertension) is a leading risk factor for cardiovascular disease and among the top preventable risk factors affecting overall mortality.

This new finding, published December 18, 2020 in the *Journal of Physical Activity and Health*, shows that stretching should be part of a well-rounded treatment plan for people wrestling with hypertension.



From Michelle Obama to the National Football League, it seems everyone is encouraging kids to engage in physical fitness. It's equally important to get kids to stretch before and after being active – and this habit should be reinforced early on, one expert says.

Stretching improves flexibility, and flexibility is as important as strength for sports performance and injury prevention in growing children, said Dr. Bert Knuth, a pediatric orthopedic surgeon at Advocate Children's Hospital.

AMERICAN COUNCIL ON EXERCISE PRESENTS

10 reasons to stretch it out

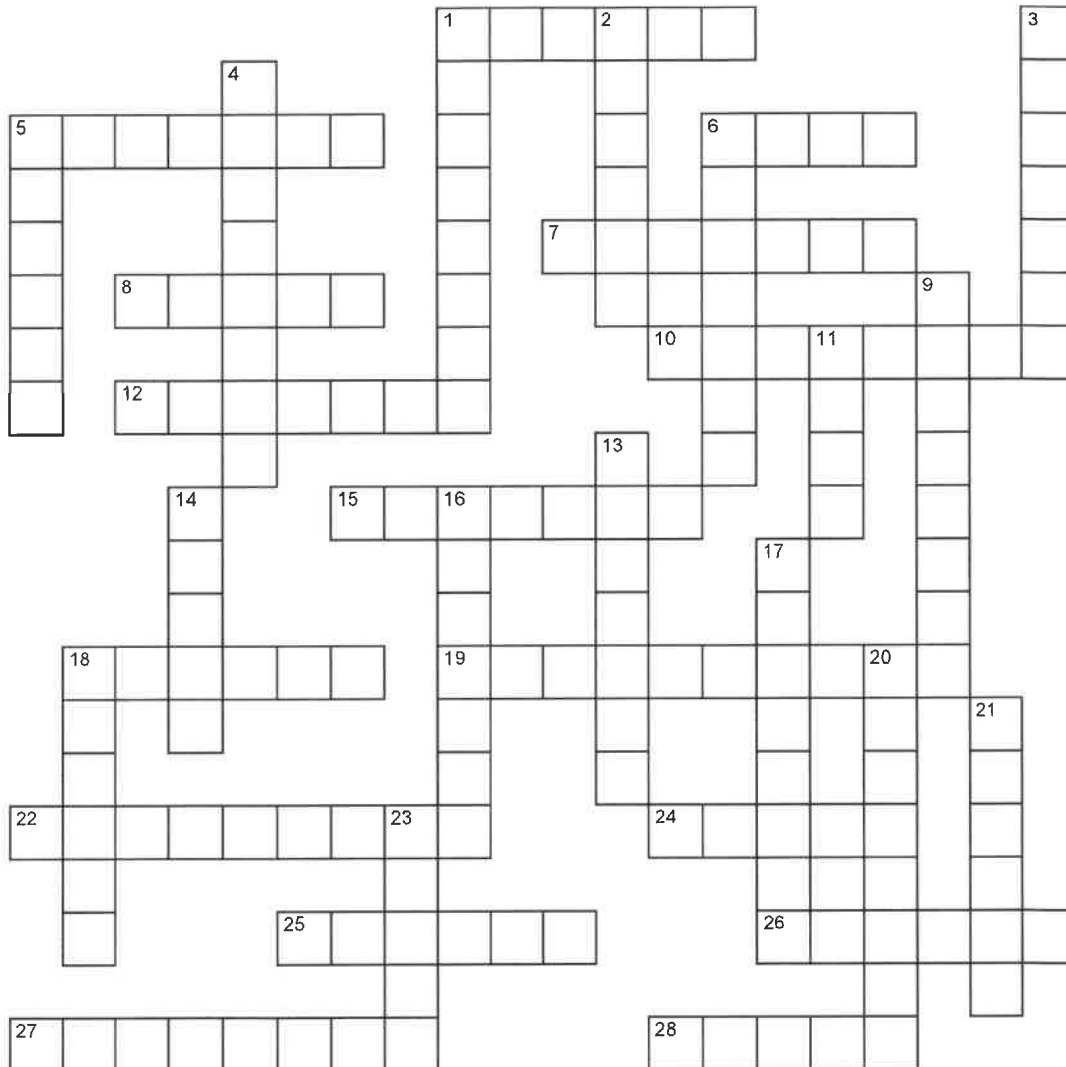
FLEXIBILITY TRAINING is an essential, yet often overlooked component of fitness. Here are 10 reasons why you should do regularly stretching.

