



Pueblo de San Ildefonso Bulletin February 2022

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Council Meeting Dates

Thursday March 10, 2022 at 5:10 pm
Thursday, March 24, 2022 at 12:00 pm
Dates and times are subject to change.

Food Distribution Summary

Since 2020, our pueblo was able to have 7,937 food boxes distributed to our tribal members. We hope that you were all able to utilize what was distributed to you and your family. Thank you to all of the staff and community members that helped with these distributions.

2020= 4076 Food Boxes

2021= 3861 Food Boxes



Contact Us:

2 Tunyo Po, Santa Fe, NM 87506

Phone: (505) 455-2273

Fax: (505) 455-7351



Legislative Update

Fiscal Year 2022-2023 Annual Budget Process

The Tribal Council will begin the annual budget process by conducting Department reviews to assess what their financial needs are as well as issues, concerns and department developments. This provides department staff with an opportunity to engage with the Council and ensure clear communication and transparency. Per the *Fiscal Procedures Act Amendments of 2016*, all budgets are due to the Council (including the Council budget) by March 1st of each year. The Tribal Council must approve an annual budget before July 1st which is the start of the new fiscal year.

Enrollment

The Tribal Council is continuing to work to revise and update the **1999 Enrollment Polices and Procedures**. The Council would like to involve the community in this process to gain input as this is a very important policy. A notice for a community meeting will be forthcoming.

Council Meetings

Council Meetings are open for participation for tribal members via Zoom at this time. We encourage participation by members to be informed of updates related to projects, SIHA, COVID-19, and etc.

The Tribal Council passed Legislative Order #03-2022 **AMENDMENT TO THE AUTHORIZATION OF EMERGENCY COUNCIL MEETINGS BY TELECONGERENCE DUE TO THE CORONA-VIRUS PANDEMIC** to add a provision for attending Council Meetings.

Going forward, meeting guests/participants must have a video camera on for the duration of the meeting that they are attending. In cases where an individual does not have access to a video camera, they must contact the Lieutenant Governor prior to the meeting to request approval to participate. For a copy of this order, please contact our office.

Online Law & Order Code

A reminder that the Pueblo's Law and Order Code is viewable on the website www.sanip.org under the tab Governance, Laws and etc. or on <https://law.sanipueblo.org/>

This is a really great resource! Please take advantage to view/search at your convenience.

2022 Tribal Council

Tom Garcia
Thomas Gonzales
M. Wayne Martinez
Michael Martinez
Nichole S. Martinez
Raymond Martinez
Thomas Martinez
Denise Moquino
Nathan Sanchez
Irene Tse-Pe

Council Meetings

- March 10, 2022 at 5:10 p.m.
- March 24, 2022 at 12:00 p.m.

Council Working Sessions

- March 2, 2022 at 5:10 p.m.
- March 16, 2022 at 5:10 p.m.

Committee Meetings

- Meetings may be scheduled at anytime.

Legislative Office Contacts

Lt. Governor, Raymond J. Martinez
(505) 455-4127
rjmartinez.tc@outlook.com

Secretary, M. Wayne Martinez
(505) 455-4113
wmartinez.tc@outlook.com

Manager, Brandi Martinez
(505) 455-4150
brmartinez.tc@outlook.com

In Memory



On January 8, 2022, our beloved father, brother, uncle, cousin, and friend ascended into the spirit world. Our father fought every day since learning of his liver cancer diagnosis. Until his final days on this earth, our father worked tirelessly for our community and made sure the needs of others were taken care of before his own—He was the definition of selfless. He showed great strength and courage each day he woke up—praying and giving thanks for all things seen and unseen.

Our father was a pinnacle patriarch of our community but most importantly to our family. We always looked to him for guidance, truth, and understanding. He constantly reminded us about the importance of being good to each other, helping others in need, being good to the kids, and giving thanks. Our father had such an infectious spirit, and he loved everyone—We will miss him so much.

Our family would like to thank our community, family, and friends near and far for all the thoughts, prayers, and love that you all have shown us during this difficult time. Our family has been so overjoyed with the kindness and encouragement everyone has shown us. We are truly grateful for the support, and the many tributes to our father expressed to our family. While our father may not be on this earth in the physical, we ask that you keep his spirit alive by living your lives the way he taught you and by sharing stories about him—and always remember just as he would remind us all—“*We are all on borrowed time.*” -Tiny

With grateful hearts and sincere gratitude,
John “Stormy,” Big Drum, Winter, Tecumseh, Tewa, Francis, Pauline, Corn,
and the entire Martinez Family

Timothy A. Martinez, Sr.

Born: January 24, 1950 Expired: January 8, 2022



*His spirit
lives within
each of us*



PUEBLO DE SAN ILDEFONSO
Human Resources Office
02 Tunyo Po
Santa Fe, NM 87506

EMPLOYMENT OPPORTUNITIES

Updated February 23, 2022

ICWA Manager/Family Advocate (Full Time)
Deadline to Apply: Open Until Filled

IT Network Management Specialist (Full Time)
Deadline to Apply: Open Until Filled

Community Health Worker (COVID-19) (Part Time)
Deadline to Apply: Open Until Filled

Curriculum Development Coordinator (Part Time)
Deadline to Apply: Open Until Filled

APPLICATION: A job description and employment application are available in the Human Resources office or by emailing karquero@sanipueblo.org. The employment application is available on the website at www.sanipueblo.org. Preference is to please call ahead to schedule an appointment for in person assistance. Please feel free to call 455-4155 with any questions.



