



Pueblo de San Ildefonso Bulletin April 2023

Inside this Issue

- Public Notice
- 2023 Feral Cattle Control
- Notice of Public Hearing
- Legislative Update
- Transfer Station News
- 2023 Fishing Derby
- Senior News
- HHS: COVID Response Team
- Free Self-Defense Classes
- National Stress Awareness Month
- Mobile Food Pantry
- Purchases/Referred Care (PRC)
- Department of Education
- College Road Trip
- Northern NM Mission Manufacturing Summer Camp
- Educational Opportunity Center
- Project Manager Updates
- San Ildefonso Housing Authority News
- ENIPC Career Opportunities
- San Ildefonso Preschool Parent Raffle
- Mother's Day Arts and Crafts Show
- Bingo Fundraiser: Thank you!
- From the family of Savannah Duran
- From the Family of Juan Ray Martinez Sr.

Council Meeting Dates

Thursday, April 13, 2023 at 5:10 pm Thursday, April 27, 2023 at 5:10 pm Dates and Times are subject to change.

Spring Arts and Crafts Show

When: Saturday, April 29, 2023 Where: San Ildefonso Pueblo Admin Patio/ Parking lot

Time: 9am to 4pm

Vendor Fee is \$25 and a donation for the raffle. A limit of 2 artists per space. Must provide your own chairs, tables, and shade/ canopy. If you would like to sign up or need

more information, please contact the Tourism Dept. at (505)455-4151, Denise at (505)692-5580, or Harold at (505)231-6814.

<u>El Rancho Rental</u>

Reminder that the El Rancho Property will not be available to rent during the month of April as renovations will be taking place at that time.

Office Closure

All Tribal Offices will be closed on Friday, April 7, 2023 in observance of Good Friday.

Contact Us:

2 Tunyo Po, Santa Fe, NM 87506 Phone: (505) 455-2273 Fax: (505) 455-7351



Pueblo de San Ildefonso

PUBLIC NOTICE

PUEBLO DE SAN ILDEFONSO

PUBLIC HEALTH EXECUTIVE ORDER TO END MARCH 31, 2023

Effective Friday, **March 31, 2023, at 11:59 p.m.**, Executive Order 2022-03, the "Amended Order Regarding COVID-19 Restrictions and Requirements" will be rescinded and no longer in effect. While this means that there will be no COVID-19 related restrictions within the Pueblo, we as a community must remain vigilant and careful about COVID-19, since it is still present in our Pueblo, and in the surrounding areas, with community infections rates continuing to fluctuate. As with any other communicable disease, the Coronavirus continues to be a risk to public health, if mitigation and prevention efforts are not practiced.

The Pueblo's Health and Human Services Department is working in collaboration with the Pueblo's Tribal Council on a long-range public health and emergency response plan and we will be providing more information on that in the near future. Although Executive Order 2022-03 is being rescinded at this time, we ask that you continue to take every day preventative measures, including continuing health hygiene practices, monitoring of you and your family for symptoms of COVID-19, getting tested if you suspect you or your family may have COVID-19, and follow public health guidance for infections, self-quarantine and isolation. Also be advised that a new Executive Order regarding COVID-19 restrictions may be issued should the conditions at the Pueblo change. So it is in all of our interests that we all continue to take actions to protect ourselves and our community from COVID-19. The Pueblo's Health and Human Services Department is available to provide assistance or guidance if you need it. Please contact (505) 252-5986.

After careful consideration and consultation, this decision has been determined to be appropriate. It is my hope that our community, sister Pueblos/Tribes and families will be minimally impacted as we move forward. It will be up to all of us to continue to work to keep our community strong and healthy. Look out for updated health notices and information.

Please contact the Governor's Office at (505) 455-2273 if you have any questions about this Notice.

Christopher Moquino

Governor Pueblo de San Ildefonsp



Pueblo de San Ildefonso Office of Natural Resources

3/28/2023 NOTICE TO TRIBAL MEMBERS

REGARDING FERAL CATTLE HUNT ON PUEBLO LANDS. GOVERNOR, AND THE NATURAL RESOURCES DEPT. HAVE DECIDED TO HAVE A TRIBAL MEMBER FERAL CATTLE HUNT STARTING ON APRIL 01, 2023, THROUGH APRIL 30, 2023. UP TO TWO COWS OF ANY SEX AND AGE CAN BE HARVESTED BY A TRIBAL MEMBER. FOR A HUNTING LICENSE AND PROCLAMATION, PLEASE CONTACT THE TRIBAL RANGERS. ALL HUNTERS <u>MUST</u> POSSESS A VALID LICENSE.

PLEASE BE INFORMED, THE FERAL CATTLE ARE WILD AND AGGRESSIVE TOWARD HUMANS. WE ADVISE YOU TO TAKE PRECAUTIONS WHEN OUT ON RANGELANDS. THE INTENT OF THIS HUNT IS TO CONTROL THE NUMBER OF FERAL CATTLE AND THEIR IMPACT ON THE PUEBLOS CULTURAL LANDS AND NATURAL RESOURCES.

IF YOU HAVE QUESTIONS PLEASE CONTACT TRIBAL RANGERS:

Jose Aguilar: (505) 455-4173 (office), (505) 219-7552 (cell) Kenneth Weahkee (505) 364-2672 (cell) Leonard Pino (505) 238-6763 (cell) or Tribal Administrator, John Gonzales (505) 455-4118 (office) (505)-412-5735 (cell)

02 Tunyo Po · Santa Fe, NM 87506 · O: (505) 455-2273 · F: (505) 455-4153



Pueblo de San Ildefonso Office of the Governor

2023 FERAL CATTLE CONTROL PROCLAMATION

WHEREAS, the Governor, by and through the Governing Agreement is charged with the enforcement and administration of the laws of the Pueblo de San Ildefonso (hereinafter referred to as "Pueblo") including all laws related to hunting within the exterior boundaries of the Pueblo; and

WHEREAS, the Governor is authorized to establish, by proclamation, open and closed seasons for the killing or taking of all species of big game animals and types of hunts by Section 1.9 of the Pueblo de San Ildefonso Big Game Hunting Act, Pueblo de San Ildefonso Council Resolution No. SI-R12-043 (hereinafter referred to as "Big Game Hunting Act"); and

WHEREAS, the Governor is authorized to establish, by proclamation, bag limits covering all big game animals and the numbers thereof which may be killed or taken by any one person during any one day or during any one open season by Section 1.11 of the Big Game Hunting Act; and

WHEREAS, the Governor recognizes that feral cattle are impacting the cultural and natural resources of the Pueblo; and Tribal Members may benefit from the harvesting of red meat;

THEREFORE IT BE PROCLAIMED that April 01, 2023, through April 30, 2023, shall be open season for Firearm Harvesting of - Feral Cattle. This is only a pilot run and if successful others will follow at a later time Any Pueblo License holder for Feral Cow-Firearm may hunt during this period in accordance with the provisions of the Big Game Hunting Act and all applicable laws and regulations. A fee of \$0.00 shall be charged for every Pueblo Hunting License for Feral Cow -Firearm issued. Upon issuance of a valid license, each tribal member may take two cows of either sex and age, during the open season for the Feral Cow-Firearm hunt.