- 1 DECREASED STRESS**
- 2 REDUCED PAIN AND STIFFNESS**
- 3 IMPROVED HEALTH**
- 4 ENHANCED RANGE OF MOTION**
- 5 IMPROVED MUSCULAR FUNCTION**
- 6 REDUCED RISK OF INJURY**
- 7 ENHANCED PERFORMANCE**
- 8 IMPROVED BLOOD FLOW AND CIRCULATION**
- 9 MINIMIZED WEAR AND TEAR ON JOINTS**
- 10 IMPROVED QUALITY OF LIFE**

AMERICAN COUNCIL ON EXERCISE
ACEFITNESS.ORG

NFL Teams

CROSSWORD DIRECTIONS: We have given you the location of the team for the clue. Fill in the crossword grid with the name of the team.



ACROSS

1. Kansas City
5. Oakland
6. New York
7. Cincinnati
8. Chicago
10. New England
12. Minnesota
15. Green Bay
18. Tennessee
19. Tampa Bay

22. Arizona
24. San Francisco
25. Cleveland
26. New Orleans
27. Carolina
28. Buffalo

DOWN

1. San Diego
2. Philadelphia
3. Atlanta
4. Seattle
5. Baltimore
6. Jacksonville
9. Miami
11. Los Angeles
13. Denver
14. Indianapolis

16. Dallas
17. Pittsburgh
18. Houston
20. Washington
21. New York
23. Detroit

NFL Teams

SOLUTION



Tribal members should try to:

Wash your hands often with soap and water for at least 20 seconds. If you can't wash your hands with soap and water, use an alcohol-based hand sanitizer that contains at least 60% alcohol. Rub the gel over all the surfaces of your hands and fingers until your hands are dry.

Avoid touching your eyes, nose, and mouth.

Stay at least 6 feet, or about 2 arm lengths, away from others.

Wear a **mask**, especially when you are unable to stay 6 feet away from others. Masks offer some protection to you and are also meant to protect those around you, in case you are unknowingly infected with the virus that causes COVID-19.

Note: Masks should not be placed on children younger than 2 years old, anyone who has trouble breathing or is unconscious, or anyone who is unable to remove the mask without assistance.

Stay home if you are sick.

- **Promote** healthy hygiene practices.
 - ***Encourage tribal members to wash their hands often with soap and water for at least 20 seconds.*** If soap and water are not available, use hand sanitizer that contains at least 60% alcohol.
 - ***Provide adequate supplies to support healthy hygiene behaviors,*** including soap, clean water, hand sanitizer with at least 60% alcohol, tissues, and no-touch trash cans.
- **Stay home** if you are a sick person or have had close contact with someone who is sick with COVID-19.
- **Increase cleaning and disinfection** and limit use of shared items.
 - ***Clean and disinfect frequently*** touched surfaces at least daily.
 - ***Consider limiting the sharing*** of frequently touched items.
 - ***Ensure safe and correct use and storage*** of disinfectants, including storing products securely away from children.

Use disposable eating and serving utensils s (e.g., plastic forks, spoons and knives; and paper dishes and cups). If disposable items are not feasible or desirable, ensure that all non-disposable utensils are handled with gloves and washed with dish detergent and hot water or in a dishwasher. Individuals should **wash their hands** after removing their gloves or after directly handling used food service items.