Senior News



Senior Planters

We have two planters left over from last year. First come at the Tribal Services department.

If you did not receive a planter last year and would like to receive one, please contact the Tribal Services department (tsd@sanipueblo.org, 505-455-4105). Must be 60+.

Gathering of Nations

At the meeting on March 16, 2022, at 10:30, we will discuss the trip to the Gathering of Nations to be held April 28-30. Please submit your questions or requests prior to the meeting if you can not attend. We may pay for tickets and/or rooms, depending on the March 16 discussion.

Survey for March Activity

Please visit this website and give an opinion as to the activity you would like the Seniors to go on in March: <https://www.surveio.com/survey/d/Y9P6A9F4O9K0N4C3F>

You can also call in your opinion as to what activity you would like to do in March to the Tribal Services Director at 505-455-4105 or email at tsd@sanipueblo.org

Senior Web Page

A reminder that there is a senior web page at the sanipueblo.org website. Just hover over the Community menu and you will see a submenu "Tunyo Pin (Seniors)". Click on that submenu and you will see the webpage for Senior information including the Agenda for the next meeting which will include the Zoom information for that meeting. Here is the direct link: <https://sanipueblo.org/seniors/>

Community Calendar

Here is the direct link to the Community Calendar on the Sanipueblo.org website: <https://sanipueblo.org/community/> If you wish to add any item to the calendar, please contact the receptionist at 455-2273, or email at receptionist@sanipueblo.org and she would be happy to ensure your event is on the calendar. Please note that our past bulletins are on the community page along with special notices, and the employee directory.

Internet Service









A reminder that Seniors can apply to have their internet bill and installation costs paid by the Tribe. Contact the accounting office to sign up for this. The Learning center has chromebooks and jetpacks that they can loan out to you if you need a device to access the internet. They can also give you a lesson on how to use that device you check out. Jetpacks allow you to connect to the internet with your own computer if you don't have internet at your home. Chromebooks are small laptops which need an internet connection or a jetpack.



Transfer Station News

MARCH HOURS

TRANSFER STATION HOURS: THUR– MON 8:00am —5:00pm **CLOSED: TUES & WED**

SUN	MON	TUES	WED	THURS	FRI	SAT
Transfer Station Contacts: Roberta Trujillo, Transfer Station Attendant (505) 250-8297		1 CLOSED	2 CLOSED	3  WORLD WILDLIFE DAY 3 MARCH Senior Trash Pick Up	4	5  Free Tire & Green Waste Day Buckman Recycling Santa Fe
6  Free Tire & Green Waste Day Buckman Recycling Santa Fe	7	8 CLOSED	9 CLOSED	10 Senior Trash Pick Up	11	12
13  SPRING FORWARD change your clocks March 13th	14	15 CLOSED	16  Fix a Leak Week March 16–22, 2020 WaterSense	17  Happy St. Patrick's Day Senior Trash Pick Up	18	19
20	21  International Day of Forests	22  WORLD WATER DAY March 22 CLOSED	23 CLOSED	24 Senior Trash Pick Up	25	26
27	28	29 CLOSED	30 CLOSED	31 Senior Trash Pick Up	Transfer Station Contacts: Erin Martinez Transfer Station Supervisor (505) 455-4121	

NEW CHANGES to the Senior Trash Pick-Up

These changes will be starting on the March 3rd.

Senior trash pick up will now be held every Thursday for all Senior residents, East and Westside.

Please have bags ready for pick up by 8:30 and follow all guidelines for pick up.

Any Seniors that meet the requirements for the service are encouraged to fill out a form and submit to the Transfer Station to be added to the list.

Senior Citizen Trash Pick-up Service is the collection of household waste of up to (3) bags for Tribal community members of the age 65 and older, homebound or with no transportation available.

This service is only provided for Senior Citizens of our community.





RECYCLING BAGS ARE AVAILABLE

Recycling bags are now available and can be picked up at the Transfer Station.

Reminder to please EMPTY bag into Recycling bin. DO NOT THROW BAG IN BIN



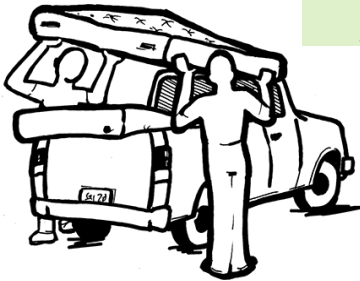
Please Dispose Trash Properly in appropriate bins



- Bagged Household Waste = **GREEN** Compactor Bin
- Recyclables = **WHITE** Recycle Bin
 - No glass items, No trash, No food !!
 - If you have your recyclables a plastic bag please dump items out in bin. If you need a list of what is recyclable and what is not accepted, please stop by for one.
- Metals = **GREY** Metal Bin
- Weeds and branches = Please dispose below the bins at the bottom of the hill.
Please DO NOT mix trash with weeds or branches.
- **We DO NOT accept OIL or TIRES**

If you are not sure where to dispose any of your waste or need assistance unloading, please do not hesitate to ask the Transfer Station Attendant.