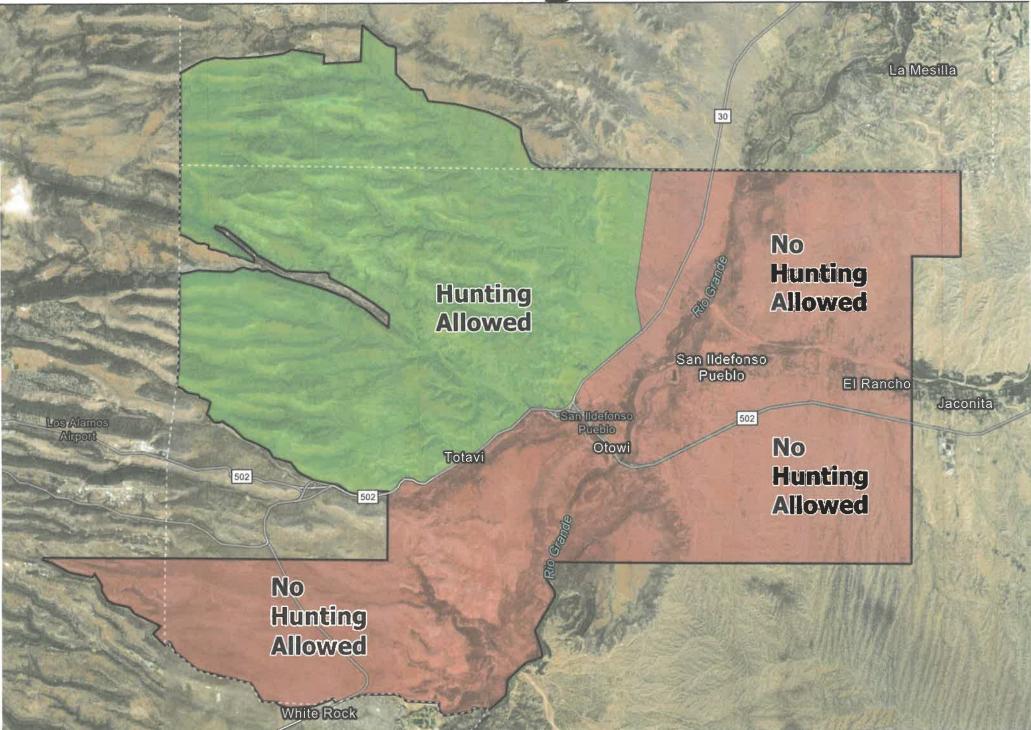
BE IT FURTHER PROCLAIMED that Parks & Wildlife Tribal Rangers or the Natural Resource Director should be notified immediately of any kill, also tissue samples are encouraged to be provided to the Environment Department for testing.

BE IT FURTHER PROCLAIMED Parks and Wildlife Manager, Jose Aguilar, has designated open hunt areas on the attached map.

NOW THEREFORE IT IS PROCLAIMED ON THIS 29th DAY OF FEBRUARY 2023.

Christopher Moquino, G vernor

Feral Cow Hunting Areas





Pueblo de San Ildefonso Office of the Legislative Branch

Notice of Public Hearing

REVISED ANIMAL CONTROL ACT

Tuesday, April 18, 2023, at 5:10 p.m.

Tribal Administration Conference Room

The Tribal Council's Policies & Procedures Committee has worked with the Administration to review and revise the Animal Control Act. A Public Hearing will be held to gain community input on proposed amendments to the Act. This hearing will be conducted by Facilitator Lucy Moore, on behalf of the Policies and Procedures Committee in order to maintain an unbiased approach to the open discussion.

The Council would greatly appreciate your attendance and comments. A draft document will be available for review on April 17th. Please contact the Legislative Office to request a copy for review. Paper copies will be available at the hearing.

For information please contact Brandi Martinez, Legislative Manager, at (505) 455-4150 or <u>legislative.manager@sanipueblo.org</u>

Note: This meeting is open for Enrolled Tribal Members <u>only</u> at this time.

Pueblo de San Ildefonso Legislative Office



April 2023

Legislative Update

Public Hearing

The Policies & Procedures Committee has scheduled the date of Tuesday, April 18, 2023 for a meeting with the community to review the revised draft Animal Control Act. Participation is encouraged in this discussion as this is an important policy which affects many community members and animal owners. An announcement with meeting details will be posted on all community bulletin boards.

Catering Opportunities

This is a reminder that we are accepting catering offers and menus for Council Meetings. This is a good way to have some home cooked meals for meetings as well as to support fundraising for our community members.

The Legislative Office welcomes requests to cater provided that caterers follow COVID safety protocol and have the ability to obtain a Food Handlers Certificate.

For more information on guidelines for catering, please contact Brandi Martinez, Legislative Manager.

2023 Tribal Council

Tom Garcia Thomas Gonzales M. Wayne Martinez Michael Martinez Nichole S. Martinez Perry Martinez Raymond Martinez Thomas Martinez Denise Moquino Irene Tse-Pe

Council Meetings

- April 13, 2023 at 5:10 p.m.
- April 27, 2023 at 5:10 p.m.

Council Working Sessions

- April 11, 2023 at 5:10 p.m.
- April 24, 2023 at 5:10 p.m.

Committee Meetings

None Scheduled.

