



Pueblo de San Ildefonso Bulletin

July 2025

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Working Session Dates

Wednesday, July 10 at 5:10pm Monday, July 28 at 5:10pm

Council Meeting Dates

Wednesday, July 16 at 5:10pm Dates and time are subject to change.

Unless otherwise noted, all Council Sessions and Council meetings are open for enrolled Tribal Member participation. Governor and Council reserve the right to close any portion of the meetings based on topic.

Beat The Heat, Stay Safe

With the high temperatures, please take precautions to stay safe.

- Stay cool: Keep to air conditioned areas
- Stay Hydrated: Drink your water!
- Try to wear lightweight and light colored clothes to help contract the suns heat.
- Hot cars can be deadly, never leave your pets or children in cars by themselves.
- Check in on others that may be more susceptible to the hotter temps.

Closures

All Tribal offices will be closed on Friday July 4, 2025 in observance of Independence Day.

Contact Us:

2 Tunyo Po, Santa Fe, NM 87506 Phone: (505) 455-2273 Fax: (505) 455-7351



Vacancy Announcement

Excellent Career and Benefits Opportunities

Come and Join our Team!

Full Time Positions offers a wide range of excellent fringe benefits:

- Healthcare (medical, dental, vision)
- Annual Leave
- Sick Leave
- Paid Holidays
- Basic Life Insurance
- Short Term, Long Term, AD&D Insurances
- On-the-job training and skills development
- Employee Assistance Program
- 401K

Pueblo de San Ildefonso is seeking qualified applicants for the below positions. All positions are open until filled

Recreational Coordinator/Facility Attendant
Transportation Government Assistant Worker
Senior Advocate
Driver for Senior Outings (As needed)

Contact Human Resources at (505)-455-4155 for Job Description or for more information. Employment Applications are available on the website at www.sanipueblo.org/jobs



Facilities Department

Important Notice to Our Community: Proper Waste Disposal for the New Septic System

To ensure our new septic system operates efficiently and safely, we kindly ask all community members to avoid disposing of the following items:

Please DO NOT dispose of the following in the septic system:

- Grease (cooking oils, fats)
- Feminine Products (tampons, pads, etc.)
- Cleaning/Toxic Chemicals (bleach, drain cleaners, etc.)
- Trash (paper towels, diapers, etc.)
- Food Waste (leftovers, scraps)
- **Medication** (pills, ointments)
- Plastics (bottles, bags, etc.)
- Needles (sharps)
- Cigarette Butts
- **Hair** (from combing, shaving, etc.)

We have come across some items that can seriously damage our system. Additionally, we've noticed that thick toilet paper, such as Charmin, is too thick and has been getting stuck in the system. To help prevent blockages and ensure smooth operation, we kindly ask the community to please consider switching to thinner or biodegradable toilet paper.

Some options for Biodegradable toilet paper:

- Scott, Scott dissolving
- Seventh Generation
- Bamboo Toilet Paper

These actions will help prevent clogs, damage, and costly repairs, ensuring that our septic system continues to work properly for years to come.

Thank you for your cooperation!

Pó Woh Geh Owingeh



Tewa Language Department

Na vi' Po'woh geh Towa-in',

I will be putting out a monthly Tewa word dictionary (so to speak) for you to absorb some of the generally used words that we might say here at home. I hope this will work for some of you who are trying to learn and maybe can't find the time to come to our language classes. I hope this will help.

> Welcome > Be buú wā veh

Good morning > Woh wā ta mú

Good evening > Sangi gë të ee

Good night > Woh wā kuū

Tribal Governor > Tunyon

Lt. Governor > Tunyon koh

Tribal Council > Tun tay keē eh

Church Official > Pi kaā

Kiva Official > Aakonge'in <u>OR</u> Towa San say

Tribal Sheriff > Awa see'

Governor's Office > Tunyon Wah Geh

Church > Mē saā tehPlaza > Buu-pin-geh

Our San I Tewa Tunn' is not an official written language, but this is the way that I spelled these words, as how I say it and hear it. You may spell it a little differently, and that's find, but at least hope you'll get the just of it.