GETTING RID OF A MATTRESS?



We ask that any mattress brought to the Transfer Station be placed near the side guardrails.

Please DO NOT throw in the open bin.

Please take advantage of the FREE DAYS at the Buckman Road Recycling & Transfer Station

2600 Buckman Road HOURS: 8:00 am to 4:45pm (Let them know your Santa Fe, County)

MARCH 5th & 6th

- **FREE TIRE DAYS:** Limit of Eight (8) passenger tires per day. **NO** tires accepted from businesses
- **FREE GREEN WASTE DAYS:** Has your green waste been piling up? Bring it unbagged to BuRRT. FREE on the first full weekend of **March, April, May** and June



DECP News

MAPPING FLOOD POSSIBILITIES

By Nick Hanser, GIS/GPS Technician



Have you ever wondered if your house is going to be under water if a massive flood comes down the Rio Grande? Regular flooding can occur stemming from high rainfall or even just seasonal snow melt and is likely to occur in some capacity every year or two. The catchment area for the Rio Grande above San I is a whopping 9,480 square miles which can generate some serious flows.

Flood stages and their probability are understood through the time interval between recurrences of that level of event. The USGS estimates that a two-year flood will discharge 8,710 cubic feet per second (cfs), which is already a massive amount of water. The floods of real concern have a much lower probability of occurring but have the potential to do some real damage. A 100-year flood is estimated to discharge 32,900 cfs and a 500-year flood could discharge 45,200 cfs. To put that in perspective the Rio Grande is currently flowing at about 600 cfs.

However unlikely these events may be, it is worthwhile to understand the areas that are likely to be under water should they occur. To find out if your house is in danger of 100-year flood inundation go to www.arcgis.com, click magnifying glass to search within the site for 'San Ildefonso Flood Map,' and click directly on the map to open the map viewer.



Go the link below to zoom in map and view in a larger scale



You can also directly type this link into your browser
<https://www.arcgis.com/home/item.html?id=9b9050e623f84d82b8a7472819611478>
 and go to the map page directly.

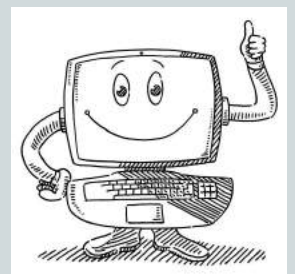


Na'in bin ung sha

The mission of DECP is to preserve and protect the natural environment and the cultural resources of the Pueblo de San Ildefonso, to assess risks to human health and welfare, both quantitatively and qualitatively, and protect the health and welfare of the Tribal community.

INSIDE THIS ISSUE:

- A Simplistic View on How a Computer Works



A Simplistic View on How a Computer Works

By Eric Archuleta, Data base Manager

Hello everybody. Thanks for taking the time to read this! In this article I am going to talk a little about how a computer works. Some of you may know the major concepts of a computer such as a Hard Drive, CPU or Memory. But have you ever wondered how does a computer actually DO what it does?

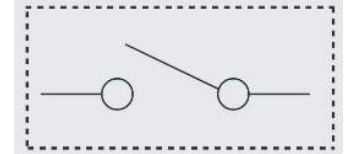


Figure 1 Simple Switch

The simplistic answer to that is... electronic switches. Yes, simple on and off switches.

Many years ago, some very smart people figured out that you can arrange and connect switches together in way that they will perform basic math concepts of addition and multiplication. In essence, all mathematics can be boiled down to addition and multiplication. Division is just multiplication by a fraction or a number less than one but greater than zero. Subtraction is just addition of a negative number. Providing a one or a zero (positive charge or no charge) at one end of these configured switches would guarantee you a known result at the other end, depending on the configuration. So, the ability to perform math by arranging switches is a revolutionary concept and one that allows for everything your computer can do and all you see on your screen.

A	B	Y
0	0	0
0	1	0
1	0	0
1	1	1

A	B	Y
0	0	0
0	1	1
1	0	1
1	1	1

A	B	Y
0	0	0
0	1	1
1	0	1
1	1	0

A	B
0	1
1	0

Figure 2 Boolean Mathematics

The first electronic switch was a vacuum tube. As well as having the ability to amplify a signal, a tube can also act as a switch and be configured as mentioned above. This is why some of the first computer were the size of a room. It was designed using a bunch of big ole vacuum tubes.