Legislative Office Contacts

Lt. Governor, M. Wayne Martinez (505) 455-4128 **lt.gov.tc@outlook.com**

Secretary, Irene Tse-Pe (505) 455-4113 **itsepe.tc@outlook.com**

Manager, Brandi Martinez (505) 455-4150 **legislative.manager@sanipueblo.org**



Social Media

Visit the Tribal Council's Facebook Page @sanitribalcouncil or https://www.facebook.com/ sanitribalcouncil/ to view notices, surrounding are job postings, COVID-19 resources and information and etc.

If you would like to request flyers or information to be shared via TC FB, please email Brandi Martinez.

Committee List

- Budget, Finance and Taxation
- Business & Economic
 Development
- Cultural Affairs
- Education
- Elderly Services
- Health & Human Services
- Housing
- Judicial & Law
- Legislative Issues
- Natural Resources
- Policies & Procedures
- Infrastructure
- Emergency Response/ Disaster
- Enrollment
- Tewa Language

Council Committee Updates

The Enrollment Committee held a second public hearing in February 2023 in which there was a great turn out of participation by tribal members. The Committee appreciated all of the feedback it received and the information gathered will be reviewed and incorporated into the revised draft law. A summary of the meeting is available. Please contact the Legislative Office to request a copy.

The Budget, Finance & Taxation Committee is currently in the process of reviewing proposed budgets for the upcoming 2023-2024 Fiscal Year. The Committee will conduct Department Budget Reviews in the coming months to evaluate the needs of each Department. Thereafter the Council will hold a Public Hearing to inform tribal members of the proposed annual budget. More information on this Hearing will be forthcoming and posted on community bulletin boards.



Random Laws

The Legislative Office will place random laws in our newsletter to 1) remind the community of what laws currently exist in the Tribal Code and 2) to surface laws that may need to be revisited, amended, updated and etc.

Part 15.1.11 Housing Improvement Program and Emergency Repair Program Authorization Act of 2022

15.1.11.010 Short Title

This enactment shall be known as the "Housing Improvement Program and Emergency Repair Program Authorization Act of 2022" ("Act").

15.1.11.020 Purpose

The purpose of this Act is to authorize the San Ildefonso Housing Authority ("SIHA") to operate housing programs and to administer appropriated funds for the Housing Improvement Program and the Emergency Repair Program for the People.

15.1.11.030 Findings

The Council hereby finds and declares that:

(a) the Pueblo has established SIHA to address the housing needs of the People including providing safe and affordable housing options; and,

(b) the Pueblo has received federal housing funds, including COVID-related grant funds, to assist the Pueblo in providing housing programs and services to the People; and,

(c) the US Department of Housing and Urban Development ("HUD") has made available Housing Improvement Program ("HIP") funds to eligible Indian tribes including the Pueblo; and,

(d) the Council finds it in the best interest of the Pueblo to authorize and direct the Housing Authority to administer a Housing Improvement Program and an Emergency Repair Program ("ERP") to provide critical housing services to the People.

15.1.11.040 Authorization of Programs and Funds

(a) The Council hereby authorizes and directs SIHA to establish and administer the Housing Improvement Program and the Emergency Repair Program to deliver needed housing services to the People.

(b) SIHA shall administer HIP and ERP in a fair and equitable manner including providing notice of the programs, the eligibility requirements for participation in the programs, an application process and 60-day open enrollment time period to apply for assistance, and a priority list of factors that SIHA will utilize to approve participation in the programs in recognition that the available funds are limited.

(c) The Council hereby authorizes up to \$400,000 of available American Rescue Plan Act funds for use by SIHA for HIP services, and \$100,000 of available American Rescue Plan Act funds for ERP services.

Poh-Who-Geh-Owinge Department of Environmental & Cultural Preservation



Transfer Station News



APRIL SCHEDULE

**Hours and closures are subject to change for holidays or at any time for many reasons.

SUN	MON	TUES	WED	THURS	FRI	SAT
		Friday –Wedn HOURS: 8:00 a h Pick up EVERY T	im to 5:00 pm	1		1 Free Tire Day Buckman Recycling Santa Fe
2 Free Tire Day Buckman Recycling Santa Fe	3	4	5	6 Senior Trash Pick Up <u>OPEN (8 to 5)</u>	7 Good Friday CLOSED	8 Spring Recycle Challenge ENDS
9 EASTER CLOSED	10	11	12	13 Senior Trash Pick Up <u>CLOSED</u>	14	15
16	17	18	19	20 Senior Trash Pick Up <u>CLOSED</u>	21	22
23	24	25	26	27 Senior Trash Pick Up <u>CLOSED</u>	28	29
30	-	<u>n Contacts:</u> o, Transfer Statior Transfer Station S	•	·	Happy E	aster!

Attention Community Members

We ask that you please take note of the closure of the Transfer station during the upcoming Easter Holiday. We ask you please respect and follow all guidelines. The schedule has been adjusted for Easter week ONLY. Regular hours and closure will resume the following day.

THURS, 4/6	OPEN 8am to 5pm	SAT, 4/8	OPEN
FRI, 4/7	CLOSED-Good Friday	SUN, 4/9	CLOSED (Easter Sunday)



Spring Recycling Challenge END SOON!!

Continue to bring in your recyclables by April 8, 2023

 1^{st} place winner = BIG Easter basket 2^{nd} place Winner = MEDIUM Easter basket



Poh-Who-Geh-Owinge Department of Environmental & Cultural Preservation Transfer Station News

Assistance during Funeral Services

If you need assistance with trash pick, hauling or need to request the Transfer Station to open during closed days during Funeral related services/activities, please contact Roberta Trujillo or Erin Martinez.

This service is available during funeral related services/activities ONLY

All residence are responsible of disposing and hauling of their own waste during normal business hours, with exception of the Senior Trash pick up service.

COMING SOON!

Drop off Areas for E-Waste, Appliances and Refrigerators/Freeze will be moved to a new area. Please obey all signs and areas that will be blocked off.



The Pueblo of Pojoaque Environment Department will be hosting a FREE E-Waste Collection Event in partnership with Goodwill Industries of New Mexico on April 20, 2023!

We want to open this event up to our neighboring tribes and the non-tribal community members as a method to reduce the amount of E-Waste material and useable household goods in our homes and landfills.