- ***Avoid sharing food, containers, and utensils.***

Recommendations and Tips for Multi-Generational Tribal Households during the COVID-19 Pandemic

People who live in multi-generational tribal households may find it difficult to take precautions to protect themselves from COVID-19 or isolate those who are sick, especially if space in the household is limited and many people live in the same household.

Everyone in the household should limit risks

Everyone in the household should take steps to stay healthy and protect each other from getting sick.

- **Wash your hands** often with soap and water for at least 20 seconds. If you can't wash with soap and water, use an alcohol-based hand sanitizer that contains at least 60% alcohol.
- **Avoid** touching your eyes, nose, and mouth.
- **Limit** trips out of the house. If you must leave the household, wear a mask, and stay at least 6 feet, or about 2 arm lengths, away from others. This is called social distancing.
- **Avoid** having visitors (anyone who does not live with you) inside your household. This may be difficult given most communities are close knit and people visit each other often, but it helps reduce the spread of the virus that causes COVID-19. **If people must visit, visitors should wear masks and stay outside, if possible, while keeping at least 6 feet distance.**

Elders and people with certain underlying medical conditions are at higher risk for serious illness from COVID-19. If your household includes one or more people who are at higher risk then **all family members should act as if they, themselves, are at higher risk.**

Limit the risks when taking trips out of the house

Members of the household should consider ways to limit the risks when there is a need to leave the house like going to a grocery store or market, tribal healthcare facility, or pharmacy. If possible, have at least two weeks of medications and supplies available.

When you make trips outside the house:

- Choose one or two people in the house who are not at higher risk to make the trip.
- Wear a [mask](#). Follow proper use, removal, and washing of the mask.
 - Masks should not be placed on young children under age 2, anyone who has trouble breathing, or is unconscious, incapacitated, or otherwise unable to remove the mask without assistance.
- Stay at least 6 feet (about 2 arm lengths or little over the length of a canoe paddle) away from others while shopping and in lines.
- Don't touch your eyes, nose, or mouth.
- Don't ride in a vehicle with members of different households. If that's not possible:
 - **Avoid** riding with or providing transportation for multiple passengers, whenever possible. Limit close contact and create as much space as possible between passengers in the vehicle.
 - **Open** the windows or use the vehicle's vents to bring in fresh outside air.
 - **Handle** only your own personal items.
 - **Avoid** touching your eyes, nose, and mouth.
 - **Clean and disinfect** commonly touched surfaces (e.g., door handles, handrails, seatbelt buckles) with [EPA-approved disinfectant](#)[external icon](#) after each trip.
- Wash your hands for at least 20 seconds right away after you return home. If you can't wash with soap and water, use an alcohol-based hand sanitizer that contains at least 60% alcohol.
- Maintain as much physical distance as possible from those at higher risk in the home. For example, avoid hugging, kissing, sharing food (e.g., using the same fork or sharing the same foods), and drinking from the same cup.
- Keep yourself safe when returning to work by following your employer's back to work guidance and these [CDC return to work tips](#).

Family members who are at higher risk should avoid caring for children and those who are sick

Elders and people who have [underlying medical conditions](#), such as diabetes or serious heart conditions, should avoid [caring for the children](#) in their household, if possible.

If people at [higher risk](#) must care for the children in their household, the children in their care should not have contact with people outside the household.

Members of the household who are at higher risk should also avoid caring for people of any age who are sick.

Separate a household member who is sick

Provide a separate bedroom and bathroom for the person who is sick, if possible. If that's not possible, try to separate them from other household members as much as you can.

Keep people at higher risk separated from anyone who is sick.

- If possible, have one person in the household [take care of the person who is sick](#). This person should be someone who is not at [higher risk](#) and should limit contact with other people in the household.
- Keep at least 6 feet between the person who is sick and other household members. If this is not possible:
 - Avoid hugging, kissing, and sharing food or drinks with the person who is sick.
- Have the person who is sick wear a mask, if they are able.
- Wash your hands for at least 20 seconds or use hand sanitizer that contains at least 60% alcohol after interacting with or cleaning up after the person who is sick.
- Avoid sharing household items at the same time, such as towels and dishes, with the person who is sick.