Figure 3 Vacuum Tubes

GEORGE BOOLE (1815 - 1864)

In the world of Boolean algebra, there are only two possible values for any quantity and for any arithmetic operation: 1 or 0

- AND** is represented as multiplication
- OR** is represented as addition
- Not** is represented as complement or negation

0 X 0 = 0

0 X 1 = 0

1 X 0 = 0

1 X 1 = 1

0 + 0 = 0

0 + 1 = 1

1 + 0 = 1

1 + 1 = 1

the opposite of its value

AND	0	1
0	0	0
1	0	1

OR	0	1
0	0	1
1	1	1

NOT	0	1
	1	0

First Generation Computers (1940-1956)

VACUUM TUBES

First Generation Computers used vacuum tubes instead of relays as their active logic elements. This gave them a substantial increase in computational speed

A Simplistic View on How a Computer Works *Continued...*

Eventually the vacuum tube was replaced by the solid-state diode. These diodes were much smaller and easier to arrange into the configuration that performed mathematics. These configured diodes are called transistors.

The actual configurations are called gates. A gate usually has three ports. Different charges are supplied to two ports and a specific result is provided at the third port. By using these gates and connecting millions of them together it is possible to perform complex mathematical computations.

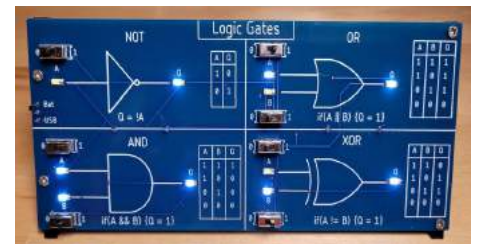
Figure 4 Diodes, Transistor and Boolean gates



YES		NOT	
INPUT	OUTPUT	INPUT	OUTPUT
A	A	A	NOT A
0	1	0	1
1	1	1	0

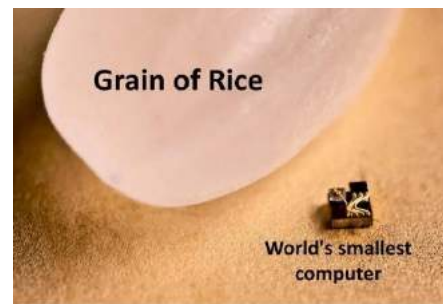
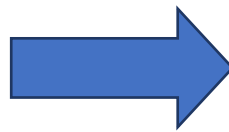
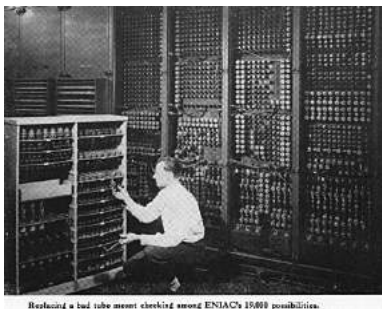
AND		OR		XOR	
INPUT	OUTPUT	INPUT	OUTPUT	INPUT	OUTPUT
A	B	A	B	A	B
0	0	0	1	0	0
1	0	1	1	1	0
0	1	0	1	0	1
1	1	1	1	1	0

NAND		NOR		XNOR	
INPUT	OUTPUT	INPUT	OUTPUT	INPUT	OUTPUT
A	B	A	B	A	B
0	0	0	1	0	0
1	0	1	1	1	0
0	1	0	1	0	1
1	1	1	0	1	1



Logic Gate Display

As time went on the size of the transistors shrunk. They shrunk to such a tiny size that thousand and eventually millions could all be housed in a little device called a silicon integrated circuit chip.



As of today, 2/23/2022, the largest and most powerful silicon processor chip has 2.6 TRILLION transistors! Once you could link that many transistors and have them perform all sorts of computations then you have the building blocks for pretty much all electronics that exist today. That includes computers, TVs, cell phones and everything that has to do with the internet.

So, at the heart of a computer is billions of transistor switches that individually perform simple math but when chained together can perform all the complex operations we now take for granted.





Upcoming Events



2022 ANNUAL TAY DISTRIBUTION

Dates and pick up times will be posted SOON!



Pueblo de San Ildefonso

02 Tunyo Po
Santa Fe, NM 87506

Phone: (505) 455-4121

Fax: (505) 455-1120

View the **DECP Newsletter** online at sanipueblo.org

PROTECTING OUR PLANET STARTS WITH YOU

**BIKE MORE
DRIVE LESS**



**reduce
REUSE
recycle**

Cut down on what you throw away. Follow the three "R's" to conserve natural resources and landfill space.

Buy less plastic and bring a reusable shopping bag.



DECP STAFF

Raymond Martinez

Director/Tribal Risk Assessment Program Manager

Michael Chacon
Technical Reviewer/ QA Manager

Erin Martinez
Office Administrator

Eric Archuleta
Database Manager

Darryl Martinez
Water Quality Technician

Nick Hanser
GIS/GPS Technician

Neil Weber
Intergovernmental Liaison

Roberta Trujillo
Transfer Station Attendant



EDUCATE

When you further your own education, you can help others understand the importance and value of our natural resources.

CONSERVE WATER



The less water you use, the less runoff and wastewater that eventually end up in the ocean.



Don't send chemicals into our waterways.

Choose nontoxic chemicals in the home and office.

Trees provide food and oxygen. They help save energy, clean the air, and help combat climate change.



PLANT A TREE



Volunteer!

Volunteer for cleanups in your community. You can get involved in protecting your watershed too!