Why should we Recycle E-Waste

- Recycling recovers valuable materials from old electronics that can be used to make new products. As a result, we save energy, reduce pollution, reduce greenhouse gas emissions, and save resources by extracting fewer raw materials from the earth.
- Protects your surroundings. Safe recycling of old working or non-working electronics promotes sound management of toxic chemicals such as lead and mercury.
- Donating your used electronics benefits your community.
- E-Cycling creates job training and creates a market for the valuable components that are dismantled.
- Saves landfill space. E-waste is a growing waste stream. By recycling these items, landfill space is conserved.

You may bring your waste to the Transfer Station by April 17th or you can haul your own E-waste to site.

Below is what is acceptable and what is NOT. Please adhere to these guideline, no exceptions.

Pueblo of Pojoaque Environment Department 39 Camino Del Rincon Santa Fe NM, 87506 Office: 505-455-2278 Fax: 505-455-2950 E-mail: aduran@pojoaque.org

LOCATION:

Working or <u>non-Working</u> Computer towers Printers Copiers Fax machines Cell phones Radios Keyboards Speakers Monitors Laptops Cameras Game consoles Stereo Components Lamps and Lighting Computer accessories

WE WILL NOT ACCEPT TVs, tube TELEVISION SETS, tube computer monitors FOR THIS EVENT DUE TO HANDLING AND RECYCLING COST FOR DISPOSAL.

PUEBLO DE SAN ILDEFONSO INVITES YOU TO THE 2023 SPRING FISHING DERBY



Saturday, April 29, 2023

Derby Fishing Hours: 6:00 a.m. to 4:00 p.m.

Prizes for Largest Rainbow Trout: 1st - \$1,000

> 2nd - \$500 3rd - \$250

Derby Licenses are \$25.00/Angler for all ages. Anglers must be present with entry fish for judging at 4:00 p.m. Only License Holders will be allowed to fish. 1 rod per person and 5 Rainbow Trout Limit.

Sorry No Pets Allowed

For Licenses, Rules, and more information Contact: Jose Aguilar, Parks & Wildlife Manager 505-219-7552 Kenneth Weahkee, Tribal Ranger 505-364-2672 Leonard Pino 505-699-5589

> Pueblo de San Ildefonso Natural Resources-Parks and Wildlife Department

TUNYO PIN PROGRAM MARCH/APRIL 2023 NEWS



SAN I SENIORS MARCHED THRU THE MONTH OF MARCH!

March:

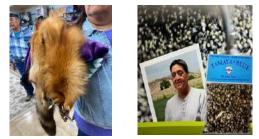
-Wednesday, March 1, 2023: "Shop til you drop" – Tunyo Pin Program ventured out with our pockets full of spending money or just to go window shop. We checked out the Zuni Store located in Isleta Pueblo. Afterwards we had a good lunch at the Monte Carlo! Then we visited the Tamaya Blue Corn Mill Center in Santa Ana Pueblo. We were greeted with helpful employees that gave our seniors a tour and explained all about the machinery and the processing at the mill. Great experience had by all.

-Tuesday, March 7, 2023: Seniors learned basic crochet stitches and began making a scarf. Request for more classes was discussed and more will be available in month of April. Thanks to our volunteer Eva Lymon from Los Alamos that donated her time and knowledge. ICWA provided hooks, yarn, and goodies for all attendees.

-Wednesday, March 15, 2023: During our monthly meeting, our guest speaker was Christy Ladd the Project Manager from the San I Admin. offices. The capital outlay was discussed and many other issues. After monthly meeting and lunch, seniors had a pre-spring craft day. Beautiful artful work was made and will be displayed on home front doors by all that participated. Thank you, Charlene Martinez.

-Friday, March 17, 2023: San I seniors were invited by the Santa Clara Day Care program to attend a St. Patty's Event. Seniors hopped on our bus like lucky leprechaun's with hopes of finding the pot of gold! We were greeted with smiles and warm hugs by old and new friends., Lunch was served and followed by dancing and raffle goodies. All that attended went home with tummies filled, dance shoes warn out, and goodies of raffle prizes in hand. Thank you SCP Day Care program for the invite. Also, thank you to our driver Claudene Martinez for our safe ride on such a snowy St. Patty's Day.

-Thursday, March 23, 2023– Seniors had a Pizza Party! This night will be down memory lane with old photos to share and open mic. Thank you to the Ed. Department for providing the salad. Kunda Bernice!



Seniors out shopping away at the "Zuni Store" in Isleta Pueblo. Blankets, belts, traditional outfit items, fresh oven bread, and more.

Top Right: Ray Leon, a miller at Tamaya Mill, along with his coworker gave San I Seniors a tour of Mill Machinery and filled our orders.



At the Monte Carlo Eatery. Seniors pose for a picture after they filled their stomachs. Kunda, Claudene Martinez for driving us safely to and from. You did a great job!



Above: St. Patrick's Day Invite to the Santa Clara Adult Day Care where we all shook a leg, did the twist, ate goodies, and won door prizes. Kunda SCP!



Craft Day with San I Seniors. Thank you Charlene! Ready for St. Patty's Day and Easter with new door décor.



Above pics: Party and Photo Share! What wonderful, shared memories of the past. Our Italian grub was enjoyed by all attended. Variety of pizzas, salad, fruit bowl, and Mango Chantilly Cake. Seniors were gifted movie tickets. Thank you all that brought pictures to share!

Tunyo Pin Program : Upcoming April Events

- Tuesday, April 4, 11, 18 and 25, 2023 Crochet classes will happen every Tuesday in the month of April at the Senior Citizens center conference room at 10:00am. San Ildefonso Pueblo Seniors 50+ new and seasoned crocheters are all welcome! Volunteer Eva Lymon from Los Alamos is our teacher.
- Friday, April 14, 2023 Bowling late afternoon at "The Alley" in Santa Fe. Tunyo Pin Program will provide the transportation to Bowling at DeVargas Mall. Bus will leave at 3:00 pm from San Ildefonso Pueblo Senior Center. Program will provide dinner; choice is The Ranch House. **Call Stuart Christian to sign up at (505)455-4105 or tsd@sanipueblo.org or text message Renee at (505)670-7778.**
- Wednesday, April 19, 2023 @ 5:30 pm Tunyo Pin Monthly Meeting, at the Senior Center Conference Room. Guest Speaker: Raymond Martinez San I Environmental Dept. and Troy Campbell, San I Health & Human Services.
- Thursday, April 20, 2023 Trip to School of American Research (SARS) in Santa Fe. Tunyo Pin program will provide lunch, at The Pantry "Dos". Call Stuart Christian to sign up at (505)455-4105 or tsd@sanipueblo.org or text message Renee at (505)670-7778 Senior bus will leave at 9:30 am from Senior Center.
- Friday, April 28, 2023 After breakfast lunch program ENIPC will have Coin Bingo. Come join in on the fun. Empty your pockets for loose change and maybe you can double it!



