



Pueblo de San Ildefonso Bulletin December 2021

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Council Meeting Dates

Wednesday, December 8, 2021 at 5:10 pm Wednesday, December 29, 2021 at 5:10 pm

Food Distribution

Thursday, December 16, 2021
10 am to 12 pm (noon)
Time and date are subject to change. One box per household. Please remain in your vehicle and wear a mask.

Office Closure

All Tribal Offices will be closed Friday, December 24, 2021 in observance of Christmas Eve. As well as Friday, December 31, 2021 in observance of New Years Eve.



Contact Us:

2 Tunyo Po, Santa Fe, NM 87506

Phone: (505) 455-2273

Fax: (505) 455-7351



NOTICE

PUEBLO DE SAN ILDEFONSO GENERAL ELECTION

DATE: WEDNESDAY, DECEMBER 1, 2021

TIME: 7:00 a.m. to 7:00 p.m.

POLLING PLACE: LIBRARY/LEARNING CENTER

VOTER REGISTRATION IS NOT REQUIRED. Any enrolled member of the Pueblo age eighteen (18) or older by December 1, 2021, is eligible to vote in-person at the polling place during voting hours. <u>Absentee voting will NOT</u> be permitted in this year's Election.

While the polls are open from 7:00 a.m. to 7:00 p.m., no persons except members of the Election Commission shall be allowed to remain within fifty (50) feet of the polling place. Campaigning is not allowed within fifty (50) feet of the polling place.

Voting Safety

While we encourage everyone to exercise your right to vote, it is everyone's responsibility to take the Pueblo's public health orders and safety precautions seriously in order to protect yourself and others in your family and community from contracting the COVID-19 virus.

Masks and gloves must be worn while participating in the voting process. We also request that you bring your own pen. Only one person at a time will be allowed to complete the voting process. Be patient as the line may get long. If you are in line at 7pm, you will be allowed to vote.

Ballot Instructions

Eligible Voters will be allowed the following number of votes for the General Election:

- Up to 5 Votes for Council Representatives
- Up to 1 Vote for Election Commissioners
- Up to 1 Vote for Supreme Court Justice
- If you mark **more** than the allowed number of votes for a position then that section of the ballot will be considered spoiled and your vote will not be counted. If you mark **less** than the number of Pueblo de San Ildefonso Election Commissioners or Council Representatives of votes you are allowed for a position, only those votes that was marked will be counted, and that section will be valid.

NO WRITE-IN CANDIDATES WILL BE ALLOWED. If you write-in a candidate for a position then that section of the ballot will be considered spoiled and your vote will not be counted.

Background Check Reports

As required by the Governing Agreement, a criminal background check has been conducted on all candidates for elective office. Background Check Reports are currently available for review by any member of the Pueblo by request. Please contact Chair, Melanie Gonzales at melgonzales1675@gmail.com or (505) 365-3393.

OFFICIAL BALLOT GENERAL ELECTION

PUEBLO DE SAN ILDEFONSO

December 1, 2021

INSTRUCTIONS: To vote, completely fill in the oval to the LEFT of your choice, like this:

COUNCIL REPRESENTATIVE

CAN VOTE UP TO FIVE (5)

- O AGUILAR, JOSE JR
- **CHRISTIAN, WILLIAM STUART**
- GARCIA, TOM
- GONZALES, JOHN
- O GONZALES, THELMA
- O MARTINEZ, MICHAEL J
- MARTINEZ, M. WAYNE
- O MARTINEZ, THOMAS I.
- MARTINEZ, TIMOTHY
- TSE-PE, IRENE

ELECTION COMMISSION

CAN VOTE UP TO ONE (1)

- BEGAYE, RANDI ASHLEY
- MARTINEZ, BERNICE

SUPREME COURT JUSTICE

CAN VOTE UP TO ONE (1)

MARTINEZ, CLAUDENE





LEGISLATIVE UPDATE

DECEMBER 2021

Council Meeting Dates

Wednesday, Dec. 8, 2021, 5:10pm Wednesday, Dec. 29, 2021, 5:10 pm

Council Working Session Dates

Thursday, Dec. 2, 2021, 5:10 pm Tuesday, Dec. 14, 2021, 5:10 pm

Enrollment Committee Meeting

Thursday, Dec. 2, 2021, 4:00 pm

With the COVID-19 delta variant rising, we remind <u>all</u> to be cautious, wash hands, use sanitizer and avoid unnecessary outings and travel. We must all work together to slow the spread!

Lt. Governor Raymond Martinez (505) 455-4127 rjmartinez.tc@outlook.com

Council Secretary Terrence Garcia (505) 455-4113 sec.tc@outlook.com

Legislative Manager Brandi Martinez (505) 455-4150 brmartinez.tc@outlook.com

Enrollment

The Enrollment Committee has been meeting to discuss and revise the 1999 Enrollment Policies and Procedures. This will be a very tedious process and there is much work to be done. The Enrollment Committee would like to involve the community in discussions in the near future.

NPHA Dissolution

As many of you may know, the Pueblo is transitioning out of Northern Pueblos Housing Authority and is in the process of developing a Tribally Designated Housing Entity (TDHE) for the Pueblo. There are several pieces of legislation pertaining to the dissolution of NPHA and the development of the Pueblo's TDHE that Tribal Council has passed, and some that are going to be placed for action at upcoming Council Meetings. There were notices placed in last months bulletin seeking community input for name suggestions for the Pueblo's developing Housing Authority as well as a notice seeking interested individuals to serve as Board Members. If you would like to know more about this process, you are encouraged to participate in Council Meetings via Zoom for updates and be sure to look out for notices regarding community involvement and further developments.

Social Media

Just a friendly reminder that the Tribal Council has a Facebook page in which notices, surrounding area job postings, COVID-19 Resources/information and etc. are posted.