Leon Roybal - aka: AwaTside'



Toys, clothes, decor, furniture, and baked goods- NO HOT FOODS



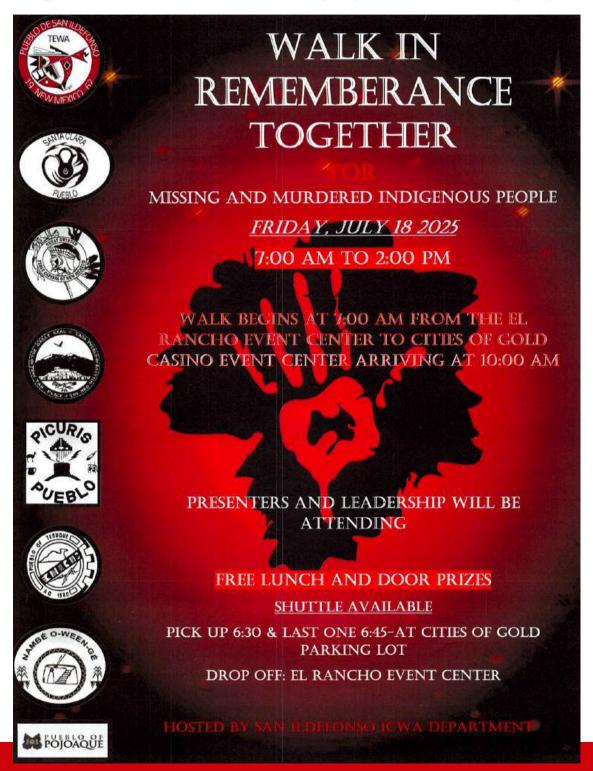
Bring your own chairs, table and canopy
Set up time begins at 7:30am-8:45am
For information, contact Hummingbird Calabaza,
Coordinator at 505-908-0586 or email
khohaypovi@gmail.com

Sponsored by- Tunyo P'in Seniors



HEALTH & HUMAN SERVICES

ICWA & FAMILY ADVOCATE PROGRAM



FOR MORE INFORMATION PLEASE REACH OUT TO LENORA ARRIETTA AT 505.455.2222 OR ICWAMANAGER@SANIPUEBLO.ORG



HEALTH & HUMAN SERVICES

CHR PROGRAM

UPCOMING

TAI CHI FOR ARTHRITIS **JOIN US FOR WARM UP EXERCISES FOR ARTHRITIS**



JULY 1 **JULY 17 JULY 22 JULY 31**



11:00AM **WELLNESS CENTER**

CAN BE DONE SITTING OR **STANDING**



TUESDAYS & THURSDAYS

PLEASE CALL HHS STAFF THE DAY BEFORE PICK UP DATE





RABIES CLINIC 3:00-6:00PM **HHS BUILDING**

ALL DOGS MUST BE ON A LEASH



Poh-Who-Geh-Owinge Department of Environmental & Cultural Preservation

Transfer Station News



**Hours and closures are subject to change for holidays or at any time for many reasons.

HOURS OF OPERATION:

MONDAY 8:00 am TO 5:00 pm 8:00 am TO 5:00 pm **TUESDAY** WEDNESDAY 8:00 am TO 5:00 pm

- CLOSED -**THURSDAY**

FRIDAY 8:00 am TO 5:00 pm 8:00 am TO 5:00 pm **SATURDAY SUNDAY** 8:00 am TO 5:00 pm

CLOSED 12:00pm to 1:00pm

CLOSURES for JULY

July 4th— 4th of July

WE DO NOT TAKE





Free

Please contact Transfer Station Attendant to help find a place to dispose.



Transfer Station Contacts:

a Free Water Bottle

Holder for your

water bottle!

- Roberta Trujillo, Transfer Station Attendant (505) 250-8297
- Christopher Chavez, Transfer Station Assistant (505) 412-3158



Have you ever found yourself confused about which plastics are recyclable? You are not alone. Many common plastic items are accepted in our recycling program but unfortunately, not all plastics have viable markets to be reprocessed into new products. Here is a break down of recycling plastics



BEST PRACTICE: CLEAN, RISE AND DRY CONTAINERS WITH FOOD AND LIQUIDS



PET #1 bottles and containers, typically used for beverages and food, are widely recycled and can be identified by the number "1" inside a triangle recycling symbol.



HDPE #2 bottles and containers are made of High-Density Polyethylene, a type of plastic commonly used for packaging due to its durability and recyclability. These containers are typically marked with the number "2" inside the recycling symbol. They are frequently found as milk jugs, detergent bottles, shampoo bottles, and other containers for household and personal care products.



PP #5 plastic is polypropylene (PP), a type of plastic often found in yogurt cups, syrup bottles, and some food containers. While many recycling programs now accept it, it's best to check with your local program to confirm.









LDPE# 4, or LDPE (Low-Density Polyethylene), is commonly found in plastic bags, grocery bags, and some food containers. PVC#3, known as PVC or vinyl. Generally not accepted in most recycling programs and is often considered difficult to recycle.

#4 Type of plastic commonly found in a variety of products, including: Plastic bags (grocery, bread, dry cleaning), some food containers, and certain wraps. Many grocery stores and retailers offer drop-off programs for plastic bags and films.