Pueblo de San Ildefonso Department of Health and Human Services

COVID Response Team



March 2023

COVID-19 Response & Recovery Hotline

Phone: (505) 252-5986 **Email:** covid@sanipueblo.org COVID-19 Case Totals Total Active Cases: 1 Total Cases: 378 Total Recovered: 375

> Info as of March 28, 2023



PUEBLO DE SAN ILDEFONSO COVID TEAM MEMBERS

Troy Campbell Director of Health and Human Services

> Thelma Gonzales CHR Manager

Raelene Martinez Diabetes Prevention Program Assistant Claudia Lente CHR Generalist

Darrilyn Tafoya Community Health Worker (COVID-19)

LaDawn Yazzie Tribal Public Health Educator



FREE SELF-DEFENSE CLASSES FOR COMMUNITY MEMBERS

BEGINNING APRIL 1, 2023

KRAV MAGA



With the rising incidents of violent attacks in the world, have you ever been concerned about how to protect yourself? Don't be a victim! Learn how to protect yourself and your family.



The Pueblo of San Ildefonso Health and Human Services Department and Sanchez Tactical have partnered to bring Krav Maga self-defense training opportunities to San Ildefonso Pueblo Community Members.



Make an appointment, FREE of charge, while sessions last.

WHAT?

Krav Maga is the official self-defense system of the Israeli Defense Forces and has been taught to hundreds of law enforcement agencies and thousands of civilians in the United States. The Krav Maga system is based on a simple and effective self-defense system that emphasizes instinctive movements, practical techniques, and real-life training scenarios.

OPEN TO AGES 10 AND OLDER

WHERE?

Bridge To Health NM Fitness Center 628 N Riverside Dr, Española, NM 87532

TRIBAL ID IS REQUIRED AT SIGN IN

HOW?

You can schedule your class online at https://www.sancheztactical.com/krav-maga/ or you can call the instructor, Marcos Sanchez of Sanchez Tactical at (505) 901-8400

COUPON CODE

"SANIPUEBLO"

San Ildefonso Health and Human Services

April 2023

April Events

The following that may help to relieve stress:

Acu-Detox -Wednesday, 4/19/23 12:30 - 3:30 pm

Mobile Food Pantry -Thursday, 4/27/23 11 am - 12: 30 pm

Past Event Photos

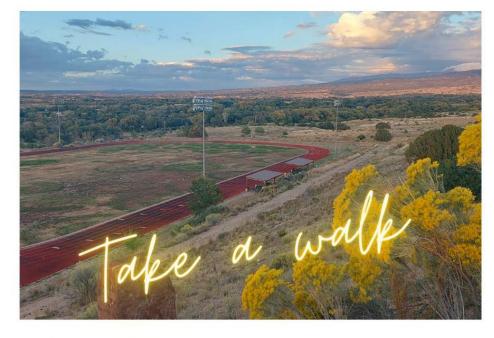
San I preparing protein bowls with the Sprouting Kitchen's Fallon Bader, RD.



Stress. World Health Organization. https://www.who.int/newsroom/questions-andanswers/item/stress#~-text=What%20is%20stress%3F,experiences%20str ess%20te%20some%20degree. Accessed March 22, 2023.

ess%20to%20some%20degree. Accessed March 22, 2023. Stress: Signs, symptoms, management & prevention. Cleveland Clinic. https://my.clevelandclinic.org/health/articles/11874-stress. Accessed March 22, 2023.

March 24, 2020.
Stress: Signs, symptoms, management & prevention. Cleveland Clinic. https://my.clevelandclinic.org/health/articles/11874-stress. Accessed March 22, 2023.



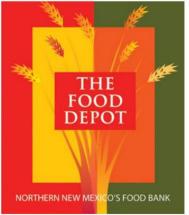
National Stress Awareness Month

Stress can be found when a person experiences fears, worry, or mental tension that could be brought on by challenges like job interviews, exams, workloads, career, conflict with family, friends, or colleagues. The natural human response helps us to deal with difficulties when the body feels threatened. First your heart beats faster, muscles tighten, blood pressure rises, and you breathe quicker, and your senses sharpen.

When we are stressed with an overload of emotions that cause us to feel anxious or irritable our ability to concentrate becomes difficult. We can experience having a headache, body pain, an upset stomach or trouble sleeping. For others, it may cause loss of appetite or an increase in appetite. On the helpful side of understanding stress, it can reduce over time as situations improve or as a person learns to cope with the situation. Much of this stress response increases your strength and stamina, speeds up your reaction time, and improves your ability to focus.

Ways to manage stressful moments throughout the day:

- Find a physical activity that will help to boost your mood.
 Take a walk (Or join HHS in the kitchen :))
- Take time to think of your accomplishments – not what you didn't complete.
- Make daily, weekly, and monthly goals. Narrow down how you see these goals will help you to feel more in control of your tasks.
- Consider talking with someone, like a health professional, about your worries.



San Ildefonso Pueblo



Mobile Food Pantry

4th Thursday of the Month



(a) the Senior Center

Complete documentation to receive food:

- 1. TEFAP application
- 2. Proxy Form (for others to pick up food on your behalf)

Food Depot is an equal opportunity provider. This event is provided by San Ildefonso Health & Human Services.

Indian Health Service (IHS) _

Have you notified Purchased/Referred Care (PRC) of your medical care from your non-IHS providers?

> PRC typically requires prior approval. However, by notifying PRC within 72 hours of your care, you may be eligible for payment of your health care services.

Elderly and disabled persons are allowed 30 days to notify the IHS of emergency care received from or at non-IHS providers.

- IHS defines <u>elders</u> as
 65 years of age or older.
- IHS defines a <u>disabled</u> person as one who has a physical or mental condition that prevents him/her from notifying the IHS in a timely manner.