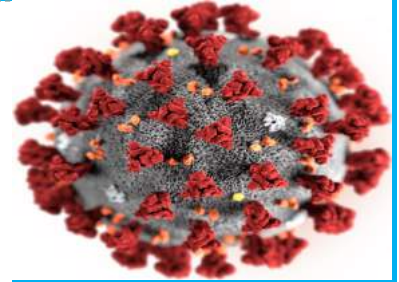
Long-lasting light bulbs - ARE A - BRIGHT IDEA

Energy efficient light bulbs reduce greenhouse gas emissions. Also flip the light switch off when you leave the room!





Pueblo de San Ildefonso
 Department of Health and Human Services
COVID Response Team



COVID-19 Response Hotline

(505) 252-5986

March 2022

COVID-19 Cases

Total Active Cases: 15

Total Cases: 216

Total Recovered: 198

*Info as of
 February 23, 2022*

ALERT: COVID-19 Cases Are Rising



**Stay home
 when possible.**



**Wear a mask over
 your mouth AND nose.**



**Avoid crowds.
 Stay 6 feet away
 from others.**



**Wash your
 hands often.**



cdc.gov/coronavirus

**PUEBLO DE SAN ILDEFONSO
 COVID RESPONSE TEAM MEMBERS**

Troy Campbell

Director of Health and Human Services

Claudia Lente

CHR Generalist

Thelma Gonzales

CHR Manager

Rebecca Jolin

Tribal Public Health Nurse

Raelene Martinez

Diabetes Prevention Program Assistant

LaDawn Yazzie

Tribal Health Educator





Hello Family and Friends of
Poh Woh Geh Owingeh!!



STEP CHALLENGE
Walking, Jogging, Running

I'd like to let you know that I am here as the Healthy Kids Healthy Community Coordinator. I know I have big shoes to fill but first & for most I'm here to do my best for Our Youth & Our Community. I have a lot of Challenges ahead but I know being involved & collaborating with our different Tribal Departments we can accomplish anything as a Team. I also have my experience as a personal trainer and fitness instructor, so be prepared to get physical & especially to have some fun!!
My office is located here at the Senior Building towards the back.

Get Up and Moving!!
1st Monthly Challenge is going to be a Step Challenge.
How many steps can you get within a day?

If you are interested in participating,
call, text or email me

Victoria Martinez
cell: 505-252-4008
office: 505-455-5222

vmartinez@sanipueblo.org



Sun.	Mon.	Tue.	Wed.	Thurs.	Fri.	Sat.
Record steps you got each day		1 Steps: Time:	2 Steps: Time:	3 Steps: Time:	4 Steps: Time:	5 Steps: Time:
6 Steps: Time:	7 Steps: Time:	8 Steps: Time:	9 Steps: Time:	10 Steps: Time:	11 Steps: Time:	12 Steps: Time:
13 Steps: Time:	14 Steps: Time:	15 Steps: Time:	16 Steps: Time:	17 Steps: Time:	18 Steps: Time:	19 Steps: Time:
20 Steps: Time:	21 Steps: Time:	22 Steps: Time:	23 Steps: Time:	24 Steps: Time:	25 Steps: Time:	26 Steps: Time:
27 Steps: Time:	28 Steps: Time:	29 Steps: Time:	30 Steps: Time:	31 Steps: Time:	Record daily minutes of exercise	

Some other ideas to get your heart pumping and get your steps in!
Walk, Jog, Jump Rope, Play Basketball, Walk your dog or your neighbor's dog, Jumping Jacks, Work out to a fitness video, Clean your house vigorously, Dance energetically, Swim, March in place while watching TV, Go for a run, Do some yard work, Take an aerobics class, Play soccer, Play Basketball

Along with the H&HS, we anticipate on starting in March a Fitness Health Assessment for all interested individuals.

This would pertain to having your Blood Pressure, Height, Weight, Waist Measurement, BMI, Girth measurements, Body Composition, Flexibility & 3min Aerobics Step Test.
These assessments will happen every 3rd month.

Due to COVID-19 these Challenges will be designed for individual participation or for those that reside in the same household. Please follow all COVID-19 precautions including social distancing.



MARCH IS NATIONAL
**NUTRITION
MONTH**

*Every food choice we make is an opportunity to
move towards a healthy eating pattern*

— celebrate with us —
in-person or virtually

Thursday, March 17, 2022

**11AM-1:30PM EL RANCHO CLUB
LUNCH PROVIDED**

*Presentations Helpful Information Giveaways
Walk for Wellness 2pm @ Baseball fields*

Click me to join virtually! To attend in-person, call # below!

FOR MORE INFORMATION CONTACT RAELENE MARTINEZ @ (505) 660-8927

Starting March 2022



SAN ILDEFONSO PUEBLO WALK FOR WELLNESS

Join us as we begin our
community walking program

WHO: All Community Members

WHAT: Walk, stroll, have fun!

WHERE: Baseball/softball field

DATE Tuesdays & Thursdays

TIME: 2 pm

WHY: Gain Confidence, be happy!