#3 Type of plastic commonly found in a variety of products, including: Kids' toys, cling wrap, squeeze bottles, shower curtains, window cleaner bottles, and some types of flooring and piping. Construction materials: Pipes, siding, and window and door frames. Food and medical packaging: Shampoo bottles, some food containers, and medical equipment.



HOW TO COMPOST AT HOME

COMPOSTING IS JUST A WAY TO RECYCLE YOUR FOOD & YARD WASTE!

Benefits of Composting, include: improves the structure & fertility of garden soil; adds nutrients & good bugs to your garden; and prevents diseased plants.

COMPOST NEEDS...

Heat, moisture, oxygen, plus a mixture of 2 parts green (nitrogen) & 1 part brown (carbon) organic materials.









WHAT TO FEED YOUR COMPOST PILE

Feed your pile roughly 1 part browns (carbon/usually drier yard waste/leaves) & 2 parts greens (nitrogen/usually food-based waste). You also want to keep it moist (like a wrung-out sponge) & turn it a couple of times a week.

TYPES OF COMPOSTING

CHOOSE YOUR BIN BASED ON HOW MUCH GREEN WASTE YOU HAVE, YARD SIZE, & HOW MUCH WORK YOU WANT TO DO.

- Worm Composting
 - Outdoor Piles
 - Bin / Box
 - Tumblers (fast)
 - Bokashi
 - Green Cone

Carbon (BROWNS)(35%)

Carbon-Rich Materials (Dry):

- Brown Leaves
- Twigs & Branches (small)
- Brown Paper Bags (shredded)
- Newspaper & White Paper (shredded)
- Cardboard, Toilet Paper Rolls (shredded)
- Cereal Boxes (shredded)
- Egg Cartons & Coffee Trays (shredded)
- Coffee Filters & Tea Bags
- Pine Needles
- Old/Dead Plants (not diseased ones!)
- Straw & Hay
- Wood Chips / Mulch

Nitrogen (GREENS)(65%)

Nitrogen-Rich Materials (Wet):

- Fruit & Veggie Scraps/Peels
- Cores & Rinds
- Coffee Grounds & Tea
- Crushed Eggshells
- Cooked Pasta (no sauce)
- Cooked Rice
- Bread
- Grass Clippings
- Green Leaves
- Sandwich crusts, old bread
- Soggy cereal
- Stale pastries

So How Do I Compost? A Step-by-Step Guide...





STAFF

Natural Resources Director Kate Bohannan

Realty Officer
Daniel Baca

GIS/GPS Manager Lin Ji

Transportation Manager Daniel Schwab

Road Maintenance Tech. Adam Martinez

Tribal Ranger Derek Valerio

Tribal Ranger

Brandon Castillo

Tribal RangerGabriel Romero



OFFICE OF NATURAL RESOURCES DEPARTMENT UPDATES

CAUTION

Wildlife-Vehicle Incidents on the Rise! – Please be alert while driving, especially during early morning and evening hours. There has been increased movement of deer, elk, and coyotes reported near roads. Slowdown in known wildlife corridors and please report any wildlife collisions to Tribal Rangers immediately.

It is important to be mindful of the changing conditions, the New Mexico fires, and how animal activity will be during increased temps. Please be cautious with environmental concerns and unusual wildfire behavior. The Tribal Rangers continue to monitor the Pueblo closely and are working on the impact on land, wildlife, livestock, and the community.

HEAT AND SAFETY: STAY SAFE AND BE PREPARED:

The high heat temperatures continue to be a concern for both humans and animals. Protect your furry friends from heat-related illnesses by:

- Never leaving your pets in a parked car not even for a minute.
- Always provide clean, cool water.
- Make sure pets have shelter and plenty of shade.
- Walk dogs during the cooler parts of the day early morning or late evening.
- Watch for signs of heat exhaustion and get your pet help if they need it!
 Such as: heavy panting, drooling, vomiting, weakness and disorientation.

Storms and Extreme Weather: Pets need protection from more than just the heat!

- Provide proper shelter from rain, wind, and hail.
- Secure fences and kennels to prevent escape or injury. Please make sure
 the enclosure provides adequate ventilation and must be of a size that
 minimizes the risk of the animal contracting a disease, being injured, or
 becoming infested with parasites.
- Bring pets inside during severe weather.

The Pueblo of San Ildefonso, NM – Tribal Law States: all pets must be confined due to loose animals facing dangers such as heat stroke, vehicle traffic, wild animal attacks, and getting lost or stolen. Let's keep our pets safe and healthy! Be a responsible owner because your care makes a difference! Please call the Tribal Rangers if you have any questions or need to report any lost, stolen, or loose animals.