For additional information, visit your local IHS facility or visit our website at https://www.ihs.gov/prc/



San Ildefonso Library

Phone: (505) 455-2635 Fax: (505) 455-2641

Rick Juliani Education Director Cell: (505) 321-9694 rick.juliani@sanipueblo.org

Bernice Martinez Education Manager Cell: (505) 660-0149 bmartinez@sanipueblo.org

Aaliyah Gonzales Librarian/ASP Coordinator agonzales@sanipueblo.org

CALL FOR ARTISTS & PRESENTERS!!

Are you willing to share your knowledge with our Afterschool students any (Mon-Th) afternoon??? If so, call Bernice (\$\$\$ paid to presenters!)

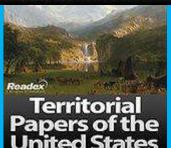
VISIT OUR WEBSITE!

www.sanipueblolibrary.org You can sign up for a Library Card and access other resources

Patrons with a Library card now can access 1000s of historical documents & articles from 100s of daily newspapers in the USA through America's News & Readex Territorial Papers!!



America's News





April 2023

Department of Education



ALL COMMUNITY MEMBERS ARE INVITED TO OUR NEXT EARLY CHILDHOOD COLLABORATIVE JOIN US FOR BREAKFAST & EARLY CHILDHOOD DISCUSSION

(Friday, April 21 @ 9:30 am at the Library)

REPRESENT the Pueblo on NM EARLY CHILDHOOD ADVISORY COALITION!

The Education Department is looking one individual to represent San Ildefonso on the statewide Early Childhood Advisory Coalition to advise the state on the Pueblo's early childhood needs. **Tribal rep will be paid a stipend by the state.**

If interested in signing up or want more details, contact the Education Department by phone, e-mail, or in-person.

Do You Have an Horno/Panteh

NEEDING REPAIR?

If you have an horno/panteh at your home that needs repair, the Education Department is providing FREE labor and FREE materials to repair/rehabilitate your oven as part of our Community Youth Project this summer.



CONTACT THE EDUCATION DEPARTMENT TO SIGN UP!

FAMILY ORIENTATION MEETING @ UPCOMING STEM OPPORTUNITIES

ALL MS & HS STUDENTS & FAMILIES ARE INVITED TO THE LIBRARY ON <u>TUESDAY, APRIL 11 (@ 6:00 PM</u>) TO LEARN ABOUT UPCOMINIG STEM (Science, Technology, Enginnering and Math) OPPORTUNITIES & MEET OUR PARTNERS FROM STEM Santa Fe and Northern NM College. ENJOY FRESH PIZZA & REFRESHMENTS!



OPPORTUNITIES FOR YOUTH

THE PUEBLO IS HIRING UP TO 10 (TEN) YOUTH TO WORK ON ITS COMMUNITY YOUTH <u>PROJECT THIS SUMMER</u>. If you are interested in serving your Pueblo, learning construction skills, and earning \$1,500, please contact the Education Dept.

<u>SUMMER FOREST STEWARDS YOUTH CORPS</u>. Do you like the outdoors? Are you looking for a summer job? Apply to be a part of the summer Youth Corps at <u>https://foreststewardsguild.org/fsyc/</u> (\$14.00/hour; June 5-August 4; Ages 16-22)

<u>Youth Council Gathering</u> @ Library (Tuesday, April 11 @ 5:30 pm) *ALL YOUTH INVITED (AGES 13-24) ENJOY FRESH PIZZA & REFRESHMENTS

UNITY Conference @ Washington, DC June 30-July 4, 2023 ALL EXPENSES PAID TO ATTEND THIS LEADERSHIP CONFERENCE FOR NATIVE AMERICAN YOUTH FROM THROUGHOUT THE USA) For more information, call the Education Department at 455-2635!

April 11th, 12th & 13th College Visits include: NMHU, UNM, CNM, IAIA, SIPI and SFCC

SCHOOL BUS

COLEIÉ

Deadline to sign up is April 7th Open to 8th grade and beyond

Call the San Ildefonso Pueblo Library for more information

NM PREP Academy Northern NM Mission Manufacturing Summer Camp

Learn all about 3D printing, no previous experience required. Get <u>FREE</u> hands-on experience modeling, troubleshooting, and printing your own creations! DEADLINE TO SIGN UP: April 14 July 10th - 14th 9:00am - 4:00pm (Lunch Provided) San Ildefonso Pueblo Library



Scan QR Code and registertoday!

The program is free for students. Limited entries, first come, first serve.

BE BOLD. Shape the Future.* College of Engineering Office of Outreach and Recruitment







engrnm.nmsu.edu

Educational Opportunity Center TRIO | NNMC

EOC is an educational outreach program that helps eligible individuals pursue their college and career goals. Our mission is to provide information, advisement, and support in the areas of high school equivalency, postsecondary education, trades apprenticeships, certifications, and financial aid.

How We Can Help:

١.	1	14	0	
Ľ	0	9		L
L		/		L
_		2.4	_	,

Apply to the college/university of your choice



Complete the Free Application for Federal Student Aid (FAFSA)



Apply for supplemental scholarships



Locate additional educational resources



Complete your High School Equivalency Credential (HSE) or CED®



Career and job searches, advisement and attainment





FROM THE OFFICE OF THE PROJECT MANAGER

Project Updates

April 2023

Administrative Office – Portal Improvements

The shade structure has been installed and improvements are now completed at the Tribal Administration building portal. There are picnic benches (one is ADA accessible). Community and staff are welcome to use the area.

Tewa Center Renovations

The Tewa center is still scheduled for completion in June 2023. The crew is working on the bathroom remodel and framing/placing drywall over the interior ductwork.

Gymnasium Renovations

The portal area and shade structure are currently under construction (cement has been poured). TJC Construction and the crew have been busy with patchwork and painting. The gymnasium renovations are also scheduled for completion in June.





Tewa Tank Rehabilitation Project

The Tewa Tank rehabilitation project is nearly 50% complete. Additional necessary work was discovered during the project, which includes the replacement of the water intake valve. The tank remains empty and needs to dry prior to painting the interior. We anticipate project completion in the next month.