San Ildefonso Pueblo Health & Human Services



The Parks and Wildlife and Animal Control Departments would like to introduce Gary Allen Roybal as our new Assistant Tribal Ranger. Gary brings a heartfelt background and enthusiasm for the care of cultural and natural resources; his desire and knowledge will enhance our program delivery. Tribal Rangers Ian Fender and Gary Roybal are scheduled to obtain their Animal Control Officer Certifications. Thereafter all three Tribal Rangers will be certified in the proper handling and care of animals for enforcement of the Pueblos Animal Control Act for the overall safety of the community. Should you need any assistance you may contact Tribal Rangers:

Jose Aguilar 505-455-4173

Ian Fender at 505-364-2672

Gary Roybal 505-238-6763

A copy of the Animal Control Act can be accessed on the Pueblo Website:

<https://law.sanipueblo.org/us/nsn/san-ildefonso/council/code/19.2>

Volunteer Opportunity



Get outdoors and give to our Mother Earth by aiding in a soon to be announced Ponderosa Pine and Douglas Fir Seedling replanting project. We are coordinating with Santa Clara Forestry to obtain around 1,000 seedlings and can use your help. We will make a separate announcement when the resources are ready and dates are set, we are looking toward mid to the end of May. If you have questions you may contact Natural Resources Director Lawrence Atencio at **505-455-4138**.



The Natural Resources Department will be coordinating the care of our “*Kwiye Poe*” Ditch Cleaning needs to maintain the Pueblos traditional agricultural way of life and to exercise the Pueblos water rights. We encourage all tribal members to prepare your agriculture fields and individual ditches, a separate announcement regarding this effort will be coming. You may contact Natural Resources Director Lawrence Atencio at **505-455-4138** or Realty Assistant Daniel Baca at **505-455-4124**.

March 2022



San Ildefonso Library /
Learning Center
Phone: (505) 455-2635
Fax: (505) 455-2641

Rick Juliani
Education Director
Cell: (505) 321-9694
rick.juliani@sanipueblo.org

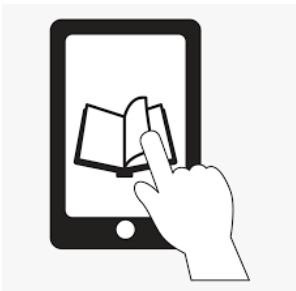
Bernice Martinez
Education Manager
Cell: (505) 660-0149
bmartinez@sanipueblo.org

Aaliyah Gonzales
Librarian / Tutor
agonzales@sanipueblo.org

NM OVERDRIVE

All members
wanting to use
Overdrive will
need to sign up for
a library card!

Please call
Aaliyah to sign
up for a Library
card OR visit our
catalog to sign
up yourself!



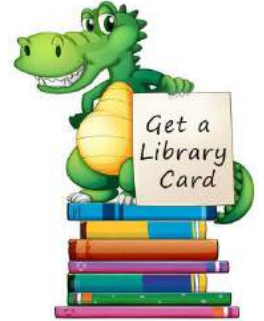
Department of Education

After School Program

We're still accepting students from Kindergarten to 12th Grade!
Please contact us at the Library for more information.
COVID-19 Guidelines are being followed.

LIBRARY CARDS

We are happy to announce that we are finally
offering Library Cards! If you are in need of a Library
Card please visit our website or Call Aaliyah at the
Library!



Youth Council!

We will resume Youth Council
Activities! If your child/ren are
between the ages of 13-24 and
are interested in joining,
please contact Aaliyah at the
Library for more information!



NEW HOURS!!

The Library is now open from
**8am-6:00pm, Monday-
Thursday.**

However, we will be closed to
the public from 2:30pm-5:30pm,
Monday-Thursday during After-
School Program hours.

UPDATED
LIBRARY HOURS

Vaccinations for ASP

Parents, if you plan on
sending your children to ASP,
please remember that proof
of the COVID-19 Vaccination
is required before they will be
allowed to attend!



Happy March!

On Behalf of the
education Department,
we want to wish all a
prosperous, safe and
healthy March! Continue
to mask up and stay Safe!



ENVIRONMENTAL TECHNICIAN FREE TRAINING @NORTHERN



ENTER THE EXPANDING ENVIRONMENTAL JOB MARKET!

FREE NM ENVIRONMENTAL JOB TRAINING PROGRAM

The New Mexico Environmental Job Training Program is a **FREE five-week intensive training program** that provides training, skills and certifications needed to become an Environmental Technician. Instruction is provided through Santa Fe Community College's nationally-ranked EPA workforce development program.

Begin your environmental career with training in:

- General Hazardous Waste Site Worker (HAZWOPER)
- CPR and First Aid
- Forklift Operator
- OSHA Construction Standards
- Confined Space Entry and Non-Entry Rescue
- Solid Waste Management
- Hazardous Waste Management (RCRA)
- Phase I and Phase II Environmental Assessments
- Environmental Sampling
- DOT HazMat

Participants also will meet with environmental employers and Department of Workforce Solutions staff to provide guidance on résumé preparation and job interview skills.