OFFICE OF NATURAL RESOURCES (P. 2)

HEAT AND SAFETY: STAY SAFE AND BE PREPARED (CONT.):

As temperatures rise, so does the risk of heat-related illnesses, including heat exhaustion and heat stroke—serious conditions that can become life-threatening if not addressed quickly.

Be Aware of the Signs:

- Heat Exhaustion: Heavy sweating, weakness, cold or clammy skin, nausea or vomiting, and fainting.
- Heat Stroke: High body temperature (103°F or higher), hot and dry skin, rapid pulse, confusion, and unconsciousness. Heat stroke is a medical emergency. Call 911 immediately if you suspect someone is suffering from it.

Protect Yourself and Others:

- Stay hydrated—drink water regularly, even if you're not thirsty.
- Avoid strenuous activity during the hottest parts of the day.
- Wear lightweight, light-colored clothing and a wide-brimmed hat.
- Take breaks in the shade or air-conditioned areas.

Check on elderly neighbors, children, and pets. Let's work together to keep our community safe. Know the signs. Stay cool. Stay safe.

ANIMAL SUPPLIES

We still have dog and cat supplies that were graciously donated by the Los Alamos County Animal Control and the Animal Shelter to the Pueblo! Please contact the Tribal Rangers ahead of time to schedule a time to pick up and or look at what is available. There are collars, bowls, crates, brushes, and much more!

TRESPASSING AND SECURITY AROUND THE PUEBLO

Fence Repairs Remain a Top Priority! Tribal Rangers continue to address breached or damaged fencing around the reservation. Fence integrity is vitally important to protect property, livestock, and prevent any unwanted trespassing. Please contact the Rangers to report any broken or downed fence sections so repairs can be made quickly. We thank the community for their cooperation and together we can keep our Pueblo safe, secure, and resilient.

New Temp Ranger on Board! Please welcome Daniel Romero to the Team! Two Interns have also joined our Pueblo Offices to help better our community and learn about what we do!



Pueblo de San Ildefonso Office of Natural Resources

June 18, 2025

Fire Weather Advisory - Elevated to Near-Critical Conditions

Due to hot, dry, and windy weather, fire danger in Pueblo has increased to near-critical levels.

Community members are asked to:

- Avoid activities that create sparks or open flames.
- Limit use of outdoor power tools during peak heat hours.
- Do not burn trash, weeds, or debris.
- Report smoke or fire immediately to Tribal Rangers

Fire restrictions remain in place, and conditions are being monitored.

Thank you for helping protect our land and community.

For questions, contact:

Tribal Rangers

Derek Valerio (505) 364 – 3672 Brandon Castillo (505) 219 – 7552 Daniel Romero (505) 692 - 5738

Natural Resources Director

Kate Bohannan (505) 252 - 5835



Office of Natural Recourses

New Team Members



Gabriel Romero

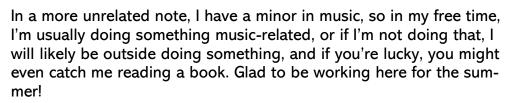
Tribal Ranger

I'm Gabriel Daniel Romero or many of you may know me as Doodie. I love to hunt, fish & go camping. I'm motivated, I enjoy taking on & completing difficult challenges, I'm ready to work & will see you outdoors.

<u>Matthew Martinez</u>

Intern

Hello, my name is Matthew Martinez, and I am from San Ildefonso Pueblo. I'm currently a rising Senior studying Earth Systems Science at Stanford University. A lot of my focus has been on learning resource management and conservation with incorporating Traditional Ecological Knowledge across various fields. While this is my academic focus, I have also been interested in soil management, restoration, and its overall impact on agriculture and biodiversity. My position now is interning for the tribe in primary natural resources, DECP, and HHS, but overall, I'll be around in most places.







Rachel Harper

Intern

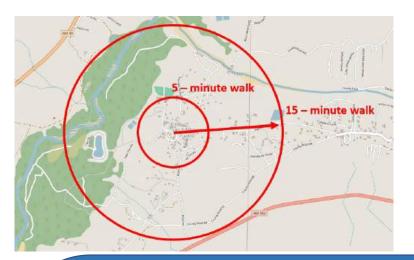
Hello, my name is Rachel Harper and I am the Natural Resources Intern for the summer. I am an undergraduate student at Northern New Mexico College in the process of getting three degrees and I am very grateful that I got this opportunity to intern in San Ildefonso which has been very interesting and informative!

From the Transportation Department July 2025

SUMMER IS HERE... DECOLONIZE YOUR TRANSPORT!