You can view the page at https://www.facebook.com/sanitribalcouncil/ or search @sanitribalcouncil



PUEBLO DE SAN ILDEFONSO Human Resources Office 02 Tunyo Po Santa Fe, NM 87506

EMPLOYMENT OPPORTUNITIES

Updated November 22, 2021

Accounting Clerk (Full Time)

Administrative Assistant (Part Time)

Afterschool Program Aide

(Part Time Temporary, though funding term 5/19/2022)

Controller (Full Time)

Curriculum Development Coordinator (Part Time)

Data Entry Clerk (Part Time)
Tribal Courts

Healthy Kids Health Community Coordinator (Full Time)

Information Technology and Network Management Specialist (Full Time)

Parks and Wildlife Assistant Tribal Ranger (FT)

Tewa Language Instructors (2-3 Contractual)

Tewa Language Outreach Coordinator (Part Time, Contractual, through funding term 8/31/2022)

Tribal Services Director (Full Time)

All Positions Open Until Filled

APPLICATION: A job description and employment application are available in the Human Resources office or via email. Preference is to please call ahead to schedule an appointment for in person assistance. Please feel free to call 455-4155 with any questions.



Pueblo de San Ildefonso

Department of Natural Resources November 22, 2021

MEMO TO COMMUNITY MEMBERS

RE: THE OPEN BURNING OF DEBRIS AND WEEDS

The Pueblo has an MOU in place with BIA, Los Alamos County, and Santa Fe County, Fire Departments in communicating any prescribed burn that is conducted within Pueblo de San Ildefonso Land. Currently, the Pueblo Burn Ban is uplifted and we encourage community members to maintain their properties and reduce hazardous fuels. If you plan to burn, fuels must be non-toxic and of natural material only. The following precautionary measures need to be in place: a buffer zone free of ignitable fuels at least 6 feet or greater placed around a manageable 4ft. x 4ft. pile, once ignited additional material could be fed or multiple small piles could be constructed. Adequate personal with water hoses, buckets, and shovels should be readily available. No burn should be left unattended until fully extinguished, stirred, wet down until cool enough to the touch by open bare hand.

We please ask that you contact the Natural Resources Director and or Tribal Rangers before igniting so that they may consider the weather conditions, location, and relay information as to the location, date, and time, to Santa Fe Dispatch so that Fire Dispatch knows reported smoke is a controlled burn. Any Tribal Member who ignites any fire will be held responsible for it.

For further information you may contact: Tribal Rangers: Jose Agular at (505) 219-7552 or Ian Fender (505) 364-2672 and or Natural Resources Director Lawrence Atencio (505)-455-4138. To report a fire directly, Santa Fe Dispatch: (505)-438-5600. Please be safe, fire wise, and prepared.



Senior Meeting Agenda

Wednesday, December 15, 2021 at 2:00 pm

Via Zoom

Call Meeting to Order

Invocation by Invite

Minutes of last meeting -Nov 19, 2021

Presentation(s)

Discussion of possible January Activities

Concerns by Seniors

Benediction by invite

If you want something else on the agenda, please send an email to: <u>tsd@sanipueblo.org</u> or contact Stuart at 455-4105

The SMALL conference room at the Governor's office will be available for the seniors who don't have zoom who want to be in the zoom meeting and do not have such ability at their home. You can also participate at the Learning Center

Zoom Link for Senior Meeting December 15 at 2pm: https://us02web.zoom.us/j/86320963208?pwd=azJicWJka1Zpbk1iendac2E3VEpYUT09

You can also just start Zoom and enter the Meeting ID and Passcode below.

Meeting ID: 863 2096 3208

Passcode: 203638

You can also dial in to the following phone numbers to hear the meeting:

+1 213 338 8477 US (Los Angeles)

+1 253 215 8782 US (Tacoma)

SCRIOT NCWS

Christmas Dinner

Dinner will be served as a drive thru at the Senior Center on December 15, 2021. The menu will be Ham, Brussel Sprouts, Sweet Taters, Salad. Roll, and cheesecake.

New Van

The new Senior Van has now arrived and is located at the Senior Center. Make sure to check it out and see the new Senior Logo.

Medicare

December 7, 2021 is the last day to change Medicare Plans unless you are on Medicaid

Tax Exemption

NM Tribal State Tax Exemption form for removal of sales tax charges on utility bills is available at the Admin Office and online at:

https://www.templateroller.com/ template/2151228/native-americantax-exemption-form-new-mexico.html

Thanks!

A Big thank you from the Seniors to the Facilities staff and others for the firewood delivery. It is very much appreciated.

Dinner and Lights

An Early Dinner has been planned for December 8th at 4pm at the Tesuque Market with a evening stroll to look at the Christmas lights in the Santa Fe Plaza. This trip is already booked up but make sure to join the Senior Meetings to say up to date on any future outings.

Chromebooks

There are Chromebooks for loan that are available at the Library. You must provide a \$30 deposit. Also, Reminder that Seniors are eligible to get free internet (including installation) if you contact the Accounting Office.

<u>Survey</u>

A survey was sent out about environmental issues such as the use of natural resources like clay, plants, animals, etc. We encourage you to please fill it out and all information is confidential. You can get a survey from Raymond Martinez in DECP.

DECP News



ATTENTION ALL HUNTERS!!

Hunter's, please <u>BE AWARE</u> of your surroundings!!!

DECP would like to remind folks that we will be in the area and with hunting season going on just to be aware.



The Department of Environmental and Cultural Preservation (DECP) staff together with DOE and NMED staff will be monitoring wells located in the Sacred Area and Sandia and LA Canyons. We will be collecting samples in other areas around the Pueblo as well.