Community Wellness Center

In February 2023, the Request for Proposals was published for design/engineering services for the build-out/addition to the gymnasium. Anchor Engineering, LLC has been awarded the contract. Initial design has been completed. We will keep the community posted as the project progresses



Povi Ka and Shumaa Po Projects

The Project Management and Transportation Department had a project kick-off meeting on March 24th. Striping is scheduled to be competed the week of April 3, 2023. Povi Ka will be completed prior to starting construction on Shumaa Po. Shuma Po will be closed during project construction (residents located on Shumaa Po will have access), which is scheduled to begin the week of April 10, lasting for three weeks. We will keep the community updated on all upcoming closures and detours.

Irrigation Projects

The Pueblo's "Water Team" is working with Sichler Construction to make necessary improvements to the Ortiz ditch so that the Pueblo can receive water in the near future. After these necessary repairs are made, a new irrigation pipe will be installed to better enhance water delivery for the Pueblo. The BIA has awarded San Ildefonso a grant to replace the west side irrigation pump to a 25 HP Pump, the project will begin this summer.



Lagoon Monitoring Project

The lagoon monitoring wells are currently being constructed/installed by EnviroDrill. The wells will provide information on current nitrates and underground flows so that the Pueblo can determine if the existing lagoons are compromised and need to be replaced. This is necessary for the Phase 3 Wastewater Treatment Facility project.



If you have any questions on any of the projects in the Pueblo, please contact the Project Manager: Christy Ladd (505) 455-4101 (direct office number) or email: pm@sanipueblo.org

San Ildefonso Housing Authority News and Information

SIHA Setup:

SIHA continues to make strides in the setup of SIHA, we have a full staff and have projects going and upcoming projects, in the works. SIHA is in the process of getting hard copy files set up and obtaining Housing documents from previous NPHA Legal Counsel. SIHA is committed to setting up a successful Housing Authority that meets the needs of the San Ildefonso Tribal Members.

SIHA Annual Grant:

SIHA received its Indian Housing Block Grant in the amount of \$338,293.00, these funds will be used to accomplish the goals and objectives identified in the Indian Housing Plan. These funds will be primarily for operating costs and management of thirty units.

SIHA Website:

www.sihahousing.org

SIHA's website is up and running! You may now access the waiting list application for new housing developments. You can also fill out the application and forms online, print and bring it with the required documents to the SIHA Office or stop by the SIHA Office for the application packet. If you need assistance filling out the application or have questions. please contact Devan Martinez Housing Manager at the SIHA Office. Also, for your convenience, the payment portal on the SIHA website, will be available soon, for housing payments. A drop box is also located next to the main entrance of the SIHA Office.

Accomplishments in the Making:

Home Conveyances:

The Northern Pueblos Agency approved the Categorical Exclusions for seven Master Housing Leases and Subdivisions. The Cultural Resource Survey/Determination needs were reviewed and filed at the Southwest Regional Office.

SIHA is working with Northern Pueblos Agency on next steps to process the home conveyances. Keep in mind this is a lengthy process and SIHA will push forward to get them processed.

Emergency Repair Program:

SIHA is getting close to contracting with the successful contractor to get the roofing project going and completed. SIHA has obtained two quotes for roofing and is awaiting the last roofing contractor submission. Thereafter, SIHA will procure for other repair services to get the project completed. As with a lot of things, there is a process and SIHA appreciates your patience.

Deer Tail Subdivision Phase Two:

SIHA met with WHPacific on the plans for the Deer Tail Subdivision and they are 60% completed. WHPacific is on schedule to advertise for a Request for Proposals from potential contractors. If no delays arise, this should happen in July 2023.

NM Gas Energy Efficiency Program:

SIHA received 25 applications from senior citizens (60 and above years of age). There are five slots available.

For further information contact Christopher Romero, Building Services Manager at (505) 479-0399, email chistopher@sanihousing.org or stop by the SIHA office to sign up.

SIHA Staff Contact Information:

Business Hours: Monday-Friday 8:00 a.m. – 4:30 p.m.

Lisa Manwell, Executive Director lisa@sanihousing.org (505) 455-4170

Darien Cabral, Deputy Director <u>darien@sanihousing.org</u> (505) 455-4161

Christopher Romero, Building Services Manager <u>christopher@sanihousing.org</u> (505) 479-0399

Devan Martinez, Housing Manager

devan@sanihousing.org (505) 455-4162

SIHA Board of Commissioners

Julie Sanchez, Chair Shannon Titla, Vice Chair Kevin Naranjo Secretary Victoria Martinez, Treasurer Danielle Keener-Garcia, Member



Eight Northern Indian Pueblo Council CAREER OPPORTUNITIES

WHY JOIN THE ENIPC FAMILY?

All Full-Time Employees Medical, Dental, Vision and Life Insurance Premiums are PAID! Clinician Benefits Package: Licensure reimbursement , CEU allowance, Student Ioan Repayment (If qualified) Employer Match 401K (up to 4%), Paid Time Off and Much More!

Current openings:

- Behavior Health Tech—New Moon Lodge/Ohkay Owingeh (Full Time)
- Certifier—Food Distribution/Nambe (Full Time)
- Civil Legal Advocate—Peacekeepers/Espanola (Full Time)
- Clinical Supervisor—Outpatient—Circle of Life/Ohkay Owingeh & Santa Fe (Full Time)
- Clinical Supervisor—Residential—Butterfly Healing Center/Taos (Full Time)
- Clinical Supervisor—Residential—New Moon Lodge/Ohkay Owingeh (Full Time)
- Cook—Seniors/Nambe Pueblo (Full Time)
- Cook—Seniors/San Ildefonso Pueblo (Full Time)
- Counselor—Peacekeepers/Espanola (Full Time)
- Environmental Specialist (Brownfields Program) Environment/Espanola (Full Time)
- Head Start Teacher Assistant—Head Start/San Ildefonso Pueblo (Full Time)
- Licensed Alcohol and Drug Counselor—Circle of Life/Ohkay Owingeh & Taos (Full Time)
- Prosecutor (CONTRACTED)—Peace Keepers/Espanola (Part-Time)
- Site Manager—Seniors/Nambe Pueblo (Full Time)
- Therapist (Outpatient)—Circle of Life/Ohkay Owingeh (Full Time)
- Therapist (Residential)—Butterfly Healing Center/Taos (Full Time)
- Therapist (Residential) New Moon Lodge/Ohkay Owingeh (Full Time)
- Victim Advocate (COVID-19) Peacekeepers/Espanola (Full Time)
- Warehouse Aide—Food Distribution/Nambe (Full Time)
- WIC Certifier—WIC/Espanola (Full Time)

APPLY HERE

To access our application and to view job summary please visit: <u>www.enipc.org/humanresources</u>

ENIPC ensures Native American Preference!