Transportation is about getting from one place to another, and there are many ways to do it.

If you live in the Village center, El Rancho, or Black Mesa, then many of the Pueblo destinations are a short walk away. **Walking** is great for your health. The map below shows how far you can walk in just a few minutes from the Pueblo Plaza Area:



ROAD CLOSURE!

THAN POVI PO WILL BE CLOSED TO THROUGH-TRAFFIC FROM JUNE 23 TO AUGUST 7 FOR CONSTRUCTION!





Arnold Schwarzenegger cycling in Toronto

Want to see some more cool stuff about biking? Check out: **momentummag.com** a free bicycle lifestyle magazine online

CONTACTS

Daniel Schwab

Transportation Manager 505.455.4110
Sanitransportation
@sanipueblo.org

Adam Martinez

Road Maintenance Tech amartinez@sanipueblo.org

Bicycling is great for your health and super fun.

There are different kinds of bikes for all ages and needs.

If you need help finding a bicycle for your budget, contact the Transportation Planning Manager at 505.455.4110



Balance bike (with no pedals) for learning to balance for children age 2-4



Children's bike for riding to school and play



Bike with basket for everyday use - shopping, work and local trips



Cargo Bike for carrying heavy loads and children too



Pueblo de San Ildefonso Office of Project Management

Hot News!

POJOAQUE BASIN REGIONAL WATER SYSTEM CONSTRUCTION UPDATE

PBRWS Underground Pipeline Installation— Than Povi Po and Tunyo Po

As of Tuesday, May 27, 2025, the Bureau of Reclamation's contractor, CDM Smith, and their subcontractor, CF Padilla, are currently performing pipeline construction activities along Than Povi Po and Tunyo Po, within the boundaries of the Pueblo of San Ildefonso, as shown in Figure to the right.

CF Padilla began installing the 10-inch water line pipeline at the intersection of Than Povi Po and Shumaa Po and these roads will be closed Monday through Thursday 7AM sto 5PM, for at least six (6) weeks.

Once work is completed on Than Povi Po, construction will continue along Tunyo Po under the same traffic control measures. This construction effort is anticipated to last approximately 3 to 4 months.

Traffic delays are expected, and your patience and cooperation are greatly appreciated.









San Ildefonso Library

Phone: (505) 455-2635 Fax: (505) 455-2641

Aaliyah Gonzales

Librarian/ASP Coordinator agonzales@sanipueblo.org

Rick Juliani

Education Director Cell: (505) 321-9694 rick.juliani@sanipueblo.org

Bernice Martinez

Education Manager Cell: (505) 660-0149 bmartinez@sanipueblo.org

Katerie Martinez

Home Visitor
Ph: (505) 618-0385
homevisitor@sanipueblo.org

Melissa Medina

College & Career Readiness Coord. Ph: (505) 455-4167 mmedina@sanipueblo.org

VISIT OUR WEBSITE

www.sanipueblolibrary.org

Sign up for a library card
& check out our
NEW resources



With a Library card,

you can get FREE access to
Santa Fe-area museums
through our new resource:



July 2025

Education Department



HAPPENING NOW

HOME VISITING PROGRAM ACCEPTING!

ACCEPTING FAMILIES with children (pre-birth to age 5) for the Pueblo's own Home Visiting program (see flier on following page to join!).

Scenes from Summer Program









COLLEGE/CAREER SERVICES

Get a Tribal Scholarship to Pay for Your Education!

<u>Deadline to apply for Tribal Scholarship</u> (*for Fall, 2025*) is JULY 15. Must be enrolled member of San Ildefonso. For application, go to https://www.sanipueblolibrary.org/public-announcements

Interested in Taking <u>FREE Adult Education classes</u> @ San Ildefonso through UNM-LA?? To sign up, <u>call 455-2635 or email</u>
education.sanip@gmail.com

FOR LIST OF SCHOLARSHIPS TO FUND YOUR EDUCATION, GO TO LIBRARY WEBSITE OR E-MAIL: educationsanip@gmail.com



HOME VISITING PROGAM

WHAT IS HOME VISITING?

Helps families during the childs first years of life. Participating families will gain knowledge and skills to support their childrens health and well being ensuring a great start to life.

ELIGIBILITY

Are you pregrant?

Do you have children or raise children 0-5 years of age?

IS THERE A FEE? No : it is FREE + Incentives!

Join us today!
Contact Katerie Martinez (Home Visitor)
Office-505-455-4140
Cell- 505618-0385
to Sign Up!



NOTICE

Community members have reported children on the San Ildefonso Day School grounds after hours when the campus is closed. This poses a number of dangers to any children who are entering school property without approval.