Environmental Technician Training Program

By Thomas Martinez

I recently attended the Environmental Technician Training Program sponsored by the Environmental Protection Agency and partners with Eight Northern Indian Pueblo Council.

The program is available for everybody that is unemployed or starting out in the Environmental field. The program is a five weeks course training in Forklift Operator, CPR/First Aid, General Hazardous Waste



Site Worker (HAZWOPER), OSHA Construction Standards, Confined Space Entry/Non-Entry Rescue, Solid Waste Management, Hazardous Waste Management (RCRA), Phase I/Phase II Environmental Assessments, Environmental Sampling, DOT HazMat and Resume Preparation.



4th Quarter

Na'in bin ung sha

The mission of DECP is to preserve and protect the natural environment and the cultural resources of the Pueblo de San Ildefonso, to assess risks to human health and welfare, both quantitatively and qualitatively, and protect the health and welfare of the Tribal community.

INSIDE THIS ISSUE:

- Environmental Technician Training Continued
- Get Outdoors!
- Electrical Power
 Capacity Upgrade



Environmental Technician Training Program Continued

The class schedule is Monday through Friday from 8 to 5. In order to complete the program, you must able to attended each day. The instructor Ms. Janet M. Kerley has over 25 years of experience in Emergency Planning and Response, Environmental Remediation, Facility Decommissioning, and Compliance with EPA/OSHA/DOT Requirements for Hazardous Material. Her experiences help better understand the material and expectations of an Environmental Technician. In taking samples. Also, how to today's world Environmental Technician are sought after. Since climate and environmental changes are happening in today's World.

The classes consist of bookwork and hands-on material. The bookwork is learning how to read and use code books from EPA/OSHA/ DOT such as the Emergency Response Guidebook, the 1926 OSHA Manual and being able to read and understand Material Data Safety Sheet. The hands-on material was a way to learn how to use of Personal Protective Equipment such as Self-Contained Breathing Apparatus, Air Monitors, and the proper way of properly fill out the paper work that is required in the field.

If you are interested in being Environmental Technician, I recommend

taken this training or even to have a knowledge of the field to help understand and to be involved in our environment.

The next training session will begin March 28 to April 29, 2022 at the Northern New Mexico College Campus in Espanola, New Mexico. Registration for this session will begin January 3, 2022 through Santa Fe Community College.









Get outdoors and see what's out in your surrounding's!

By Darryl Martinez

We may never think that there are so many wonderful things that have been left from the past for us to learn from, along the Rio Grande our Ancestors have lived here for years and used the land and made this place we now call home.



Get outdoors and see what's out in your surrounding's! continued

I think it's time to take yourself or family out to see all the wonderful things and cherish these places and picture in your mind what it would be like to live 100 years ago. We all know that times have changed and climate change has become very real this past year with not enough farming and not much water from the Rio Pojoaque and the Rio Grande, we must take care of our land and environment we live in.

So, like I said get outdoors and find time to see what changes you can make to our land by maybe planting trees, picking up trash along the river or come by our Environmental office and give us your ideas on how we can further protect our lands.









parks
birds reptiles nature
rescue animals wildlife
plant wildflowers
Conserve
build wildlife hotels
rees be eco-friendly
pollinators
compost

Electrical Power Capacity Upgrade by Michael Chacon

Did you know that NNSA/LANL is working on an Electrical Power Capacity Upgrade (EPCU) Project? NNSA tells us that their mission will require higher capacity electrical power that is reliable and redundant by 2026. The Proposed Action for the EPCU project includes construction and operation of an approximately 12.5-mile long, 3-phase, overhead 115-Kilovolt power transmission line They want to accomplish this by a tie-in to the Norton Substation located on public

land managed by the Bureau of Land Management (BLM). They will work with the Santa Fe National Forest (SFNF), who is the land manager tasked with evaluating the portion of NNSA's proposal that involves the use and occupancy of SFNF lands. NNSA will also work with the BLM to obtain the authorization for this right-of-way.

The NNSA and SFNF will be working together to evaluate the environmental impacts of the proposed

transmission line, adhering to the requirements of the U.S. Department of Agriculture (USDA) Forest Service. DECP, Tribal Council and Governor Moquino will also be following this project, in order to protect cultural resources of the Pueblo de San Ildefonso (such as protecting the Pueblo's viewshed, and wildfire protection), and to keep a spotlight on such issues as considering economic repercussions to the Pueblo.



DECP staff, Tribal Council, and Governor Moquino on the rim of White Rock Canyon, discussing the *proposed* future site of an additional power line to LANL.



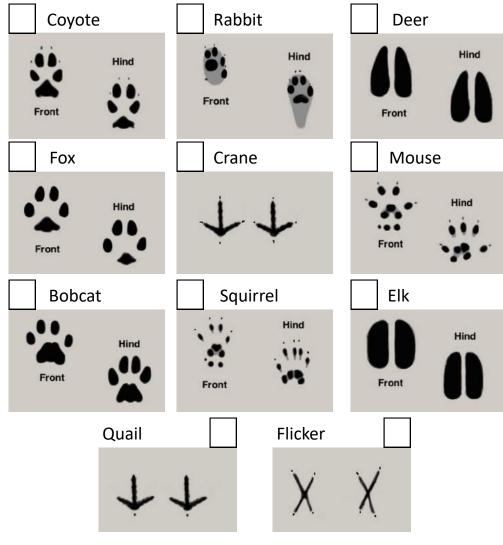
DECP Staff, DOE and Forest Service staff discuss the Electrical Power Capacity Upgrade project on a site tour.



ahyeh bin na' Tah

Its winter season, which means Hunting Season!!

Here is an activity that you young hunters can take with you.



A'ay' ah a'mi!









