



## *Tunyo Pin Elders Fell back one hour!*

***The Tunyo Pin Elder members would like to extend a Happy Thanksgiving Day to all our Seniors. Enjoy your day and Blessings to you all on this Special Day! Be Safe.***

### **NOVEMBER HAPPENINGS**

-Friday, November 7, 2025, at 10:00am. Arts and Crafts Project for November was at Tunyo Pin elder Center making beaded corn bundles and having our creative juices flow in designing sack flour dish towels. Class was conducted by Lenora Arrietta and help from Eva Moquino. Thank you, Lenora, for leading this project. Extras made were given to homebound seniors.

-Thursday, November 13, 2025 @2:00-3:00pm. The smell of fresh homemade cookies was in the air! Senior brought cookies to exchange. The extras went to those homebound cookie monsters that we are sure enjoyed.

-Wednesday, November 19, 2025, 10:00am, Tunyo Pin Elders Monthly Meeting was held in conference room at center. Welcomed guest speaker to meeting. Anna Yarrow a newly hired contractor that is our homemaker worker. Introduced Benita Martinez of the Health/Wellness Dept. She encouraged Elders to get out and move ourselves and join in on the classes offered to Elders at Gym on Wednesday day and possible a after 5:00pm class. Chair, wall, and other fun exercises are done. Get out and try out a class, get our old bodies into moving for better health benefits.



**Arts and Crafts at Senior for November. We made Beaded corn .Also made designed painted flour sack dish clothes.**



**Cookie Exchange on November 13, 2025! Yummy!**



**Thanksgiving Luncheon at Tunyo Pin Elder Center.**

Thursday, November 20, 2025, at 11:30am, Seniors had their annual Thanksgiving Luncheon. Great tasting food of course from our hard working staff at Tunyo Pin Elder Center, Linda Martinez and Cordelia ENIPC. Kunda Linda & Corn!

### **TUNYO PIN ELDERS Upcoming December Activities**

-Massages for Home Bound Seniors – Dec. 1<sup>st</sup>, must sign up with Senior Advocate Stuart Christian @ (505)455-4143 or Tracy Cordero @ (505)455-4154.

-Elder/Veterans Brunch @SFIS – Dec. 3<sup>rd</sup> @10:00am – sign-up sheet at Elderly Center.

-Arts & Crafts Project for December – Dec. 4<sup>th</sup> @2:00pm with Lenora Arrietta (ICWA). Materials will be provided.

-30 Minute Massages for Seniors w/Poma – Dec. 5<sup>th</sup> @10:00am at Elder Center. Call Stuart Christian to sign up at (505)455-4143.

-Tech Nite – Dec. 9<sup>th</sup>/Dec. 23<sup>rd</sup> for Elders @5:30/6:00pm at the San I Library Learning Center. Assistance and support on internet, cell phones, notebook tablets, etc.

-Jemez Feast – Dec. 12<sup>th</sup> – Leaving @9:00am from Center. Sign-up sheet will be posted at Tunyo Pin Elder Center

-Ballet “Nutcracker” – Dec. 13<sup>th</sup> Leaving @11:30am to Lensic in Santa Fe from Center. Lunch included. Sign-up sheet posted at Elder Center. Note\* NO plus one for this event.

-Winter Dinner – Dec. 18<sup>th</sup> at the Tunyo Pin Elder Center, food catered by Panda Express w/music. Gift exchange will take place. Please bring an item estimated value \$15.00.

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-COME HAVE LUNCH AT OUR TUNYO PIN ELDER CENTER DAILY 11:30AM UNTIL 12:30PM. ENJOY A GREAT MEAL AND VISIT WITH FELLOW COMMUNITY MEMBERS. REMINESE OF OLD TIMES.

JOIN IN ON ACTIVITIES, PLEASE SHARE WITH US YOUR THOUGHTS AND IDEAS FOR UPCOMING EVENTS. LIFE IS SHORT SO COME AND HAVE SOME FUN.

BLESSINGS TO YOU ALL