The school's playground is not a community playground and is only accessible to SIDS students, while school is in session. Violators are trespassing onto Federal Property.

In the event that anyone is on campus unauthorized after hours, neither the school, nor the Pueblo, will be liable for any injuries.

Please ensure your children are not engaging in this behavior.

Thank you!

ADULT VOCATIONAL TRAINING FUNDING



- FINANCIAL ASSISTANCE AVAILABLE FOR THOSE ENROLLED IN HIGHER ED OR TRADE SCHOOL
- SEEKING VOCATIONAL TRAINING OPPORTUNITIES?
- SEEKING EMPLOYMENT RELATED SERVICES?
- ENROLLED IN AN ASSOCIATE'S DEGREE?
- TRADE SCHOOL OR APPRENTICESHIP PROGRAM HAPPENING NOW?

APPLY NOW!

WWW.ENIPC.ORG -EDUCATION PROGRAMS
EDUCATION@ENIPC.ORG
505-692-2056

APPLICANTS MUST BE AN ENROLLED ADULT (18+) FROM ONE OF THE FOLLOWING PUEBLOS: NAMBE, PICURIS, POJOAQUE, TESUQUE, AND SAN ILDEFONSO.





Pueblo de San Ildefonso Tribal Courts

02 Tunyo Po Santa Fe NM, 87506 (505) 455-7500 / (505) 455-4168

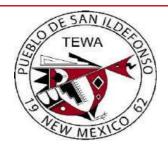


COURT ADMINISTRATOR, DIANE VIGIL AND CHIEF COURT CLERK, JUSTINE FENDER WERE RECENTLY ACCEPTED INTO THE NATIONAL JUDICIAL COLLEGE'S COURT ADMINISTRATION ACADEMY FOR JUDGES OF ALL LEVELS HOSTED AT THE JUDICIAL BRANCH OF PUERTO RICO IN SAN JUAN, PUERTO RICO. THE FOUR DAY LONG ACADEMY WAS TAUGHT BY ESTEEMED FACULTY WITH PRACTICAL AND INSTRUCTIONAL EXPERIENCE FROM ALL LEVELS OF THE COURT (JUSTICES AND STATE COURT ADMINISTRATORS), INCLUDING SUPREME COURT; DISTRICT COURT; ALL LEVELS OF TRIAL COURT; MUNICIPAL COURT, PRESIDING JUSTICES AND REGIONAL ADMINISTRATIVE JUSTICES.



JUDGES AND COURT STAFF FROM METROPOLITAN, RURAL, TRIBAL AND ADMINISTRATIVE COURTS FROM ALL OVER THE UNITED STATES WERE IN ATTENDANCE, INCLUDING THE NM DISTRICT JUDGE FROM ALAMOGORDO DISTRICT COURT, ALBUQUERQUE METROPOLITAN COURT JUDGE, LOVINGTON DISTRICT COURT JUDGE, ALAMOGORDO DISTRICT COURT JUDGE, TWO OF THE JUSTICES FROM THE SANTA FE SUPREME COURT AND THEIR STAFF.

THROUGHOUT THE ACADEMY FACULTY PRESENTED ON TOPICS SUCH AS: CASEFLOW MANAGEMENT, DATA COLLECTION AND REPORTING, ETHICS, FINANCIALS, EFFECTIVE TEAMWORK, PUBLIC AND MEDIA ACCESS, RECORDS MANAGEMENT, SECURITY, TECHNOLOGY, ACCESS TO JUSTICE, WORKING WITH LEGISLATURES, JUDICIAL WELLNESS & RESILIENCE AND ADMINISTRATIVE RECORDKEPING.



Pueblo de San Ildefonso Tribal Courts

02 Tunyo Po Santa Fe NM, 87506 (505) 455-7500 / (505) 455-4168



UPON COMPLETION OF THE COURT ADMINISTRATION ACADEMY A GRADUATION WAS HELD TO PRESENT PARTICIPANTS WITH CERTIFICATES AND PINS.





WHAT IS NJC?

CREATED MORE THAN A HALF-CENTURY AGO AT THE RECOMMENDATION OF THE U.S. SUPREME COURT JUSTICE, THE NATIONAL JUDICIAL COLLEGE, BASED IN REVO, NV SINCE 1964, REMAINS THE ONLY EDUCATIONAL INSTITUTION IN THE UNITED STATES THAT TEACHES COURTROOM SKILLS TO JUDGES OF ALL TYPES FROM ALL OVER THE COUNTRY, INDIAN COUNRTY AND ABROAD. THE CATEGORIES OF JUDGES SERVED BY THIS NONPROFIT AND NONPARTISAN INSTITUTION DECIDE MORE THAN 95 PERCENT OF CASES IN THE UNITED STATES.