You can help by:

- Keeping All Recreational Areas Clean
- Putting ALL TRASH in the proper receptacles
- Plant a trees & flowers
- DO NOT throw trash out any windows
- SPREAD THE WORD, help others to do the same



Pueblo de San Ildefonso

02 Tunyo Po Santa Fe, NM 87506

Phone: (505) 455-4121 Fax: (505) 455-1120

DECP STAFF

Raymond Martinez

Director/Tribal Risk Assessment Program Manager

Michael Chacon

Technical Reviewer/ QA Manager

Erin Martinez

Office Administrator

Eric Archuleta

Database Manager

Darryl Martinez

Water Quality Technician

Nickolas Hanser

GIS/GPS Specialist

Thomas Martinez

Environmental Field Assistant

Tim Martinez

Cultural Resources Advisor

Neil Weber

Intergovernmental Liaison

Roberta Trujillo

Transfer Station Attendant



Poh-Who-Geh-Owinge Department of Environmental & Cultural Preservation

Ano COS

Transfer Station News



*** DECEMBER HOURS**





SUN	MON	TUES	WED	THURS	FRI	SAT
TRANSFER STATION HOURS: THUR- MON 8:00am —5:00pm Senior Trash Pick-Up: Every THURSDAY & FRIDAY			1 CLOSED	2	Disability Awareness Day	Free Tire Day Buckman Recycling Santa Fe
Free Tire Day Buckman Recycling Santa Fe	6	7 PEARL HARBOR Remembration CLOSED	8 CLOSED	9	10	11 INTERNATIONAL MOUNTAIN DAY
12	MEAT FREE MONDAY	CLOSED	CLOSED	16	17	Good Morning Have A Super Saturday Morning
19	20	21 Winter CLOSED	22 Open 8am—5pm	23 Sr. Trash Pick-Up Eastside & Westside	CLOSED 24	Christmas Day CLOSED
26	27	CLOSED	Open 8am—5pm	30 Sr. Trash Pick-Up Eastside & Westside	31 New Year's Eve Open 8am—12pm	1 HAPPY NEW YEAR, CLOSED



BE HAPPY DAYS,
FILLED WITH LOVE AND LAUGHTER.
AND MAY EACH DAY
BRING JOY YOUR WAY

IN THE YEAR

MERRY CHRISTMAS

SENIOR TRASH PICK-UP

Christmas and New Years Week:

Trash Pick-up is scheduled for BOTH West and East side residents on:

WEDNESDAY, DECEMBER 23rd and THURSDAY, DECEMBER 29th

Please have trash ready for pick up by 8:30am.

Transfer Station Contacts:

Roberta Trujillo, Transfer Station Attendant (505) 250-8297 Erin Y. Martinez, Transfer Station Supervisor (505) 455-4121



Dwight Aguilar and family

Second place

Roberta

A BIG THANK YOU, to everyone who participated in the Recycling contest.

Keep recycling!!

The transfer Station



Pueblo de San Ildefonso Department of Health and Human Services



December 2021



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THANK YOU!

The Department of Health and Human Services' Diabetes Program, CHR Program, and ICWA Program would like to send out a shout out and big *THANK YOU* to all of the community members and our community partners who came out and made our Grand Opening and Health Fair a big success.

We'd like to thank:

Walgreen's, Blue Cross and Blue Shield, Bridge to Health NM, Western Sky Community Care, Pojoaque Police, Eight Northern Indian Pueblo Council, Diné Enciso, Sarah Falion, Renee Zisman, MoGro, and all of our community partners who came out to support us during this amazing event. Stop by the Medical Building if you were not able to make it, to see our new offices. Also thank you Tribal Administration, all tribal staff members, and Governor's Office for all of the assistance and support that you provided.

Counseling Can Help



Experiencing Holiday Stress?

The COVID-19 pandemic getting to you?



Having a difficult time coping with grief and loss?

Struggling to deal with past traumatic experiences and a history of Adverse Childhood Experiences (ACES)?

Behavioral Health services through Circle of Life Behavioral Health Network is open for mental health, behavioral health, and substance use/misuse related challenges for all community members.

Talking to others is always helpful and talking with a professional therapist can really help – especially during this difficult time.

Call (505) 852-1377 and make an appointment to meet with a therapist to see if counseling can help you or your loved one.

Sometimes it's possible that you can't wait. If you or someone you know is having a mental health crisis, call **1-800-273-8255** for the <u>National Suicide Prevention Lifeline</u>.

You can also text **HOME** to **741-741** for free, 24- hour support from the **Crisis Text Line**.



Pueblo de San Ildefonso Department of Health and Human Services December 2021



COMMUNITY HEALTH COUNCIL

WE'RE LOOKING FOR HEALTH EQUITY ADVISORY COMMITTEE MEMBERS

Requirements to Apply

MUST BE A PUEBLO DE SAN ILDEFONSO TRIBAL MEMBER OR TRIBAL EMPLOYEE

MUST BE INTERESTED IN SERVING THE TRIBAL COMMUNITY SURROUND HEALTH AND HEALTH EQUITY

MUST SUBMIT A LETTER OF INTEREST TO THE HHS HEALTH COUNCIL

These committee assignments <u>ARE NOT</u> paid positions

One Meeting per Month will be Required (Day and Time To be Determined)

Please submit your letters of interest to:

Pueblo de San Ildefonso Health and Human Services Attention: Community Health Council 02 Tunyo Po Santa Fe, NM 87506 or by email to dhhs@sanipueblo.org

We will be accepting letters of interest until the positions are filled.



Pueblo de San Ildefonso Department of Health and Human Services



December 2021

Tribal Colorectal Health Project in San Ildefonso Pueblo



Did you know that <u>all American Indian men and women age 45-75</u> should have routine colorectal health screenings?