Submit applications to:

Krystal Martinez/HR Specialist

kmartinez@enipc.org

505-753-6998 (FAX) Or call 505-747-1593 ext. 110 for more information

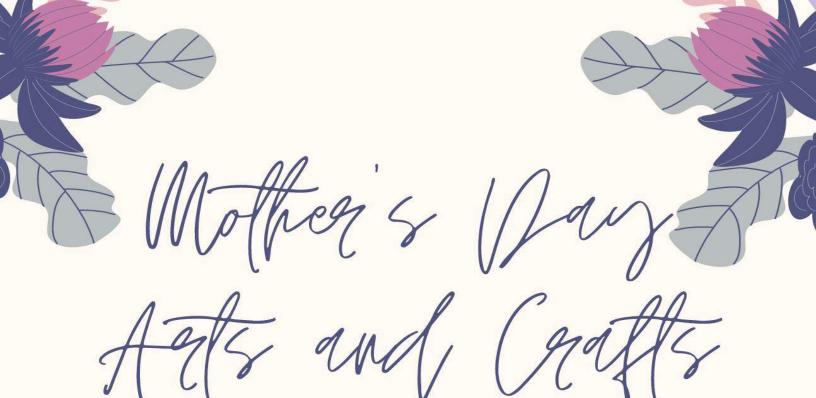
SAN ILDEFONSO Preschool Parent Raffle \$2 Each



PAYMENT METHODS: FACEBOOK PAY PAYPAL: PAYPAL.ME/SANIPRESCHOOL CASHAPP: \$SANIPRESCHOOL CASH イイヤ

CONTACT ELENA AGUILAR, JERIOLYN MARTINEZ, ELANDA KING OR ANY PARENT TO PURACHASE TICKETS

DRAWING WILL BE HELD FACEBOOK LIVE ON APRIL 23, 2023 AT NOON



May 13. 2023 10am-4pm Cities of Gold Casino

Contact Katerie Martinez for more information: 505-795-1125



ON BEHALF OF OUR GIRLS, MADISON GONZALES, SANTANA SANCHEZ AND YAN KAA MARTINEZ WE WOULD LIKE TO THANK EVERYONE WHO SUPPORTED OUR BINGO FUNDRAISER! IT WAS A HUGE SUCCESS!





 \Rightarrow A special thank you to the following:

Isabel Gonzales, Pauline Martinez, Dale & Linda Martinez, Mary Naranjo, Raelene Martinez, Myron & Arta Gonzales, Ray & Karm & Boys, Hailey & Mitchell, Aaliyah Gonzales, Ivory Gonzales, Ray Corbine, Ryan Gonzales & Family, Adriana, Justine & Chris, Mike Perez & Family, Linda Gonzales, Theresa Perez, Antonia Tapia, Than Povi Martinez, Forrest Titla, Gino & Jovanna Archuleta, Charlene & Phyllis Martinez, Erin Martinez & Leyland Gonzales & Family, Delbert & Eleanor & Family, Walter Torres, Sean Hughes & Evdie Chavez, Harold Torres, Jenny Naranjo & Family, Mark Martinez, Denise Moquino, Bernice Martinez & Family, Julia Roybal, Ramon Baros & Ethan, Jeanne & Brenda Gonzales, Darrylinn Tafoya & Family, Eva Moquino, Frances Sanchez, Rosina Sanchez, Elvis Torres & Sam Rael, Sarah Naomi & Louis Jr Naranjo, Pamela Naranjo, Evonne Martinez, Claudene Martinez, Earle Sanchez, Aaron & Thelma & Jas, Cavan Gonzales & Family, Joe Jr & Althea Cajero, Frances & Lucas Cajero, Gary Alan Roybal, Vicky Tortalita, Robert Romero, Vick Lucero & Aaron Calabaza, Jonathan Casiquito, Sauni & Dale Garcia, Ursula Curran, Corn Martinez, Leanna Mtz & Adrian Roybal & Family, Becky Martinez, Mona Perea, Tim Mtz. Jr., Tom Garcia, Marie Kailahi, Adam & Summer Martinez & Family, Lenora Arrietta, Galen Martinez, Mary D. Martinez, Tino & Delores Chavez, Patrick & Paula Salazar, Matt & Katrina Salazar, Tanya Martinez, Chevenne Gallegos, Shannon & Austin Titla, Karen Fred, Sam & Susan Perez, Paul Johnson, Nambe Pueblo Wellness Center, Juniper Toya, Rose Brown, Matt & Mike Kanuho, Ted Sanchez, John Perez! Sorry if I missed any of you who helped, donated and supported you all are appreciated!!

Kuu' Da Woh Ha, Thae bah no'u pah (Jemez), Pilamayaye (Sioux), Gracias, Thank you!!

Melanie Gonzales, Victoria Martinez & Nathan Sanchez





Savannah B. Duran March 29, 2000 – February 20, 2023

unbi agindi,

In February, following an illness, our beloved Savannah left us to start her new journey. From our hearts, we wish to thank everyone who prayed, helped and supported us through our time of loss. We greatly appreciate your expressions of care and love, cards, food donations, monetary donations and the help we received. We pray blessings upon you and thank you for your continued prayers as we go through this difficult time. Kuu da woh ha,

> Irene Tse-Pe, Jaycee Duran, Sandy Duran and Cali Andrew Duran, Joanna Roybal and Wyate and the entire Tse-Pe and Duran (Pojoaque) Family

To the Community of San Ildefonso Pueblo,

The family of the late Juan Ray Martinez Sr. would like to express our sincere gratitude to family friends, community, Governor and his staff, and the Pueblo of San Ildefonso for the love, support and kind expressions of sympathy shown during this difficult time.

Your support and kind works were very much appreciated. It was a great comfort for all of the family. Words cannot express the gratitude we have for all of you and it will always be remembered. From the bottom of our hearts we wish everyone many blessings.

Sincerely,

The family of Juan Ray Martinez Sr.