BLACK MESA BEHAVIORAL HEALTH 8AM TO 4:30PM 505-370-7499

ABOUT US:

The Pueblo De San Ildefonso has partnered with Serna Solutions to provide Behavioral Health Services to their community members. Black Mesa Behavioral Health is a true collaboration with the pueblo's leadership, the Health and Human Services Division and Serna Solutions. We offer individual, couples, family sessions along with therapeutic groups. We can help you and your family members address addiction. reduce anxiety, depression, stress and help with grief.





Scan the QR code to make a referral for vourself or someone else.



ADAC PROGRAM DIRECTOR

SANTANA TITLA santana@sernasolutionsllc.com 505-365-1069



BELLA CONFORTI

izabella@sernasolutionsllc.com 505-557-2070



DEZBAH STUMPFF

CARLOS MARTINEZ OFFICE MANAGER

carlos@sernasolutionsllc.com

dezbah@sernasolutionsllc.com 505-303-0393

For More Information

New to sobriety? New to recovery? We Can Help! Join our new group sessions.

PLEASE CALL TO SIGN UP

Starting July 7th Mondays at 5:30pm

Sessions will be in-person at Black Mesa Behavioral Health

~29 Odo Po~

for more information

505-370-7499

These sessions will provide you with a thorough understanding of addiction and skills that can guide you onto a healthier path.





What Is Elder Abuse?

Elder abuse is any action or failure to act that harms an older adult.

It can include:

Physical harm
Emotional or verbal abuse
Neglect or abandonment
Financial exploitation
Cultural/spiritual disrespect

Who to Contact

Lenora Arrietta ICWA Manager/Family Advocate Office: (505) 455-4164 Cell Phone: 699-0164

What to Look For

Unexplained bruises or injuries Injuries like cuts, bruises, broken bones, or bedsores.

Withdrawal, sadness, or fear Withdrawal, depression, anxiety, or changes in behavior.

Sudden changes in finances
Involves unauthorized use of funds,
missing Social Security checks, or
sudden loss of property.

Poor hygiene, untreated health issues

Lack of proper care, including inadequate food, water, hygiene, or medication.

Isolation from loved ones





Staying Mentally Healthy This Summer

Summer can be a time of freedom and fun—but it can also throw off your balance. Without the routine of school, it's easy to slip into long days of screen time, late nights, and social disconnection. That might feel good at first, but it can leave you feeling off, irritable, or even down.

🔆 Get sunlight in the morning

Natural light helps your mood and sleep cycle. Try stepping outside for 10 minutes after waking up.

🕑 Keep a gentle routine

You don't need to plan every hour—but having anchor points like regular sleep and meal times helps you feel more in control and less anxious.

N Take screen breaks

Social media can be fun, but too much can lead to burnout, comparison, or FOMO. Try unplugging for part of the day.

Use your coping tools

If you're feeling lonely, getting outside, or moving your body can help reset your nervous system when things feel off.



Don't underestimate water and sleep

Feeling "off" might just be dehydration or exhaustion.

Summer is a great time to reset. Small habits go a long way. And if things feel hard, you're not alone—talk to someone you trust.

Need more support? You can always reach out to us at Black Mesa Behavioral Health for help navigating mental health and wellness this summer.



San Ildefonso Housing Authority

BUSINESS HOURS: 7:30 AM Mon. 4:30 PM Tues. 7:30 AM to 4:30 PM Wed. 4:30 PM 7:30 AM to Thur. to 7:30 AM 4:30 PM Fri. to 4:30 PM 7:30 AM Sat. to CLOSED CLOSED CLOSED CLOSED

SIHA STAFF CONTACT INFO:

Lisa Manwell, Executive Director director@sanihousing.org (505) 455-4161

Christopher Romero, Building Services Manager buildingmanager@sanihousing.org (505) 479-0399

Devan Martinez, Housing Manager officemanager@sanihousing.org (505) 455-4162

BOARD OF COMMISSIONERS

Julie Sanchez, Chair
Term expires: 12/31/27
Shannon Titla, Vice Chair
Term expires: 12/31/24
Victoria Martinez, Secretary
Term expires: 12/31/25
Danielle Keener-Garcia,

Treasurer

Term expires: 12/31/26 Kevin Naranjo, Member Term expires: 12/31/25

*IMPORTANT! Be informed that the email addresses provided on SIHA's website (www.sanihousing.org) are incorrect. Please utilize the emails listed under "STAFF CONTACT INFO". SIHA is actively working on a new site and sincerely apologizes for any inconvenience. Thank you for your understanding.