If you need to **share a room** with someone who is sick:

- Open a window, if possible.
 - Do not open windows and doors if doing so poses a safety or health risk to household members (e.g., risk of falling or triggering asthma symptoms).
- Maintain at least 6 feet between beds, if possible. If this isn't possible, sleep head to toe.
- Put a curtain around or place another physical divider (e.g., shower curtain, large cardboard poster board, quilt, or large bedspread) to separate the sick person's bed.

If you need to **share a bathroom** with someone who is sick, the person who is sick should clean and disinfect the commonly touched surfaces in the bathroom after each use. If this is not possible, the person who does the cleaning should:

- Open outside doors and windows before entering the bathroom, if possible. If you have one, turn on the bathroom ventilating fan.
- Wait [as long as possible](#) before entering the room to clean/disinfect or to use the bathroom.
- Ensure safe and correct use and storage of disinfectants, including storing products securely away from children.
- Wear disposable gloves when cleaning and wash your hands immediately afterwards.

If **more than one household member is sick**, have household members who are sick stay in one area of the home, separated from household members who are not sick.

Individuals who are at risk include:

- Age 65 years and older
- People with underlying medical conditions like diabetes, obesity, liver disease, serious heart, chronic kidney and lung (i.e. asthma) conditions and diseases, and compromised immune systems (i.e. transplants or HIV/AIDS)
- Pregnant people

It is important for people who are at [higher risk for severe illness](#):

- Stay at home and away from crowds.
- Make sure you have access to several weeks of medications and supplies so you don't have to go out of the home.
- When you go out in public, keep at least 6 feet away from others. Do not go to places where people are sick.
- [Wash your hands](#) frequently, as described above.

If someone in your home is [sick with COVID-19](#)

- Have everyone continue to practice good handwashing methods as described above.
- [Clean and disinfect](#) surfaces, doorknobs and other commonly touched surfaces with common household disinfectants daily.
- Remind everyone to avoid touching their face, and cover coughs and sneezes with the inside of their elbow or with a tissue, and then throw the tissue away.
- As best as possible, isolate the individual with COVID-19 in a separate bedroom and bathroom away from others.
- Take care of the emotional health of your family, including yourself.
- Avoid sharing personal items like phones, dishes, bedding, or toys.

If caring for a sick household member

Monitor for emergency signs, like:

- Trouble breathing.
- Continual pain or pressure in the chest.
- New confusion.
- Bluish lips or face.

Prevent the spread of germs:

- Avoid sharing personal household items, like dishes, towels, and bedding.
- Have the sick person wear a facemask (if available). If sick individuals are unable to wear a facemask, the individual caring for the sick should wear a facemask when in contact with them.
- Have them use a separate bathroom (if possible).
- Avoid having any unnecessary visitors.

Treat symptoms:

- Make sure individual with COVID-19 drinks fluids to stay hydrated and rests at home.
- Use over-the-counter medicines to help with symptoms.
- For most people, symptoms last a few days and get better after a week.

Take care of your mental health

You may experience [increased stress](#) during this pandemic. Fear and anxiety can be overwhelming and cause strong emotions.

Get immediate help in a crisis

- Call 911
- [Disaster Distress Helplineexternal icon](#): call or text 1-800-985-5990 (press 2 for Spanish).
- [National Suicide Prevention Lifelineexternal icon](#): 1-800-273-TALK (8255) for English, 1-888-628-9454 for Spanish
- [National Domestic Violence Hotlineexternal icon](#): 1-800-799-7233 or text LOVEIS to 22522
- [National Child Abuse Hotlineexternal icon](#): 1-800-4AChild (1-800-422-4453) or text 1-800-422-4453
- [National Sexual Assault Hotlineexternal icon](#): 1-800-656-HOPE (4673) or [Online Chatexternal icon](#)
- [The Eldercare Locatorexternal icon](#): 1-800-677-1116 [TTY Instructionsexternal icon](#)
- [Veteran's Crisis Lineexternal icon](#): 1-800-273-TALK (8255) or [Crisis Chatexternal icon](#) or text: 8388255