Those who successfully complete the program are eligible for job placement assistance. Most entry-level positions offer benefits with an average starting wage between \$16 to \$19 per hour.

Employers may require health screenings, drug testing and background checks.

Participants must be:

- a high school graduate or have a GED
- 18 years or older
- unemployed, under-employed or low-income
- fully vaccinated for the COVID-19 virus
- able to lift 30 lbs.
- able to attend the entire five-week program



NM ENVIRONMENTAL JOB TRAINING PROGRAM

Mondays - Fridays • 8 AM - 5 PM
March 28 - April 29, 2022

Northern NM College
921 N. Paseo De Oñate
Española, NM 87532

APPLY NOW: [www.sfcc.edu/programs/
environmental-job-training](http://www.sfcc.edu/programs/environmental-job-training)

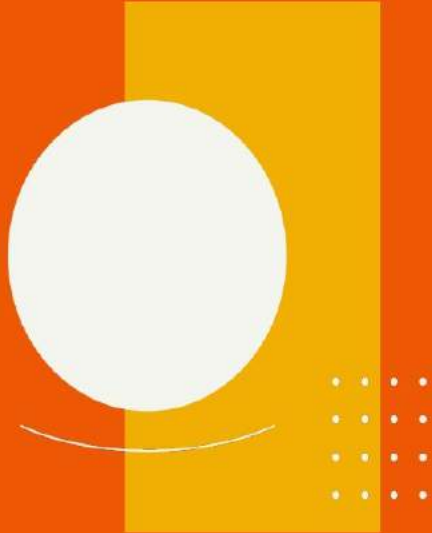
FOR MORE INFORMATION

Janet Kerley
janet.kerley@SFCC.EDU
(505) 428 1866

Cecilia Romero
(505) 692-3430

This project is funded by an EPA Environmental Job Training grant. Sponsors & partners include:





Virtual Wildfire Simulation and Visualization Camp

Los Alamos National
Laboratory

June 6-17, 2022

LANL Wildfire Simulation and Visualization Camp

From June 6-17, 2022 Los Alamos National Laboratory will host a two-week virtual camp for students who are interested in advancing their knowledge in wildfire simulation and visualization. Using real world data LANL scientists use to study wildfires, participants will use ParaView to develop graphical and animated representations that help to reveal patterns and convey meaning. The information produced by wildfire simulation and visualization leads to actionable insights that can aid in wildfire suppression to protect the public, ecosystems, watersheds, and air quality.

What you need to know:



Participants will be provided a \$1,000 stipend.



The entire camp will be virtual. Participants will need access to a computer and internet for the duration of the camp.



The expected time commitment for participants is approximately six hours per day for the duration of the camp.



In addition to developing technical skills, participants will have professional development Opportunities.



The application will open on January 1, 2022 and the deadline to apply is April 3, 2022 by 11:59PM

Eligibility Requirements



High school seniors and undergraduate students are encouraged to apply.



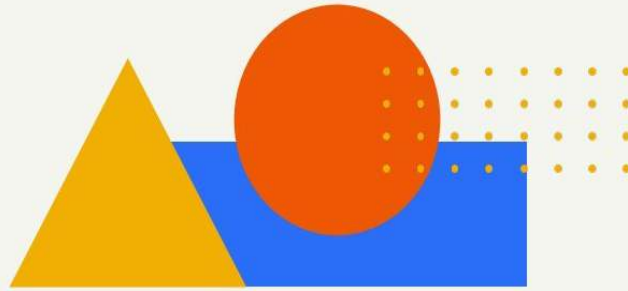
Minimum 3.0 cumulative GPA.



Computing skills such as programming, AutoCAD, GIS, etc. Students with programming experience will be given preference.



Completed a course in College Algebra, Statistics, Calculus OR a higher level mathematics course



How to Apply

- Complete the application form [here](#) which will open on January 1, 2022.
- The deadline to apply is 11:59PM on April 3, 2022.

https://docs.google.com/forms/d/e/1FAIpQLScM-OyK6mMgLt1F3gb-Cosg5Znaa2_xuIOx9ck5UyF2Us0tGQ/viewform

Questions?

Cassandra Casperson
Student Programs Office
Los Alamos National Laboratory
casperson@lanl.gov
(505)695-3506

Links:

- [Los Alamos National Laboratory](#)
- [Student Programs Office](#)

**For Immediate Release
February 4, 2022**

**Contact: Karl Duncan
505.455.5054 | kduncan@pojoaque.org**

POEH CULTURAL CENTER announces expanded 2nd Annual Pathways Indigenous Arts Festival Call for Artists

[*Pojoaque, NM*] — The Poeh Cultural Center, will be hosting the second annual Pathways Indigenous Arts Festival on August 19, 20 and 21, 2022 at Buffalo Thunder Resort & Casino.

“We are excited about this years festival because it’s an all inclusive event that’s planned by Indigenous people, run by Indigenous people, for Indigenous people,” said Karl Duncan, Executive Director of the Poeh Cultural Center. “We’re committed to providing new opportunities for Indigenous creative entrepreneurs as they envision and advance an Indigenous future.”