HOUSING APPLICATIONS

The San Ildefonso Housing Authority is still accepting applications to grow its waiting list, which is designed to address the housing needs of the Pueblo de San Ildefonso, and SIHA is asking for your help! We encourage Tribal Members to visit the SIHA Office during business hours to collect an application. This waiting list is essential for SIHA to pursue grant opportunities and to assess housing needs effectively. If you have any questions, please contact Devan Martinez, Housing Manager, at the SIHA Office.

SUCCESSOR FORMS

SIHA strongly advises tribal members to fill out and submit a notarized Successor Form for inclusion in your file. Although contemplating your own passing can be challenging, it is crucial to maintain a clear record of the person or people you with to inherit your home. Please remember that your Successor must be Tribal Member of the Pueblo de San Ildefonso. *See the attached Successor Form.*

Battleship and Deer Tail Subdivisions - Fireworks!

Per your <u>Occupancy and Relocation Policy for Tenant and Homeowner Projects</u>

XII. OCCUPANCY RULES CONCERNING FIREARMS, SAFETY, FIREWORKS, PETS, LIVESTOCK, AND FOWL, AND OTHER MATTERS.

- C. Fireworks. The possession or ignition of fireworks in SIHA housing areas is *strictly prohibited*. For the purposes of this Policy, the term "fireworks" means a combustible device that when ignited produces colored flames, sparks, and/or smoke, sometimes accompanied by bangs or pops, including but not limited to the following (commonly known as): roman candles, firecrackers, sparklers, whistlers, rockets, spinners, fountains, aerials, mines, smokers, strobes, snakes, and wheels. Devices such as party poppers and snaps are not included in "fireworks." Anyone igniting fireworks in violation of this paragraph shall be liable for the cost of repairing any damage to a SIHA-managed Unit or within a SIHA housing area caused by such fireworks.
- * Please also be considerate of your neighboring residents and make sure that all trash is properly secured and disposed of. *



Emergency Assistance for Electrical, Plumbing, & Roofing

Enchanted Electrical, LLC

505-988-3532

TLC Plumbing, HVAC, & Electrical

505-471-0119

George Carmona Plumbing

505-660-3655

Relentless Roofing

505-967-9032

Splendid Builders & Roofing

505-930-8302

Homeowner is responsible for any and all costs provided from these services



Deer Tail Phase II Applicants - HOMEWISE

UPDATE on credit pulls: Homewise is now able to utilize "soft pull" credit reports for clients undergoing coaching who are looking to obtain a mortgage loan pre-approval. After entering into a contract for a new home and collaborating with a loan officer, there will be at least one "hard credit pull". A soft pull does not count as an "inquiry" on a credit report and does not impact your score. Conversely, a hard pull is a formal inquiry and will appear on your list of recent inquiries with each credit bureau, potentially reducing your credit score by 3-5 points. Most individuals recover these points within 30-60 days, which corresponds to 1 to 2 credit cycles. Conducting a credit check is standard practice in the industry when applying for a loan and is an essential component of the process. If you have any questions, please contact Rachael Gilman via email at rgilman@homewise.org or by phone at (505) 955-7028.

AMERIND INSURANCE

SIHA has processed numerous Quit Claims for Tribal Members and encourages you to secure home insurance that suits your needs. However, Amerind Risk Management presents an excellent home insurance option through AMERIND, which is the sole 100% Tribally owned insurance provider in Indian Country. For an application, please visit the SIHA office or check out www.amerind.com for additional information.



Designation of Successor(s) by Homeowners

OMEOWNER:
DDRESS:
omeowner(s) may designate a successor(s) who would assume and succeed to all of the rights an oligations of the Homeowner(s), at the time of an event, which is defined as the death, mental capacity, or execution of a living will by the Homebuyer(s). The designate must meet the onditions stated in this Section and the designation shall be made at the time of execution of this greement. The Homeowner(s) may change the designation at any later time by written and otarized notice to SIHA. This written notice shall be included as an addendum to this Agreemen
he designated successor(s) as of the date of execution of this Agreement is:
ame:
elationship:
ate of Birth:
ocial Security #:
ddress:
ity, State, & Zip:
omeowner:
Signature/Date
<u>ACKNOWLEDGEMENT</u>
ounty of,
n this day of, 20_, personally appeared before me and he/she wore to me that he/she has read the foregoing document and who executed the within Designate accessor and acknowledged that he/she signed freely and voluntarily for the uses and purposes erein mentioned particularly described as the housing unit located in bddivision, Unit#
IVEN under my hand and official seal this day and year last above written:
otary Public Signature
y Commission Expires:
· ————