Drinking alcohol and COVID-19

- **Drinking alcohol does not protect you from COVID-19.**
- **Drinking alcohol weakens your body's ability to fight infections, increasing the risk of complications and making it harder to get better if you are sick.**
- **Alcohol use can increase the risk of acute respiratory distress syndrome and pneumonia, which are sometimes associated with COVID-19.**
- **Sharing of alcohol increases the risk of spreading the Covid-19 Virus**

Basics of excessive alcohol use

Drinking too much can be harmful to your health. Most people who drink excessively are not alcoholics or alcohol dependent. [Excessive alcohol use](#) includes [binge drinking](#), which is defined as five or more drinks on an occasion (within two or three hours) for men, and four or more drinks on an occasion (within two or three hours) for women. Other forms of excessive alcohol use include heavy drinking (15 or more drinks a week for men, eight or more drinks a week for women), and any drinking by [pregnant people](#) or [people younger than 21 years](#). Excessive alcohol use leads to more than 95,000 deaths each year in the United States.

Excessive alcohol use increases the risk for [violence](#), injuries, and motor vehicle crashes. It can also increase the risk of long-term health issues such as liver disease, cancer, heart disease, stroke, high blood pressure, and birth defects.

- Drinking alcohol:
 - May increase anxiety, depression, or other [mental health](#).
 - Increases the risk of family problems and violence.
 - May alter your thoughts, judgment, and decision-making.
 - Worsens [sleep](#) quality, which makes it more difficult to deal with stress.
- If you choose to drink, do so in moderation: up to one drink per day for women and up to two drinks per day for men.
-
- There are some people who should not drink any alcohol, including those who are:
 - Younger than age 21.
 - Pregnant or may be pregnant.
 - Driving, planning to drive, or participating in other activities requiring skill, coordination, and alertness.
 - Taking certain over-the-counter or prescription medications.
 - Experiencing certain medical conditions.
 - Recovering from alcoholism or are unable to control the amount they drink.



EIGHT NORTHERN INDIAN PUEBLOS COUNCIL, INC.

FOOD DISTRIBUTION PROGRAM

P.O. BOX 969 SAN JUAN PUEBLO, NEW MEXICO 87566

(505) 455-2288/2289 OR 1-800-734-2488 Fax (505) 455-7322

OFFICE HOURS: MONDAY-THURSDAY 8:00 TO 6:00 CLOSED 12:00-1:00 FOR LUNCH

WE ARE CLOSED ALL FRIDAYS AND OBSERVED HOLIDAYS

*****PLEASE NOTE: SCHEDULES ARE SUBJECT TO CHANGE DUE TO WEATHER CONDITIONS*****

PERRY MARTINEZ, DIRECTOR

DIANDRA MEDINA, CERTIFICATION SUPERVISOR

ANGELO PADILLA, INVENTORY MANAGER

FEBRUARY 2021

PUEBLOS SERVICED: Nambe, Pojoaque, Tesuque, San Ildefonso, Santa Clara, Ohkay Owingeh, Taos & Picuris