Duncan described how the major goal for the festival is to actively promote an Indigenous cultural economy that empowers and supports the creativity of a wide range of Indigenous artists and creative entrepreneurs by providing a large-scale venue for them to show and sell their work, as well as to network with collectors and with other Native artists. In supporting artists, the first 50 artist vendor outdoor booths are free of charge, on a first come first served basis.

“I think what makes us unique is that we are celebrating the works of Indigenous creatives. While our foundation of Native arts like pottery, weaving and jewelry is exceptional, we think it’s just as important to represent additional forms of artistic creativity such as dance, music, writing, plant products, and so much more,” Duncan said. “Pathways is unlike any other Native American arts market, as we are giving space for a fusion of traditional and contemporary arts.

Last year’s festival was attended by thousands of visitors and this year’s event is expected to surpass those numbers. Pathways will host food trucks, hold a free Pueblo fashion showcase, and provide free entertainment by Native American dance groups, performers and musicians.

The event, which will be hosed at the Buffalo Thunder Resort and Casino, located on the tribal lands of the Pueblo of Pojoaque, will be free and open to the public. Native American artists and vendors who are interested in showing can contact the Poeh Cultural Center or visit the Poeh’s [webpage](#) for application information. The deadline for applications is April 29, 2022.

For additional information, including artist application, schedule of events, contact:
www.poehcenter.org/pathways, 505.455.5041.

###

pathways

INDIGENOUS ARTS FESTIVAL

BUFFALO THUNDER RESORT & CASINO | SANTA FE, NM

AUGUST 19, 20 & 21, 2022

OVER 400 BOOTH SPACES

ARTS MARKET • CREATIVE ENTREPRENEURS • PUEBLO FASHION • FOOD TRUCKS

THE FUTURE IS INDIGENOUS

CALL FOR ARTISTS

PATHWAYS empowers Indigenous artists & creative entrepreneurs.

FREE FIRST 50 OUTDOOR VENDORS | OUTDOOR \$150 | INDOOR \$225

INCLUDES: TENTS, TABLES, CHAIRS, PARKING, WIFI, WATER & ENTERTAINMENT

DEADLINE: MAY 13 | WWW.POEHCENTER.ORG/PATHWAYS



PATHWAYS is organized by the Poeh Cultural Center, a tribally led entity of the Pueblo of Pojoaque

Nephrotic Syndrome

what you should know

WHAT IS NEPHROTIC SYNDROME?



- Tiny filtering units (glomeruli) in the kidney are damaged or not working.
- Protein normally kept in your body, leaks into the urine.



Signs and symptoms include:

- High urine protein (proteinuria)
- Swelling (edema) around the eyes, face, feet, ankles, and/or belly
- Weight gain (from fluid retention)
- Foamy urine
- Poor appetite
- High blood cholesterol



Many diseases can cause it:

- Minimal change disease (MCD)
- Membranous glomerulonephritis
- Focal segmental glomerulosclerosis (FSGS)
- IGA nephropathy
- Lupus
- Diabetes
- Certain infections such as Hepatitis B and C, HIV, others

HOW IS IT TESTED?



- **Physical exam:**
Visible signs and symptoms
- **Blood and urine tests:**
Signs of kidney damage and other diseases
- **Imaging tests and/or kidney biopsy:**
Signs of kidney disease
- **Genetic tests:**
Inherited diseases that are linked with kidney disease

HOW IS IT TREATED?

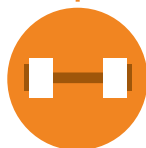


- Depending on the disease and person's overall health, dietary changes and medicines are used to:
 - Lower excess salt and fluids in the body
 - Lower loss of protein in the urine
 - Lower cholesterol in the blood
- Certain medicines that suppress or "calm" the immune system can be used.
- Sometimes, the dose might need to be changed, or a different medicine might be used.
- In some cases, nephrotic syndrome can lead to kidney failure, which is treated with dialysis or a kidney transplant.

Nephrotic Syndrome

what you should know

HOW CAN I REDUCE MY RISK?



Diet, Exercise, and Lifestyle Changes

- Follow a healthy diet that is low in salt and cholesterol.
- You might need a lower-protein diet.
- You might also need to lower your fluid and water intake.
- Weigh yourself regularly to check for water weight gain.
- You can meet with a registered dietitian to discuss any changes needed in your diet.
- Do not smoke; exercise often; avoid alcohol.



Medicines

- Before taking any over-the-counter medicine or supplement, ask your healthcare provider which is safe.
- Take all medicines as instructed by your healthcare provider.



Other Steps

- If you need an imaging test, ask about measuring your kidney function first before any dye is used.
- Discuss birth control and pregnancy with your healthcare provider.
- Talk with your healthcare provider about which treatments are right for you.
- Do not miss any medical appointments.
- Talk to your healthcare provider and ask questions. You can also contact the National Kidney Foundation at [1.855.NKF.CARES](tel:1855.NKF.CARES) (1.855.653.2273) or nkfcares@kidney.org



National
Kidney
Foundation®

30 East 33rd Street
New York, NY 10016

kidney.org

Supported by