Colorectal cancer has now become the 2nd most common type of cancer among American Indian men and women in New Mexico. By getting regular screening, colorectal cancer can be completely prevented or found early when treatment works best.

The Pueblo of San Ildefonso is currently participating in a project with the Albuquerque Area Southwest Tribal Epidemiology Center and the University of New Mexico Comprehensive Cancer Center to encourage all community members age 45-75 to be screened.

In the weeks ahead, tribal members age 45-75 living on the Pueblo will receive a survey and a colorectal health screening kit in the mail. It is completely voluntary to participate, but we hope you will consider this important step to good health and wellness. Help protect yourself, your family and our community from colorectal cancer by getting your regular screenings done!

If you have any questions about this new project in our community, please contact the CHR Program at 505-455-4114 or 505-455-4115.

Contact the CHR Office for more information!









Pueblo de San Ildefonso **COVID Response Team**

ALERT: COVID-19 Cases Are Rising





Wear a mask over

your mouth AND nose.



Stay 6 feet away

from others.



Wash your hands often.

cdc.gov/coronavirus



CDC

During the months of October and November, the decline of COVID-19 cases, many of us hoped and expected to have a rather normal holiday season, allowing us to gather as we have in the past. As the holidays approach, however, the average of hospital admissions with confirmed cases of COVID-19 and the average daily case count for New Mexicans with COVID-19, have lead us to change the way that we think about gatherings and holiday events. Especially with Santa Fe County experiencing a 27% increase in cases in the past seven days and the Pueblo experiencing a 35% increase in cases within the village, in the past seven days.

The COVID Response Team and the Tribal Administration are encouraging community members to think carefully about who you are gathering with and to avoid gathering indoors with anyone who is not in your immediate household to reduce the risk of community spread of the virus. Please do your part to help keep the holidays as safe as possible to keep the virus under control, by taking the necessary precautions to prevent the spread of the virus.

December 2021

COVID-19 Cases

Total Active Cases: 6 Total Cases: 101 Total Recovered: 93

Total Breakthrough: 9

Info as of November 22, 2021

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PUEBLO DE SAN ILDEFONSO **COVID RESPONSE TEAM MEMBERS**

Troy Campbell

Director of Health and Human Services

Office: (505) 455-7395 Cell: (505) 692-5943

Thelma Gonzales

CHR Manager

Office: (505) 455-4114 Cell: (505) 690-1024

Raelene Martinez

Diabetes Prevention Program Assistant

Office: (505) 455-7395 Cell: (505) 660-8927

Claudia Lente

CHR Generalist

Office: (505) 455-4115 Cell: (505) 231-9401



Booster Shots, Third Doses and Additional Doses for COVID-19 Vaccines

What is a COVID-19 vaccine booster?

A COVID booster shot is an additional dose of a vaccine given after the protection provided by the original shot(s) has begun to decrease over time. Typically, you would get a booster after the immunity from the initial dose(s) naturally starts to wane. The booster is designed to help people maintain their level of immunity for longer.

Who can get a COVID-19 vaccine booster?

The CDC recommends a COVID-19 booster if you are 18 or older and:

- Received the Janssen/Johnson & Johnson vaccine at least two months ago.
- Received both shots of either the Moderna or Pfizer COVID-19 vaccine at least six months ago.
- Individuals who have a medical condition associated with immunosuppression are eligible to receive an additional vaccine dose.

Please visit the CDC website for the latest information on vaccine boosters.

What are COVID booster side effects?

After getting vaccinated for COVID-19, you might experience some temporary symptoms similar to those you might notice when you get a flu shot, such as a sore, swollen arm where you got the shot. You might run a fever and experience body aches, headaches and tiredness for a day or two. Chills, swollen lymph nodes can also occur.

These symptoms do not mean you are sick. They signal that your immune system is responding to the shots and building up protection against the coronavirus.

Where can I get a COVID vaccine booster?

Please check your state or local resources. Retail pharmacies, mobile vaccination clinics (walk-up) and state and local vaccination sites offer booster appointments. Some locations may offer walk-up vaccination times.

What is an additional dose of the coronavirus vaccine?

An additional dose, originally called a third dose, is given to people with moderately or severely compromised immune systems to improve their response to the initial vaccine series. (The term "third dose" was used to refer to additional doses for the two mRNA vaccines, but now the term is "additional dose" because those who received a J&J "one dose" may also be eligible for a dose based on their immune systems.)



What is the difference between a booster and an additional dose?

A COVID-19 booster is given when a person has completed their vaccine series, and protection against the virus has decreased over time. Depending on the original series you had, some details will vary. Please review the booster eligibility information above and talk to your health care provider if you are not sure if you meet these guidelines. Please note, if you receive the Moderna booster, you will receive half of the original Moderna dose.

An additional dose is administered to people with moderately to severely compromised immune systems. This additional dose is intended to improve immunocompromised people's response to their initial vaccine series. Depending on the original series given, some details will vary.

Who can get an additional dose of a COVID-19 vaccine?

The CDC and the FDA recommend an additional dose if you:

- Have been receiving active cancer treatment for tumors or cancers of the blood
- Received an organ transplant and are taking medicine to suppress the immune system
- Received a stem cell transplant within the last two years, or are taking medicine to suppress the immune system
- Are diagnosed with moderate or severe primary immunodeficiency disorder or disease
- Are diagnosed with HIV and have a high viral load or low CD4 count, or are not currently taking medication to treat HIV
- Are taking drugs like high-dose steroids or other medications that may cause severe suppression of the immune system

If you are not sure whether you fit into any of these categories, please contact your medical provider.

When should I get an additional dose of COVID vaccine?

- If you originally received the Moderna or Pfizer COVID-19 vaccine, you can get an additional dose when it has been at least 28 days since your second shot.
- If you got the Janssen/Johnson & Johnson COVID-19 vaccine, you can get an additional dose when it has been at least 2 months since your vaccine.