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
1 <u>PICURIS</u> 9:00- 12:00 <u>VILLA DEL NORTE</u> 1:30-3:30 <u>WAREHOUSE WALK-INS</u> 8:30-4:30	2 <u>OHKAY OWINGEH DEL</u> 9:00-3:00 <u>WAREHOUSE WALK-INS</u> 8:30-4:30	3 <u>SAN ILDEFONSO DEL</u> 9:00-11:45 <u>TESUQUE DELIVERY</u> 1:00-2:30 <u>POJOAQUE DELIVERY</u> 3:00-3:30 <u>WAREHOUSE WALK-INS</u> 8:30-4:30	4 <u>NAMBE CLIENTS ONLY</u> <u>@ WAREHOUSE</u> 8:30-4:30 <u>SANTA CLARA DELIVERY</u> 9:00-3:00
8 <u>OHKAY OWINGEH DEL</u> 9:00-3:00 <u>WAREHOUSE WALK-INS</u> 8:30-4:30	9 <u>TAOS PUEBLO DELIVERY</u> 9:00-3:00 <u>WAREHOUSE WALK-INS</u> 8:30-4:30	10 <u>WALK-INS @ ENIPC WIC</u> 9:00-03:00 <u>WAREHOUSE WALK-INS</u> 8:30-4:30	11 <u>PENASCO DELIVERY</u> 9:00-3:00 <u>WAREHOUSE WALK-INS</u> 8:30-4:00
15 <u>PRESIDENTS DAY</u> <u>OBSERVED</u> <u>HOLIDAY</u> <u>WAREHOUSE</u> <u>CLOSED</u>	16 <u>TAOS COUNTY DEL</u> 9:00-3:00 <u>WAREHOUSE WALK-INS</u> 8:30-4:30	17 <u>WALK-INS @ ENIPC WIC</u> 9:00-03:00 <u>WAREHOUSE WALK-INS</u> 8:30-4:30	18 <u>PENASCO DELIVERY</u> 9:00-3:00 <u>WAREHOUSE WALK-INS</u> 8:30-4:30
22 <u>TAOS COUNTY DEL</u> 9:00-3:00 <u>WAREHOUSE WALK-INS</u> 8:30-4:30	23 <u>TAOS PUEBLO DELIVERY</u> 9:00-3:00 <u>WAREHOUSE WALK-INS</u> 8:30-4:30	24 <u>CLOSED</u> <u>FOR</u> <u>INVENTORY</u>	25 <u>CLOSED</u> <u>FOR</u> <u>INVENTORY</u>
		PLEASE NOTE: ALL <u>WALK-IN</u> DAYS ARE SCHEDULED IN BY APPOINTMENT IF YOU HAVE MISSED OR NEED TO CANCEL YOUR APPOINTMENT PLEASE CALL TO RESCHEDULE	

*****PLEASE NOTE: SCHEDULES ARE SUBJECT TO CHANGE*****

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race,

February Menu – San Ildefonso Pueblo

2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1. Philly cheese steak Sandwich Home Baked Fries Mixed Vegetables Fruit/Milk	2. Carnita Burrito, Spanish rice , Mixed vegetables, Fruit/Milk	3. Baked cod, scalloped potatoes, peas and carrots, Fruit/Milk	4. Garbanzo Stew, Red Chili, 1/2 tortilla, Fruit/Milk	5. Pork Chop Mashed Potatoes Green Beans WW Dinner Roll Fruit/Milk	
	8. Salisbury steak, mashed potatoes, gravy, salad, fruit, milk	9. Baked chicken, steamed rice, mixed vegetables, fruit, milk	10. Sloppy Joe, Baked fries, mixed vegetables, fruit, milk	11. Frito Pies, red chili, Garnish, Fruit, milk	12. Pork chops, scalloped potatoes, Brussel sprouts, roll, fruit, milk	
	15. <u>Senior center</u> <u>closed presidents</u> <u>Day.</u>	16. Beef Stew, corn bread, mixed vegetables, fruit, milk	17. Tuna sandwich, baked chips, cucumber salad, fruit, milk	18. Green Chile Enchilada Spanish Rice, beans Garnish, Fruit/Milk	19. Hot roast beef, mashed potatoes, gravy, salad, fruit, milk	
	22. Chicken Fajitas, refried beans, tortilla, salsa, fruit, milk	23. Beef Tacos Spanish Rice Flour Tortilla Corn on Cob Fruit/Milk	24. Spaghetti, garlic bread, salad, fruit, milk	25. Bean & Cheese Tostada Salsa Spanish Rice WW Dinner Roll Fruit/Milk	26. Sub Sandwich, sweet potato fries, coleslaw, fruit, milk	
						MENU IS SUBJECT TO CHANGE!! 505-4557326