Does my COVID booster or additional dose have to be the same brand that I got before?

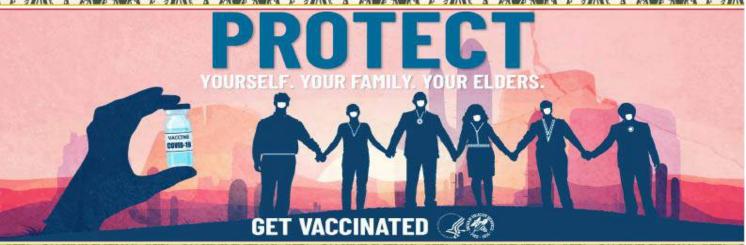
No, you can mix and match brands. If you get the Moderna booster, you will receive half of the original Moderna dose.

CREDIT: Johns Hopkins Medicine



LET'S REACH COMMUNITY IMMUNITY!

OF JULY JUNORALINAL JULY JUNICATION OF JULY JUNICATION OF JULY JUNICATION OF JULY JUNICATION OF JULY



Children ages 5 and up can now be protected from COVID-19!

COVID-19 vaccines are safe, effective, and free. Hundreds of thousands of lives have been saved by vaccination, and this protection is now available for children as young as 5 years old.

What You Need to Know

- Vaccination is now recommended for everyone 5 years and older.
- COVID-19 vaccines are safe and effective.
- Millions of people in the United States have received COVID-19 vaccines under the most intense safety monitoring in U.S. history, including studies in children 5 years and older.
- CDC recommends getting a COVID-19 vaccine as soon as possible.
- The Pfizer vaccine is the only vaccine that is authorized for children ages 5 to 17. This vaccine requires two doses 3 weeks apart.

Your child cannot get COVID-19 from any COVID-19 vaccine.

COVID-19 vaccination can help protect your child from contracting COVID-19 or getting seriously sick from the COVID-19 virus. Although fewer children have been sick with COVID-19 compared to adults, children can be infected with COVID-19, get sick from COVID-19, and spread the COVID-19 virus to others.

Getting your child vaccinated helps protect your child, your family, and your community.

Like adults, children may have some side effects after COVID-19 vaccination. Side effects are normal signs that their body is building protection. Side effects may affect their ability to do daily activities, but should go away in a few days.

For more information, visit

https://www.cdc.gov/coronavirus/2019-ncov/vaccines/recommendations/children-teens.html

Find a COVID-19 vaccine for your child

- Find contact information for IHS, tribal, and urban Indian health programs at http://ihs.gov/findhealthcare/
- You can also find vaccines outside of the Indian health system by searching vaccines.gov, texting your ZIP code to 438829, or calling 1-800-232-0233.

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YOURSELF, YOUR FAMILY, YOUR ELDERS.

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Myths about the COVID Vaccine

MYTH: Getting the vaccine will give you COVID.

FACT: This is absolutely false. To become ill with COVID, there must be contact with the coronavirus. None of the vaccines available contain coronaviruses so they don't have what is needed to cause infection. Building up immunity takes time and so it is possible to contract the virus either before you get the vaccine or while your body is still building protection from the vaccine. That's why wearing a mask is so important.

MYTH: You don't need a vaccine if you've had COVID.

FACT: We don't know how long immunity lasts once you recover from the virus, but there is a possibility of catching the virus a second time, so the vaccine is still important. If you've had COVID, you may receive the vaccine after your symptoms have gone away and you have finished your isolation period. If you received certain medicines when you had COVID, you may need to wait to be vaccinated. Talk to your provider about what's right for you.

MYTH: The vaccine will change my DNA.

FACT: Your DNA is the blueprint for your body and is very difficult to change. The Pfizer and Moderna vaccines contain a different type of genetic material called messenger RNA, or mRNA. Your cells break down the mRNA after a short period of time. And mRNA does not affect or interact with your DNA in any way.

MYTH: I can't get the vaccine if I want to have a baby.

FACT: There is no evidence the vaccine does anything to a baby during pregnancy, nor that it does anything to the mother's body to prevent pregnancy in the future. For men, there is no evidence to suggest it affects the sperm or male reproductive organs either, meaning it won't prevent someone from becoming a father. Your provider can help answer any specific questions.

For more information on vaccine safety, community supports, and continued protection against COVID, visit https://www.ihs.gov/vaccine

Together, we can reach community immunity.

Facts based on the CDC page Myths and Facts about COVID-19 Vaccines.

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COVID-19 VACCINATION CLINICS SANTA FE, IHS

Indian Health Service, Santa Fe Service Unit COVID-19 Vaccination Clinic Appointments

Who is eligible to receive a COVID-19 Vaccine:

Native American and Alaska Natives, and non-native household members.

Pediatrics Ages 5-11 Pfizer Vaccine
 Adolescents Ages 12-18 Pfizer Vaccine

o Adults Over 18 Pfizer or Moderna Vaccine

How to make an Appointment: Call the Santa Fe Service Unit Appointment Line

(505) 946-9203 (Monday-Friday, 8am-4:30pm)

Vaccination with an appointment only. No Walk-in vaccinations

Santa Fe Indian Hospital San Felipe Health Center Santa Clara Health Center

1700 Cerrillos Road 8 Cedar Street 400 State Road 30 Santa Fe, NM 87508 San Felipe, NM 87001 Espanola, NM 87532

Pediatric Clinics: Santa Fe Indian Hospital Monday-Thursday 3:30pm-5:30pm

Adolescent & Adult Clinics: Santa Fe Indian Hospital Fridays 9:00am-3:15pm

San Felipe Health Center Wednesday 9:00am-11:00am

Santa Clara Health Center Wednesdays 9:00am-11:00am

Special Mass Vaccination Events:

Offering Pediatric, Adolescent and Adult vaccination, first doses, second doses and booster doses for both Pfizer and Moderna Vaccines

Buffalo Thunder Resort: Wednesday, 12/1/2021 9AM-11AM (Appointment Only)

*No pediatric first doses (pre-scheduled pediatric boosters only)

Wednesday, 12/29/2021 9AM-11AM (Appointment Only)

Wednesday, 1/19/2021 9AM-1PM (Appointment Only)

Black Mesa Casino: Wednesday, 12/8/2021 9AM-11AM (Appointment Only)

*No pediatric first doses (pre-scheduled pediatric boosters only)



National Handwashing Awareness

KNOW WHEN TO WASH YOUR HANDS





Fitness Classes

Ball & Bands 10AM 30 mins

Chair Cardio

Strength

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10AM 30 mins

Yoga Pilates Fusion 留

10AM 30 mins

Balls & Bands

5:15PM 60 mins

Chair Cardio

Strength

5:15PM 60 mins

Yoga Pilates

Fusion

5:15PM 60 mins

EVERYONE IS INVITED! WATCH LIVE or on YOUTUBE AT ANY TIME!

□ Dental Health

留 for Kids

7PM 60 mins

△ Keeping Good Habits

During the Holidays

7PM 60 mins

Health Education

Your 9

Metabolism 留

7PM 30 mins

Setting Good Goals

for the New Year

7PM 30 mins

Zoom Link: https://tinyurl.com/p63ytunj

Meeting ID: 869 186 8041 Passcode: 9p67Q8

YouTube: https://tinyurl.com/49uheuss



Brought to you by San I Diabetes Program For info call (505) 660-8927



EAT SMART, BE SMART



NUTRITION CONSULTATIONS

CBLO DE SAN /LD

WHO CAN BENEFIT?

Lots of people can benefit from working with a nutritionist. Whether you need a complete diet overhaul, are looking to manage a medical condition, want to fine-tune your food choices, or get inspiration for new, healthy recipes

CONSULTATIONS CAN HELP WITH:

Heart disease
High blood pressure
High cholesterol
Diabetes & pre-diabetic conditions
Irritable bowel syndrome (IBS)
Celiac disease
Obesity or overweight
Pregnancy
& many other conditions

Recommended items you should have for consultation:

- -Medication listing
- -Blood sugar record
- -Most recent lab work (A1C, cholesterol levels, kidney function- if available)
- -Questions you may have

Book your December nutrition consultation now!
Call (505)660-8927
OR schedule at the link below:

https://tinyurl.com/SDPI-Nutrition-Consults



Choose age- appropriate gifts
Take into account your child's interests,
abilities and maturity level. Also consider other kids and pets in your home

Think big
For children under 3, avoid toys with small, removable parts. If a part can fit into a papertowel roll, its too small.

Building and play sets with magnets are very dangerous to smáll children . Not only are the small pieces a choking hazard, but they can cause serious damage to internal organs.

Skip Projectiles

Toys that shoot objects can cause eye and bodily injuries. If your child is old enough, make sure they understand safety rules when playing.

Don't forget the helmet

When buying bikes, scooters, skateboards and skates, also get a helmet. Choose the proper size and ensure they are worn properly.

Purchase Quality-made toys

Sturdy toys are less likely to break or have sharp edges, which can cause injury. Look for toys that are non-toxic and have an ASTM tag.

Pueblo de San Ildefonso ICWA Manager/Family Advocate

Hollday BAZAAR





TRADITIONAL ARTS & CRAFTS, BAKED GOODS

MASKS WILL BE REQUIRED

El Rancho Property

386 COUNTY ROAD 84, SANTA FE, NM 87506

CONTACT DENISE MOQUINO AT (505)692-5580 FOR MORE INFORMATION



DECEMBER 4TH

9AM-4PM

December 2021



San Ildefonso Library / Learning Center

Phone: (505) 455-2635 Fax: (505) 455-2641

Rick Juliani Education Director Cell: (505) 321-9694 rick.juliani@sanipueblo.org

Bernice Martinez Education Manager Cell: (505) 660-0149 bmartinez@sanipueblo.org

Aaliyah Gonzales Librarian / Tutor agonzales@sanipueblo.org

NM OVERDRIVE

All members
wanting to use
Overdrive will
need to sign up for
a library card!

Please call
Aaliyah to sign
up for a Library
card OR visit our
catalog to sign
up yourself!



Department of Education

After School Program

We're still accepting students from Kindergarten to 12th Grade! Please contact us at the Library for more information. COVID-19 Guidelines are being followed.

LIBRARY CARDS

We are happy to announce that we are finally offering Library Cards! If you are in need of a Library Card please visit our website or Call Aaliyah at the Library!



Scholarships!

REMINDER! The Tribal and BIA Scholarships are due December 20th, 2021

Please contact Bernice at the Library or visit our website under the tab "PUBLIC NOTICES"



NEW HOURS!!

The Library is now open from 8am-5:30pm, Monday-Thursday.

However, we will be closed to the public from 2:30pm-5:15pm, Monday-Thursday during After-School Program hours.

> UPDATED LIBRARY HOURS

NOW HIRING!

The Library is hiring for two
After School Aides!
Please contact the Library or
Human Resources office for
more information!



Happy Holidays!

Happy Holidays to all of San Ildefonso Pueblo!

May you all stay safe and healthy!



Pueblo de San Ildefonso **EDUCATION DEPARTMENT**

Phone: (505) 455-2635 Fax: (505) 455-2641 education.sanip@gmail.com



Rick Juliani, Education Director Cell: (505) 321-9694 Bernice Martinez, Education Manager Cell: (505) 660-0149 Aaliyah Gonzales, Librarian

SCHOLARSHIP OPPORTUNITIES

LANL Foundation Scholarships (Four-Year Undergraduate <u>or</u> Career Pathways)

- Enrolled full time at any local or out-of-state college or university
- Enrolled in or planning to enroll in a two-year degree program or certificate program.
- Permanent resident of northern NM
- Received a high school diploma or GED
- Four-Year Undergraduate Scholarship: \$1,000 per year up to \$20,000 for 4 years
- Career Pathways Scholarship: \$750 per semester

The Career Pathways Scholarship is an award of up to \$3000 for students pursuing an associate's degree, trade, or certificate program. Many recipients are non-traditional students who are returning to or entering higher education for the first time. Some are adults who are returning to school to make a career change, and others just need financial support to complete a semester or two before earning their associate's degree. There is no minimum GPA requirement, and full-time enrollment is not required. Since 2011, this scholarship has been offered twice per year (in the fall and spring.) Beginning this year, the Career Pathways Scholarship will only be open in the spring, with funding available for the following fall. The scholarship will open January 3 and close April 18. This scholarship can be applied to any accredited institution, so your San Ildefonso students attending SIPI are eligible.

For more information about the LANL Foundation scholarship program, please visit www.lanlfoundation.org/scholarships.

4-Year Undergraduate Scholarship opened on Oct. 1 and will close on January 18th. Scholarships awarded in this cycle range from \$1000 to \$20,000 and only require one application to be considered for 25+ unique scholarships, including several designated for Native American students. These scholarships are for students pursuing a Bachelor's degree. Students must have a 3.25 cumulative GPA and intend to enroll full time at an accredited higher education institution in order to qualify. A notable change for this year is that funds awarded to current undergraduate students will prioritize non-traditional students, first-generation college students, and students with financial need.

The online application can be accessed here: https://www.lanlfoundation.org/our-work/scholarships/4-year-undergraduate-scholarships/application-instructions

PLEASE CONTACT THE TRIBAL EDUCATION DEPARTMENT FOR MORE INFORMATION ON AVAILABLE SCHOLARSHIPS

Pueblo de San Ildefonso **EDUCATION DEPARTMENT**

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SCHOLARSHIPS for MILITARY VETERANS

Wartime Veterans' Scholarship

A state scholarship for resident undergraduate and graduate students that provides tuition, fees, and book allowances to Military War Veterans.

Who is eligible?

- Enrolled or planning to enroll as undergraduate or graduate student
- Resident of New Mexico
- Military war veteran (must show certificate of release or discharge from active duty)

Where to apply?

- Apply at the institution applicant will be attending
- Submit copy of scholarship application to the NM Dept. of Veterans' Services (NMDVS)

Vietnam Veterans' Scholarship

A state scholarship for resident undergraduate and graduate students that provides tuition, fees, and book allowances to Vietnam Veterans.

Who is eligible?

- Enrolled or planning to enroll as undergraduate or graduate student
- Resident of New Mexico at time of entry into the military, or has lived in New Mexico for at least 10 years
- Vietnam Veteran war veteran, honorably discharged

Where to apply?

• Apply at the institution applicant will be attending

FOR MORE INFORMATION ON THESE 2 SCHOLARSHIPS, go to the link below: https://hed.state.nm.us/financial-aid/scholarships/vietnam-veterans

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POSITION: CURRICULUM DEVELOPMENT SPECIALIST

The Pueblo's Education Department is looking for a part-time curriculum development specialist to:

- Assist collaborative efforts between the Pueblo's Education Department and Department of Environment and Cultural Preservation to develop environmental education curriculum; and
- Develop curriculum materials, including defining course objectives, designing content delivery and assessment methods, and determining ways to integrate technology into instruction for the summer enrichment program's community-based environmental education curriculum.

This position may also provide training materials or workshops to educators to implement the curriculum in June, 2022. Applicants who have experience in teaching and/or curriculum development are strongly preferred.

Pay is on contract basis. Work would begin in December, 2021 and continue through June, 2022

If you are interested in using your energy and knowledge to plan summer education programming for the Pueblo's school-age children, contact Rick Juliani, Education Director, or Bernice Martinez, Education Manager, at the Pueblo Learning Center at 455-2635.

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Tribal Scholarship Committee

The Pueblo's Education Department is looking for community members to serve on the newly created Tribal Scholarship Committee. Each year the Education Department distributes thousands of dollars in scholarship awards to fund local students' expenses related to pursuing post-secondary studies, whether at a university, community college, vocational, technical, or trade school.

If you are interested in assisting local Pueblo students with pursuing their educational goals, review the information below and contact Rick Juliani, Education Director, or Bernice Martinez, Education Manager, at the Pueblo Learning Center at 455-2635.

Committee Member Qualifications & Commitments

- -Willingness to spend time evaluating and reviewing scholarship application materials, and to make recommendations on recipients to Education Director for final approval
- -Ability to implement a numerical rating system and submit written notes to document processes and decisions
- -Available for occasional (in-person or virtual) daytime meetings during December, 2021 and June, 2022
- -Ability to work with other reviewers in a team environment and understand the need for fairness, objectivity and nondiscrimination within the scholarship selection process



Pueblo de San Ildefonso Museum and Cultural Center (MCC)

MCC Planning Meeting

Virtual Meeting

Saturday December 11 9:00 a.m. - 1:00 p.m.



Link to Zoom

ID: 643 555 0267

Password: MCC2020

** Please RSVP by December 8**

via **Email** or Text

This meeting will be held in compliance with the current EO and CDC guidelines.

conducted by
Barbara Felix Architecture + Design
and the
San Ildefonso Planning Group



Questions, comments, or more thoughts?

Call us at 505-820-1555

Text to 330-201-1134

or email sanimcc@bjfelix.com